

# MIS SERVICE DEFINITIONS

Department of Aging and Disability Services  
State Unit on Aging

2021

# Table of Contents

## Introduction

Titles III B, C1, C2 and D Services	1
-------------------------------------	---

Caregiver Services	33
--------------------	----

Legal Services	76
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Sub-Service Definitions	
<i>Titles IIIB, IIIC and IIID</i>	93
<i>Title IIIB Legal</i>	96

Services by Program	
<i>Aging and Disability Resource Center (ADRC)</i>	107
<i>Congregate Housing Services Program (CHSP)</i>	108
<i>Connecticut Statewide Respite Care Program (CSRCP)</i>	109
<i>Health Promotion</i>	110
<i>Legal Services</i>	111
<i>National Family Caregiver Support Program (NFCSP)</i>	113
<i>Nutrition Program</i>	117

## Introduction

This document provides service definitions for Older Americans Act services funded with Titles III B, C-1, C-2, D and E as well as services delivered by the Connecticut Statewide Respite Care Program (CSRCP). Services illustrated in this document are divided into three sections, one that provides services funded by Titles III B, C-1, C-2 and D, one that provides caregiver services associated with the National Family Caregiver Support Program (NFCSP) as well as the Connecticut Statewide Respite Care Program, and one that outlines Title IIIB legal services. There are also sections that define sub-services and provide services by program. Service units are not considered delivered by the State Unit on Aging (SUA) unless they are recorded in Aging and Disability. To ensure accurate reporting, service deliveries and consumer information must be recorded in Aging and Disability within 45 days of the end of the report month.

Data elements that are necessary to record service deliveries successfully in Aging and Disability are outlined in this document and explained below.

**Care Program:** The care program that must be applied when delivering a particular service is provided in the column *Care Program* below the service definition.

**Fund Identifier:** The possible fund identifiers that may be recorded when delivering a particular service are provided in the column *Fund Identifier* below the service definition. There are two types of fund identifiers that may be used for certain services that are not identified in this document. They are fund identifiers associated with services that are tracked in Aging and Disability but are not paid for by the Area Agency on Aging and fund identifiers (contract fulfilled) associated with service units that are delivered beyond the terms of the contract/agreement the AAA has with service providers.

**Service:** Service names are listed in alphabetical order under each service section of the document. The service definition is provided below each name. Both traditional and self-directed caregiver services are defined in this document. Service definitions specify whether the delivery is made to the caregiver or the care recipient. All NFCSP services have the prefix NFCSP.

**Service Unit:** The service unit that is associated with a particular service is provided in parentheses next to the service name. This is the unit that must be used to calculate the monthly units received by a consumer.

**Sub-services:** Sub-services are listed in italic print below the service name. Definitions for all sub-services except those associated with NFCSP supplemental services are provided in this document in the section Sub-Service Definitions. Sub-services are listed in alphabetical order; the services for which they are associated are provided in parentheses. Sub-services associated with Title IIIB legal services are outlined separately.

Subservices (items) that may be recorded under NFCSP supplemental services are provided in the document *Guidelines for Delivering Supplemental Services and Sub-Services*. This document is updated as new items are added.

**Reciprocal Service:** Caregiver services that should be recorded as *reciprocal services* are indicated by *Reciprocal Service* next to the service unit. A reciprocal service is a service that is applied to the caregiver as a result of services delivered to the care recipient. All reciprocal services originate in the care recipient's service delivery record.

**Registration:** The column Registration below the service definition indicates whether the service requires a consumer registration or whether an aggregate service delivery is allowed. All aggregate deliveries must be approved by the SUA prior to service delivery. This approval is made on a case-by-case basis.

If a service requires a consumer registration, *individual* is specified in the column *registration*. Service deliveries for individual consumer registrations are made in the consumer record or in a roster.

The SUA has approved aggregate reporting for certain services. In these cases, the SUA issued an aggregate consumer name to which aggregate service data is applied. These names can only be used for the services designated by the SUA. These services have *approved aggregate consumer* illustrated in the "registration" column. Aggregate consumer names can only be issued by the SUA; no other formats intended to record aggregate data in Aging and Disability is permitted.

The SUA may approve aggregate reporting for some services without issuing an aggregate consumer name. These approvals are made on an individual basis. If the SUA has approved aggregate reporting and an aggregate consumer is not issued, aggregate totals are submitted to the SUA at the end of the year. In some cases, quarterly aggregate reporting may be requested. The SUA enters these service units at the end of the year in an Aging and Disability consumer group. These services are identified by *approved aggregate reporting* in the "registration" column.

## Service Definitions Titles III B, C1, C2 and D

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### **Application Assistance (One Contact)**

Application Assistance is the completion and filing of applications on behalf of consumers to address housing or other supports needed to divert individuals from unnecessary nursing home placement or to increase or maintain stability.

Care Program  
Napis Title III

Fund Identifier  
Title III-B Waiver

Registration  
Individual

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### **Assisted Transportation (One Way Trip)**

Assisted Transportation provides assistance, including escort, to persons who have physical or cognitive difficulties that interfere with using regular vehicular transportation. ACL has specified that Assisted Transportation must involve a personal escort for the consumer, not just a helpful driver.

Care Program  
Napis Title III

Fund Identifier  
Title III-B

Registration  
Individual

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### **Benefits Counseling (One Hour)**

This service helps elders in determining their eligibility for public assistance, assists in processing or completing forms and teaches about local, state, and federal tax benefits or credits.

Care Program  
Napis Title III  
Napis Title III  
Napis Title III

Fund Identifier  
CARES Act-B  
Title III-B  
Title III-B Waiver

Registration  
Individual  
Individual  
Individual

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### **Benefits Education (One Session)**

Benefits education are educational programs designed to increase participants' awareness of available government and non-government programs that assist them in meeting their needs and solving their problems. These programs provide detailed service information, including eligibility requirements and places where services are delivered. To report this service aggregately, it must be approved by the SUA. Approval for aggregate reporting is given on a case-by-case basis.

Care Program  
Napis Title III  
Napis Title III

Fund Identifier  
Title III-B  
Title III-B

Registration  
Individual  
Approved Aggregate Reporting

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### **Caregiver Counseling (One Hour)**

A service designed to support caregivers age 60 or older and assist them in their decision-making and problem solving. Counselors have the capacity to work with older adults, families, and caregivers and to understand and address the complex physical, behavioral, and emotional problems related to caregiving. This includes counseling to individuals or in group sessions. Counselors must be degreed and/or credentialed professionals licensed by the State of Connecticut and include: Psychiatrists, Psychologists, Psychiatric Nurse Practitioners, Therapists, Professional Counselors and Clinical Social Workers.

**Service Definitions**  
**Titles III B, C1, C2 and D**

**Caregiver Counseling** (Continued) (One Hour)

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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**Caregiver Support Groups Month** (One Session)

Support groups are led by a trained individual, moderator, or professional, as designated by the SUA, who facilitates caregiver groups in discussing their common experiences and concerns and developing a mutual support system. These support groups can help participants age 60 and older cope with issues that include isolation, role reversal, depression, change in social supports, relationship changes, how to advocate for the care recipient, etc. Support groups are typically held on a regularly scheduled basis and may be conducted in person, over the telephone, or online. Caregiver Support Groups do not include “caregiver education groups,” “peer-to-peer support groups,” or other groups primarily aimed at teaching skills or meeting on an informal basis without a facilitator who possesses training and/or credentials as required by the SUA. Facilitators may include psychologists, licensed counselors, persons with a bachelor’s or master’s degree in social work. Facilitators can also include individuals who are certified through a SUA-approved, evidence-based practice program such as *Powerful Tools for Caregivers*, *Savvy Caregivers*, *REACH Community (Resources for Enhancing Alzheimer’s Caregivers Health in the Community)*, and *Stress-Busting Program for Family Caregivers*. This service is reported aggregately in the consumer group (Agency Name) Caregiver Support Group. This service records the number of caregiver support group sessions conducted by the provider and the number of consumers that attended such sessions for the report month.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Aggregate</i>

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**Caregiver Support Groups YTD** (One Session)

Support groups are led by a trained individual, moderator, or professional, as designated by the SUA, who facilitates caregiver groups in discussing their common experiences and concerns and developing a mutual support system. These support groups can help participants age 60 or older cope with issues that include isolation, role reversal, depression, change in social supports, relationship changes, how to advocate for the care recipient, etc. Support groups are typically held on a regularly scheduled basis and may be conducted in person, over the telephone, or online. Caregiver Support Groups do not include “caregiver education groups,” “peer-to-peer support groups,” or other groups primarily aimed at teaching skills or meeting on an informal basis without a facilitator who possesses training and/or credentials as required by the SUA. Facilitators may include psychologists, licensed counselors, persons with a bachelor’s or master’s degree in social work. Facilitators can also include individuals who are certified through a SUA-approved, evidence-based practice program such as *Powerful Tools for Caregivers*, *Savvy Caregivers*, *REACH Community (Resources for Enhancing Alzheimer’s Caregivers Health in the Community)*, and *Stress-Busting Program for Family Caregivers*. This service is reported aggregately in the consumer group (Agency Name) Caregiver Support Group. This service records the number of year-to-date caregiver support group sessions conducted by the provider and the year-to-date number of unduplicated consumers that attended such sessions as of the report month.

**Service Definitions  
Titles III B, C1, C2 and D**

**Caregiver Support Groups YTD** (Continued) (One Session)

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Aggregate</i>

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**Caregiver Training** (One Hour)

Caregiver Training provides individuals age 60 or older with information to improve knowledge and enhance specific skills related to caring for older individuals. Training sessions may include skills related to home emergency planning and preparedness, medication and financial management, health and nutrition, including disease specific needs, communication with health care providers and other family members, and assistance with activities of daily living, such as bathing and dressing. Training may include the use of evidence-based programs; be conducted in person or on-line; and be provided in individual or group settings.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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**Care Transition Actions** (One Hour)

Care Transitions is a person-centered hospital discharge planning model and includes intervention aimed at reducing unnecessary hospital readmissions. Care Transitions is a process in which the associated actions may require multiple contacts with a consumer. More than one action may be addressed within a single consumer contact, but it is likely that more than one contact will be necessary to complete all the actions that achieve a care transition. A unit of care transition is recorded when any of the following actions are taken: 1) case finding/referral, 2) initial intake screen and demographic data entry, 3) initial hospital visit, 4) subsequent hospital visit(s), 5) initial home/community visit (within 24 - 48 hours), 6) home/community follow-up telephone contacts (on day 7 and day 14, and 7) quality management. Partial hours such as .25, .50, .75 may be recorded.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B Waiver</i>	<i>Individual</i>

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**Case Consultation** (One Contact)

Case consultation is collaborating and providing information, guidance, and assistance to another professional or provider who is seeking to assist a consumer or caregiver with long-term-care services and supports or benefits issues. Case consultation may be a general consultation on service delivery in Connecticut or nationally.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B Waiver</i>	<i>Individual</i>

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**Case Management** (One Hour)

Case Management is a service provided to an older adult, at the direction of the older adult or family member, by an individual who is trained or experienced in case management skills to assess needs and arrange, coordinate, and monitor a package of services that meets the individual's needs. This service includes activities and coordination such as: 1) a comprehensive assessment of the individual, including physical, psychological and social needs, 2) develop,

## **Service Definitions Titles III B, C1, C2 and D**

### **Case Management** (Continued) (One Hour)

implement monitor and adjust a service plan in conjunction with the individual that uses formal services, including those from other plans, as well as informal services to meet the needs of the individual identified in the assessment, 3) coordinate and monitor service deliveries, 4) advocate on behalf of the individual for needed services or resources and, 6) conduct periodic reassessment, as required.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	Title III-B Waiver	Individual
Napis Title III	CARES Act-B	Individual
Napis Title III	Title III-B	Individual

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### **Chore** (One Hour)

Chore provides assistance to persons experiencing difficulties with activities such as heavy housework, yard work, sidewalk maintenance and minor home repairs.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	Title III-B Waiver	Individual
Napis Title III	CARES Act-B	Individual
Napis Title III	Title III-B	Individual

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### **Chronic Disease Self-Management Education Programs** (One Person Session)

#### ***Evidence-Based Chronic Disease Mgmt***

#### ***Non-Evidence-Based Chronic Disease Mgmt***

This service provides for the Chronic Disease Self-Management Education Programs (CDSME), the Chronic Pain Self-Management Program, Tomando Control de su Salud and the Diabetes Self-Management Program (DSMP) which are designed to help people with chronic diseases gain self-confidence in their ability to control their symptoms, take on health challenges and maintain control of their lives. Other self-management programs may be eligible upon approval by the SUA. To fund these programs under Title IID they must be evidence-based programs and approved by the SUA.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Health Promotion NAPIS	Title III-B	Individual
Health Promotion NAPIS	Title III-D	Individual

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### **Cognitive Fitness** (One Hour)

This service provides cognitive training sessions to individuals with Alzheimer's disease or related dementias in the form of cognitive workout "circuits" on the computer or in group training sessions that address clients' cognitively weak areas as previously identified by a cognitive fitness trainer.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Individual

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### **Companion** (One Hour)

#### ***Travel***

Companion provides company to participants in a protective and supervisory capacity. It may

## **Service Definitions Titles III B, C1, C2 and D**

### **Companion** (Continued) (One Hour)

include escort to medical appointments, transportation incidental to such appointments and minor meal preparation and light housekeeping. However, the primary emphasis is on the provision of supervision and companionship. The sub-service travel is applied when a companion transports a consumer to and from appointments or accompanies the consumer to medical visits.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Completed Care Transition** (One Transition)

A unit of Completed Care Transition is recorded to the consumer when every associated action in the care transition process has been completed **and** the consumer has successfully transitioned from hospital care to the community. These actions are case finding/referral, initial intake screen and demographic data entry, initial hospital visit, subsequent hospital visit(s), initial home/community visit (within 24 - 48 hours), home/community follow-up phone contact (on day 7 and day 14) and quality management. Each of these actions must be completed for a unit of completed care transition to be recorded.

Short-Term Support is the recorded service when a consumer has successfully transitioned to the community, but requires guidance, support, or case management due to a disruption of services or an immediate need.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B Waiver</i>	<i>Individual</i>

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### **Congregate Meals** (One Meal)

*Breakfast Meal*

*Congregate Shelf Stable*

*Evening Meal*

*Restaurant*

*Weekend Meal*

Congregate meals are provided by a qualified nutrition provider to eligible participants or other eligible recipients in a senior community café, senior center, or some other congregate group setting. Each meal is served in a program that is administered by the SUA or AAA and meets all the requirements of the Older Americans Act (OAA). The meal must comply with the current Dietary Guidelines for Americans, which are published by the Secretaries of the U.S. Department of Health and Services and the U.S. Department of Agriculture and provides a minimum of one-third of the Dietary Reference Intakes. These guidelines are outlined in the current version of the Older Americans Act. The meal meets state and local food safety and sanitation requirements. Meals provided to individuals through means-tested programs may be included. (Source: OAA).

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-C1</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-C1</i>	<i>Individual</i>

## **Service Definitions Titles III B, C1, C2 and D**

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### **Congregate Meals Eligible No ID (One Meal)**

These meals are provided to participants for whom the café does not have identifying information. This category includes meals served to eligible participants who come to the café for a special event but are not expected to eat at the café again. Volunteers under 60 years of age could be included if it is allowed by Area Agency on Aging policy.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-C1</i>	<i>Approved Aggregate Consumer</i>

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### **Congregate Meals Non-Participant (One Meal)**

Congregate meals served to persons under the age of 60 who are not spouses of participants who are 60 years of age or older or otherwise eligible for the program, and meals served to staff and guests.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Not Funded</i>	<i>Approved Aggregate Consumer</i>

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### **Congregate Nutrition Education (One Person Session)**

*In-Person Congregate*

*Telephone Congregate*

*Virtual Congregate*

Congregate Nutrition Education is an intervention targeting eligible adults and caregivers that uses information dissemination, instruction or training with the intent to support food, nutrition and physical activity choices and behaviors (as they relate to nutritional status) to maintain or improve health and address nutrition-related conditions. Educational content provided is consistent with the Dietary Guidelines for Americans and is culturally sensitive, regionally appropriate and considers personal preferences. Educational information and instruction encouraging sound dietary practices are provided to participants and delivered in-person, virtually or telephonically by nutrition staff. Congregate nutrition education is overseen by a registered dietitian or individual of comparable expertise including but not limited to a nutritionist, physician, diabetic educator, or nurse. Individuals with other types of training must be approved by the SUA to provide congregate nutrition education.

Nutrition education can be delivered to individuals that do not receive congregate meals through the Title III nutrition program. Participants or caregivers who receive congregate nutrition education, regardless if the presentation is delivered in person or virtually by nutrition staff, must complete a Consumer Registration Form or have a current consumer registration form on file in Aging and Disability. If the presentation is delivered in-person or through a remote platform (webinar, zoom, etc.), where a group of individuals are physically present onsite to watch the presentation, it is recorded to the In-Person Congregate sub-service. If the presentation is delivered virtually and the participant attends alone and remotely, it is recorded to the sub-service Virtual Congregate. If the presentation is delivered by a one-on-one telephone call, conference call or facetime call, it is recorded to the sub-service Telephone Congregate.

## **Service Definitions Titles III B, C1, C2 and D**

### **Congregate Nutrition Education** (Continued) (One Person Session)

Distribution of hardcopy materials in conjunction with the nutrition presentation is encouraged but is not recorded as an additional unit of congregate nutrition education.

Care Program  
*Napis Title III*

Fund Identifier  
*Title III-C1*

Registration  
*Individual*

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### **Continuing Education** (One Person Session)

Continuing education provides older adults with an opportunity to acquire and/or improve their knowledge and skills through a formal or informal mechanism of meetings, training sessions, seminars and workshops.

Care Program  
*Napis Title III*  
*Napis Title III*

Fund Identifier  
*CARES Act-B*  
*Title III-B*

Registration  
*Individual*  
*Individual*

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### **COVID NFCSP Bundled Food Purchase** (One Delivery)

This service is the purchase and delivery of bundled food items and basic necessities to individuals who are at risk of food insecurity due to the Coronavirus. Although a small number of basic necessities may be included in these packages, their intent is to provide food. A majority of items in the package must be food. These packages can be purchased from general food suppliers, food suppliers of other programs such as Head Start and from grocery stores that prepare pre-assembled and customized boxes of such items. No separate fees are charged to shop for food in these packages or to deliver them. This service is used to address the needs of individuals who live in areas that are not served by the Elderly Nutrition Program, where the Elderly Nutrition Program is working at full capacity, and where other programs must be supplemented because individuals are in need due to limited access of food and basic necessities as a result of the Coronavirus. This service must be recorded to the *(Agency Name) Supportive Services COVID* site in Aging and Disability.

Care Program  
*CHSP*  
*CHSP*  
*Napis Title III*  
*Napis Title III*

Fund Identifier  
*CARES Act-B*  
*Title III-B Waiver*  
*CARES Act-B*  
*Title III-B*

Registration  
*Individual*  
*Individual*  
*Individual*  
*Individual*

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### **COVID Cong Participant Frozen Delivered Meal** (One Meal)

#### ***Cong DRI Frozen Delivered***

#### ***Cong Non-DRI Frozen Delivered***

Frozen meals that are delivered to congregate meal participants' homes when community cafes are closed due to the Coronavirus. All meals must meet local food safety and sanitation requirements. The provision of these meals does not require that they be eaten in a communal setting. Because this requirement is waived, Title III-C1 funds cannot be used to deliver these meals. Since these meals are delivered and consumed at the congregate participants' homes, they are provided with Title III-C2 or Title III-B funds. Frozen meals that meet the Dietary Guidelines for Americans are provided with Title III-C2 funds and are recorded to the subservice Cong DRI Frozen Delivered. Frozen meals that do not meet these guidelines must be provided with Title III-B funds and recorded to the subservice Cong Non-DRI Frozen Delivered. These frozen meals

**Service Definitions**  
**Titles III B, C1, C2 and D**

**COVID Cong Participant Frozen Delivered Meal** (Continued) (One Meal)

are delivered as the sole result of the Coronavirus. Meals are recorded in Aging and Disability service deliveries for the month in which meals are delivered to congregate participants' homes. Meals that are purchased in response to the Coronavirus but are not delivered to congregate participants are not recorded in Aging and Disability at this time.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	CARES Act-B	Individual
CHSP	CARES Act-C2	Individual
CHSP	Title III-B	Individual
CHSP	Title III-C2	Individual
NAPIS Title III	CARES Act-B	Individual
NAPIS Title III	CARES Act-C2	Individual
NAPIS Title III	Title III-B	Individual
NAPIS Title III	Title III-C2	Individual

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**COVID Cong Participant Frozen Pick-Up Meal** (One Meal)

***Cong DRI Frozen Pick-Up***

***Cong Non-DRI Frozen Pick-Up***

Frozen meals that congregate meal participants pick up at designated locations and take home to eat because regular ready-to-eat congregate meals cannot be provided as a result of community café closures due to the Coronavirus. All meals must meet local food safety and sanitation requirements. The provision of these meals does not require that they be eaten in a communal setting. Because this requirement is waived, Title III-C1 funds cannot be used to deliver these meals. Since these meals are picked up and consumed at the congregate participants' homes, they are provided with Title III-C2 or Title III-B funds. Frozen meals that meet the Dietary Guidelines for Americans are provided with Title III-C2 funds and are recorded to the subservice Cong DRI Frozen Pick Up. Frozen meals that do not meet these guidelines must be provided with Title III-B funds and recorded to the subservice Cong Non-DRI Frozen Pick-Up. These frozen meals are delivered as the sole result of the Coronavirus. Meals are recorded in Aging and Disability service deliveries for the month in which meals are picked up by congregate participants. Meals that are purchased but not picked up by congregate participants are not recorded in Aging and Disability at this time.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	CARES Act-B	Individual
CHSP	CARES Act-C2	Individual
CHSP	Title III-B	Individual
CHSP	Title III-C2	Individual
NAPIS Title III	CARES Act-B	Individual
NAPIS Title III	CARES Act-C2	Individual
NAPIS Title III	Title III-B	Individual
NAPIS Title III	Title III-C2	Individual

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**COVID Cong Participant Ready-To-Eat Delivered Meal** (One Meal)

***Cong DRI Ready Delivered***

***Cong Non-DRI Ready Delivered***

**Service Definitions**  
**Titles III B, C1, C2 and D**

**COVID Cong Participant Ready-To-Eat Delivered Meal** (Continued) (One Meal)

Meals that do not need preparation to be consumed and are delivered to congregate meal participants' homes when regular congregate meals cannot be provided because of café closures due to the Coronavirus. These meals include hot, chilled and brown-bag meals; they do not include frozen or shelf- stable meals which need to be prepared before consumed. The provision of these meals does not require that they be eaten in a communal setting. Because this requirement is waived, Title III-C1 funds cannot be used to deliver these meals. Ready-to-eat meals that meet the Dietary Guidelines for Americans are provided with Title III-C2 funds and recorded to the subservice Cong DRI Ready Delivered. Ready-to-eat meals that do not meet the Dietary Guidelines for Americans are provided with Title III-B funds and recorded to the subservice Cong Non-DRI Ready Delivered. Meals are delivered as the sole result of the Coronavirus. Meals are not picked up by participants; ready-to-eat meals that participants pick up are recorded as a 'COVID Cong Participant Ready-to-Eat Pick-Up Meal.' Meals are recorded in Aging and Disability service deliveries for the month in which meals are delivered to congregate participants' homes. Meals that are purchased in response to the Coronavirus but are not delivered to congregate participants are not recorded in Aging and Disability at this time.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	CARES Act-B	Individual
CHSP	CARES Act-C2	Individual
CHSP	Title III-B	Individual
CHSP	Title III-C2	Individual
NAPIS Title III	CARES Act-B	Individual
NAPIS Title III	CARES Act-C2	Individual
NAPIS Title III	Title III-B	Individual
NAPIS Title III	Title III-C2	Individual

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**COVID Cong Participant Ready-To-Eat Pick-Up Meal** (One Meal)

***Cong DRI Ready Pick Up***

***Cong Non-DRI Ready Pick Up***

Meals that are picked up at designated locations by congregate meal participants when regular congregate meals cannot be provided because of café closures due to the Coronavirus. These meals include hot, chilled and brown bag meals that do not need preparation; they do not include frozen or shelf stable meals which need to be prepared before consumed. Meals must meet the Dietary Guidelines for Americans. These meals are provided with Title III-C2 funds. Ready-to-eat meals that meet the Dietary Guidelines for Americans are provided with Title III-C2 funds and recorded to the subservice Cong DRI Ready Pick Up. Ready-to-eat meals that do not meet these guidelines are provided with Title III-B funds and recorded to the subservice Cong Non-DRI Ready Pick Up. Meals are delivered as the sole result of the Coronavirus. Meals are recorded in Aging and Disability service deliveries for the month in which they are picked up by congregate participants. Meals that are purchased in response to the Coronavirus but not received by congregate participants are not recorded in Aging and Disability at this time.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	CARES Act-B	Individual
CHSP	CARES Act-C2	Individual
CHSP	Title III-B	Individual
CHSP	Title III-C2	Individual

## Service Definitions Titles III B, C1, C2 and D

### **COVID Cong Participant Ready-To-Eat Pick Up Meal** (Continued) (One Meal)

<i>NAPIS Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>CARES Act-C2</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>Title III-B</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>Title III-C2</i>	<i>Individual</i>

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### **COVID Cong Participant Shelf-Stable Delivered Meal (One Meal)**

#### *Cong DRI Shelf-Stable Delivered*

#### *Cong Non-DRI Shelf-Stable Delivered*

Meals that are delivered to congregate meal participants' homes that can be stored safely at room temperature and eaten when regular congregate meals cannot be provided because of community café closures due to the Coronavirus. All meals must meet local food safety and sanitation requirements. The provision of these meals does not require that they be eaten in a communal setting. Because this requirement is waived, Title III-C1 funds cannot be used to deliver these meals. Shelf-Stable meals that comply with the Dietary Guidelines for Americans are provided with Title III-C2 funds and recorded to the subservice Cong DRI Shelf-Stable Delivered. Shelf-Stable meals that do not meet the requirements of the Dietary Guidelines for Americans must be delivered with Title III-B funds and recorded to the subservice Cong Non-DRI Shelf Stable Delivered. These shelf-stable meals are delivered as the result of the Coronavirus and not inclement weather. They are not picked up by participants; shelf-stable meals that participants pick up are recorded as a 'COVID Cong Participant Shelf-Stable Pick-Up Meal.' Meals are recorded in Aging and Disability service deliveries for the month in which meals are delivered to congregate participants' homes. Meals that are purchased in response to the Coronavirus but are not delivered to congregate participants are not recorded in Aging and Disability at this time.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>CHSP</i>	<i>CARES Act-C2</i>	<i>Individual</i>
<i>CHSP</i>	<i>Title III-B</i>	<i>Individual</i>
<i>CHSP</i>	<i>Title III-C2</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>CARES Act-C2</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>Title III-B</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>Title III-C2</i>	<i>Individual</i>

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### **COVID Cong Participant Shelf-Stable Pick-Up Meal (One Meal)**

#### *Cong DRI Shelf-Stable Pick-Up*

#### *Cong Non-DRI Shelf-Stable Pick Up*

Meals that are picked up at designated locations by congregate meal participants which can be stored safely at room temperature and eaten at home when regular ready-to-eat congregate meals cannot be provided as a result of café closures due to the Coronavirus. All meals must meet local food safety and sanitation requirements. Shelf-Stable meals that comply with the Dietary Guidelines for Americans are provided with Title III-C2 funds and recorded to the subservice Cong DRI Shelf-Stable Pick-Up. Shelf-Stable meals that do not meet these dietary requirements must be delivered with Title III-B funds and recorded to the subservice Cong Non-DRI Shelf Stable Pick-Up. Meals are recorded in Aging and Disability service deliveries for the month in

## **Service Definitions Titles III B, C1, C2 and D**

### **COVID Cong Participant Shelf-Stable Pick-Up Meal** (Continued) (One Meal)

which meals are picked up by congregate participants. Meals that are purchased in response to the Coronavirus but not received by congregate participants are not recorded in Aging and Disability at this time.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	CARES Act-B	Individual
CHSP	CARES Act-C2	Individual
CHSP	Title III-B	Individual
CHSP	Title III-C2	Individual
NAPIS Title III	CARES Act-B	Individual
NAPIS Title III	CARES Act-C2	Individual
NAPIS Title III	Title III-B	Individual
NAPIS Title III	Title III-C2	Individual

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### **COVID Day Care (One Hour)**

An approved version of adult day services that respects social distancing and is provided as a result of the Coronavirus. Adult day center staff conduct virtual assessments, also referred to as daily-care connections, for their consumers that receive adult day services from Title III B of the Older Americans Act. These virtual assessments must include, at a minimum, the template for daily-care connections developed and provided by the Connecticut Association of Adult Day Services (CAADS). Virtual assessments are performed on days that consumers would have attended the adult day center. If a virtual assessment determines that a consumer requires additional services, the Area Agency on Aging should be notified immediately of their needs. In addition, at least two meals per day must be delivered to consumers on days they would have attended the adult day center. Adult day centers must pay for preparing and delivering these meals, as well as ensuring that the meals meet the Dietary Guidelines for Americans along with local food safety and sanitation requirements. Consumers should not receive meals from any other source, including the Older Americans Act Nutrition Program, on days that the day center provides meals. They should not receive services, such as companion and homemaker, on these days if such services include meal preparation and are funded by Title III of the Older Americans Act, the National Family Caregiver Support Program, the Connecticut Statewide Respite Care Program or Congregate Housing Services Program. This service is recorded to the Aging and Disability site (Agency Name) *Supportive Services COVID*.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	CARES Act-B	Individual
CHSP	Title III-B Waiver	Individual
Napis Title III	CARES Act-B	Individual
Napis Title III	Title III-B	Individual

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### **COVID Grocery Delivery (One Delivery)**

The delivery of food and basic necessities to individuals who cannot transport themselves or obtain transportation to stores as a result of the Coronavirus. This service is to be used solely for grocery delivery fees. It does not include personal shopping or transporting individuals to the store. If personal shopping is performed, COVID Shopping Services must be recorded. COVID

**Service Definitions**  
**Titles III B, C1, C2 and D**

**COVID Grocery Delivery** (Continued) (One Delivery)

Grocery Delivery is recorded to the Aging and Disability site (*Agency Name*) *Supportive Services COVID*.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	CARES Act-B	Individual
CHSP	Title III-B Waiver	Individual
Napis Title III	CARES Act-B	Individual
Napis Title III	Title III-B	Individual

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**COVID HD (Home-Delivered) Participant Frozen Meal** (One Meal)

***HD DRI Frozen***

***HD Non DRI Frozen***

Meals that are frozen and provided to current home-delivered meal participants in their place of residence in anticipation that regular meal delivery may be interrupted due to the coronavirus. Frozen meals can be heated and eaten when regular home-delivered meals cannot be delivered due to the pandemic. All meals must meet state and local food safety and sanitation requirements. Frozen meals that meet the requirements outlined in the Dietary Guidelines for Americans are provided with Title III-C2 funds and recorded to the subservice DRI Frozen. Meals that do not meet the Dietary Guidelines for Americans must be provided with Title III-B funds and recorded to the subservice HD Non DRI Frozen. All COVID Home-Delivered Participant Frozen Meals are delivered as a result of the Coronavirus. These meals are recorded in Aging and Disability service deliveries for the month in which they are actually delivered to participants. Meals that are purchased in response to the Coronavirus but are not delivered are not recorded in Aging and Disability at this time.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
NAPIS Title III	CARES Act-B	Individual
NAPIS Title III	CARES Act-C2	Individual
NAPIS Title III	Title III-B	Individual
NAPIS Title III	Title III-C2	Individual

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**COVID HD Participant Shelf-Stable Meal** (One Meal)

***HD DRI Shelf-Stable***

***HD Non-DRI Shelf Stable***

Meals that are provided to current home-delivered meals participants that can be stored safely at room temperature and eaten when regular home-delivered meals cannot be provided due to the Coronavirus. All meals must meet state and local food safety and sanitation requirements. Shelf-stable meals that meet the requirements outlined in the Dietary Guidelines for Americans are provided with Title III-C2 funds and recorded to the subservice HD DRI Shelf Stable subservice. Meals that do not meet the Dietary Guidelines for Americans must be provided with Title III-B funds and recorded to the subservice HD Non-DRI Shelf Stable. All COVID Home Delivered Participant Shelf-Stable Meals are delivered as a result of the Coronavirus and not inclement weather. These meals are recorded in Aging and Disability service deliveries for the month in which they are delivered to participants. Meals that are purchased in response to the Coronavirus but are not delivered are not recorded in Aging and Disability at this time.

**Service Definitions**  
**Titles III B, C1, C2 and D**

**COVID HD Participant Shelf-Stable Meal** (Continued) (One Meal)

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>NAPIS Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>CARES Act-C2</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>Title III-B</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>Title III-C2</i>	<i>Individual</i>

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**COVID Response Kit** (One Delivery)

A service which provides items to CHSP program participants in response to the Coronavirus which helps to prevent its spread; address boredom, disinterest and withdrawn behaviors that can occur when socially isolated; and promote physical health and safety. In order to receive the COVID response kit, individuals must be receiving services through CHSP at the time of its distribution. Response kits may be provided as purchased pre-package kits or an assembly of individual products. Kit contents include personal hygiene items such as deodorant, toothpaste, soap, tissue, toilet paper, incontinence supplies, shampoo and conditioner; activity items such as word puzzles and brain games, decks of cards, molding clay, colored pencils, note cards, stamps and resistance bands; and personal protective equipment such as face coverings, face masks, gloves or other COVID safety supplies such as hand sanitizer and disinfectants. Each kit must contain at least one item from each of the above categories, namely: personal hygiene, activity items and personal protective equipment or other COVID safety supplies. One delivery of the response kit is considered a unit of service regardless of the number of items in each kit.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>CARES Act HUD</i>	<i>Individual</i>

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**COVID Shopping Services** (One Hour)

Shopping service is provided to individuals who are unable to shop for themselves due to the Coronavirus. This service includes shopping for food and other basic necessities for vulnerable individuals in the interest of safety during the pandemic. With Area Agency on Aging approval, this service may be performed by an individual or agency that has an existing agreement with the AAA but cannot provide services for which it has a contract due to the Coronavirus. The AAA may also establish new agreements with individuals and agencies to provide shopping services due to the Coronavirus. Shopping services include delivery of items to consumers provided they do not order items themselves. If consumers shop and order items on-line or by telephone and need them delivered to their residence, COVID Grocery Delivery is recorded. COVID Shopping Service is recorded to the Aging and Disability site (*Agency Name*) *Supportive Services COVID*.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

## **Service Definitions Titles III B, C1, C2 and D**

### **Day Care (One Hour)**

#### *Medical*

#### *Social*

Day Care provides personal care for dependent adults in a supervised, protective, congregate setting during some portion of a twenty-four-hour day. Services offered in conjunction with adult day care frequently include social and recreational activities, training, counseling, and meals for adult day care participants while at the facility. Day Care programs may also provide services such as rehabilitation, medications assistance and personal care assistance.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	Title III-B Waiver	Individual
Napis Title III	CARES Act-B	Individual
Napis Title III	Title III-B	Individual

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### **Dental Services (One Visit)**

#### *Evidence-Based Dental Svcs*

#### *Non-Evidence-Based Dental Svcs*

Clinics and/or community oral health programs which offer services that provide dental screening, information and referral, and/or treatment. To apply Title IID funds to this service it must be an evidence-based program and approved by the SUA.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Health Promotion NAPIS	Title III-B	Individual
Health Promotion NAPIS	Title III-D	Individual

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### **Direct Volunteer Services (One Contact)**

This service records the total number of contacts between volunteers and elderly service participants in the community for a given period on a consolidated or group basis. It is used in those instances where the nature of the service provided by the volunteer is of such a diverse nature that it cannot be otherwise identified.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Individual

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### **Employment Assistance (One Contact)**

Employment assistance helps participants locate and qualify for gainful employment.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Individual

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### **Employment Counseling (One Hour)**

This counseling assists older adults in their adjustment to retirement through pre-retirement programs or a more crisis-oriented service for retirees. This service may also include advice about employment and enhancement of employability.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Individual

## **Service Definitions Titles III B, C1, C2 and D**

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### **Energy-Related Assistance (One Delivery)**

Assistance in which fuel and/or utilities are furnished to participants who are unable to purchase them at the market price. Special arrangements are made with fuel and utility suppliers to reimburse them for the delivery of fuel or the provision of utilities at negotiated prices, which are at or below the market price. Elderly participants or their families are expected to share costs at levels determined by their economic circumstances.

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-B

*Registration*  
Individual

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### **Fall Prevention – Clinical Assessments/Education (One Person Session)**

#### ***Evidence-Based Fall Prevention Assess/Educ***

#### ***Non-Evidence-Based Fall Prevention Assess/Educ***

Services designed to assess fall risk factors using a multi-factorial approach such as balance and gait impairments, postural hypotension, medication use, vision impairment and environmental hazards including unsafe footwear or assistive devices. Consumers may also be counseled on appropriate steps to take to reduce their risk for falls and/or are provided educational materials. Evidence-based programs can include, but are not limited to, Falls Talk, and the CT Collaboration Guide for Clinicians. To apply Title IIID funds to this service it must be approved by the State Unit on Aging as an evidence-based service.

*Care Program*

Health Promotion NAPIS  
Health Promotion NAPIS

*Fund Identifier*

Title III-B  
Title III-D

*Registration*

Individual  
Individual

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### **Fall Prevention – Physical Activity (One Person Session)**

#### ***Evidence-Based Fall Prevention Physical Activity***

#### ***Non-Evidence-Based Fall Prevention Physical Activity***

Fall Prevention – Physical Activity includes programs that incorporate strategies to reduce the fear of falling, increase physical activity levels, increase strength and balance, and reduce the potential for falls by addressing environmental changes that are proven to help older adults reduce their risk of falling. These programs can include, but are not limited to, the following evidence-based programs: A Matter of Balance, Enhance Fitness, Falls Talk, Stepping On, Tai Chi for Arthritis and Tai Ji Quan: Moving for Better Balance. To apply Title III D funds to this service it must be approved by the SUA as an evidence-based service. Non-evidence-based programs are funded with Title IIIB funds.

*Program*

Health Promotion NAPIS  
Health Promotion NAPIS

*Fund Identifier*

Title III-B  
Title III-D

*Registration*

Individual  
Individual

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### **Family Life Education (One Person Session)**

These educational or training programs deal with family and individual adjustment. Programs provide participants with the skills required to cope with the psychological and societal problems that may be brought on by advanced age. To report this service aggregately, it must be approved by the SUA. Approval for aggregate reporting is given on a case-by-case basis.

**Service Definitions  
Titles III B, C1, C2 and D**

**Family Life Education** (Continued) (One Person Session)

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Approved Aggregate Reporting</i>

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**Food Buying Club** (One Contact)

These clubs provide reduced costs in purchasing food through a group buying process. Pre-orders are taken, bulk purchase is made, packaging is performed by staff or volunteers and distribution is made to participants.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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**Food Pantry** (One Occurrence)

**Home Delivery**

A food pantry distributes contributed food to participants at no cost. Participants may receive food at the pantry, or the pantry may bring food to participants.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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**Foot Care** (One Visit)

**Nurse**

**Podiatrist**

Routine foot care provided by a licensed cosmetologist, nurse or podiatrist in a client's home, senior center or other appropriate setting which includes soaking feet and providing lotion and trimming, filing and cleaning toenails.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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**Friendly Visiting** (One Hour)

Volunteers visit on a regularly scheduled basis the homes of participants who live alone and are socially and/or geographically isolated. Participants are provided protection and socialization. Visitors help elderly participants maintain contact with the outside world by providing services such as letter writing and reading. This service records the hours of friendly visiting that participants receive from volunteers.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

## **Service Definitions Titles III B, C1, C2 and D**

### **Health Assessments (One Visit)**

Health Assessments develop an individualized profile of participants' current health and the services that are required to maintain or improve their functioning. A medical doctor or a diagnostically trained nurse practitioner or physician's assistant may provide these assessments.

*Care Program*  
*Napis Title III*

*Fund Identifier*  
*Title III-B*

*Registration*  
*Individual*

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### **Health Counseling (One Hour)**

***Evidence-Based Health Counseling***  
***Non-Evidence-Based Health Counseling***

Health Counseling provides individuals with an awareness of preventative, remedial and/or rehabilitative self-health care, which focuses on the particular health needs of participating individuals. To fund this service under Title IIID it must be an evidence-based program and approved by the SUA. Examples of evidence-based programs under this service are Enhance Wellness, BRI (Benjamin Rose Institute Care) Consultation, and SHARE (Support Healthy Activities Resources Education for Dementia).

*Care Program*  
*Health Promotion NAPIS*

*Fund Identifier*  
*Title III-B*

*Registration*  
*Individual*

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*Health Promotion NAPIS*

*Title III-D*

*Individual*

### **Health Education (One Person Session)**

***Evidence-Based Health Education***  
***Non-Evidence-Based Health Education***

Health education provides individuals or groups of participants with an awareness of preventative, remedial and/or rehabilitative self-health care, which is based upon the health needs of the particular individual/group. To fund this service under Title IIID funds, it must be an evidence-based program and approved by the SUA. Examples of evidence-based programs under this service are Bingocize – Eat Smart, Move More Weigh Less, Health Coaches for Hypertension Control, Powerful Tools for Caregivers and Mind Over Matter.

*Care Program*  
*Health Promotion NAPIS*

*Fund Identifier*  
*Title III-B*

*Registration*  
*Individual*

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*Health Promotion NAPIS*

*Title III-D*

*Individual*

### **Health Screen/Clinic (One Visit)**

***Non-Evidence-Based Health Screening***

Health Screening helps to promote and maintain community health by providing testing services for the assessment of a participant's health status and the determination of need for further health care. This is a nonevidence-based service and must be funded under Title IIIB.

*Care Program*  
*Health Promotion NAPIS*

*Fund Identifier*  
*Title III-B*

*Registration*  
*Individual*

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### **Home Delivered Meals (One Meal)**

***HD Shelf Stable***

## **Service Definitions Titles III B, C1, C2 and D**

### **Home Delivered Meals** (Continued) (One Meal)

Home-delivered meals are provided by a qualified nutrition provider to eligible participants or other eligible recipients in their place of residence. Each meal is served in a program administered by the SUA or AAA and meets all the requirements of the Older Americans Act (OAA). The meal must comply with the current Dietary Guidelines for Americans, which are published by the Secretaries of the U.S. Department of Health and Human Services and the U.S. Department of Agriculture and provides a minimum of one-third of the Dietary Reference Intakes. These guidelines are outlined in the current version of the Older Americans Act. The meal meets state and local food safety and sanitation requirements. Meals provided to individuals through means-tested programs may be included. (Source: OAA)

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-C2</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Third Party</i>	<i>Individual</i>
<i>SSBG</i>	<i>Essential Services</i>	<i>Individual</i>

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### **Home Health Aide** (One Hour)

Home health aides provide personal assistance, stand-by assistance, supervision or cues for persons having difficulties with one or more of the following activities of daily living: eating, dressing, bathing, toileting, and transferring in and out of bed.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Homemaker** (One Hour)

Homemaker services help to maintain, strengthen and safeguard household functioning and independent living for participants who either need temporary assistance due to illness or long-term assistance due to chronic disabling conditions. Homemakers perform home management functions. These functions may include cooking, cleaning, laundry, and other light household chores. Although similar to companion, the primary emphasis in homemaker service is on the performance of home management functions while the primary emphasis in companion service is on the provision of supervision and companionship.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Home Nutrition Education** (One Person Session)

#### ***In-Person Home***

#### ***Telephone Home***

#### ***Virtual Home***

Home Nutrition Education is provided to participants or caregivers in their place of residence. This is an intervention targeting eligible adults and caregivers that uses information dissemination, instruction, or training with the intent to support food, nutrition and physical activity choices and behaviors (as they relate to nutritional status) to maintain or promote better

## **Service Definitions Titles III B, C1, C2 and D**

### **Home Nutrition Education (Continued) (One Person Session)**

health and address nutrition-related conditions. Educational information and instruction encouraging sound dietary practices are provided to participants or caregivers either in-person or virtually by nutrition staff. Educational content provided is consistent with the Dietary Guidelines for Americans and is accurate, culturally sensitive, regionally appropriate and considers personal preferences. Educational information and instruction encouraging sound dietary practices are provided to participants or caregivers and delivered in-person, by a one-on-one telephone call, conference call or facetime call, or virtually by nutrition staff. Multiple participants or caregivers may attend this home nutrition education session. Home nutrition education is overseen by a registered dietitian or individual of comparable expertise including but not limited to a nutritionist, physician, diabetic educator, or nurse. Individuals with other types of training must be approved by the SUA to provide home-delivered nutrition education.

Nutrition education can be delivered to individuals that do not receive home delivered meals through the Title III nutrition program. Participants or caregivers who receive home nutrition education, regardless if the presentation is delivered by nutrition staff in person, by a one-on-one telephone call, conference call, or facetime call, or virtually, must complete a Consumer Registration Form or have a current consumer registration form on file in Aging and Disability.

If the presentation is delivered in-person, it is recorded to the subservice In-Person Home. If the presentation is delivered virtually through a remote platform (webinar, zoom, etc.), and the participant attends remotely, it is recorded to the sub-service Virtual Home. If the presentation is delivered by a one-on-one telephone call, conference call or facetime call, it is recorded to the sub-service Telephone Home.

Distribution of hardcopy materials in conjunction with the nutrition presentation is encouraged but is not recorded as an additional unit of home delivered nutrition education

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-C2

*Registration*  
Individual

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### **Home Repair and Renovation (One Hour)**

This service helps participants make essential repairs to their homes either to restore them to their original condition or to make them safe by removing health hazards. It includes renovations designed to remove architectural barriers and provide structural improvements that will enable participants suffering from chronic disabling conditions to remain in their own homes.

*Care Program*  
Napis Title III  
Napis Title III

*Fund Identifier*  
CARES Act-B  
Title III-B

*Registration*  
Individual  
Individual

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### **Home Safety Assessment (One Assessment)**

A home safety assessment is an in-home assessment that is conducted by a person which is designated as a current Certified Aging in Place Specialist (CAPS) by the National Association of Home Builders. This assessment promotes the ability of an individual to age in place by identifying risks and hazards in the home that when addressed minimize falls, supports home

## **Service Definitions Titles III B, C1, C2 and D**

### **Home Safety Assessment** (Continued) (One Assessment)

safety and eases home maintenance. Home alterations can be simple changes such as installing grab bars, fastening down rugs, replacing doorknobs with lever handles or more extensive modifications such as renovating bathrooms and kitchens to make them more accessible and safer. This assessment includes assistance from the specialist (CAPS) to seek and secure funding for the proposed modifications.

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-B

*Registration*  
Individual

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### **Home Utility Devices (One Item)**

This service provides tools, such as devices and gauges, that are applied to equipment associated with home utility systems which alert consumers remotely when service is required, or the equipment needs to be replenished with material to operate safely and efficiently. These devices can help individuals limit potential risk and harm while living in their homes. They may limit the potential for falls for frail individuals that would otherwise have to use stairs to monitor this equipment and reduce potentially dangerous situations, including health hazards, that might occur when such equipment fails. An example of a Home Utility Device is a home heating fuel gauge that is applied to oil tanks, which interacts with a battery-operated transmitter that can be placed anywhere within individuals' residences to alert them when the tank needs oil.

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-B

*Registration*  
Individual

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### **Housing Alternatives (One Day)**

This service provides new and creative efforts in the field of alternative living arrangements that cannot be classified as Foster Care, Day Care or Home Share. Housing Alternatives can include transitional housing and shelters.

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-B

*Registration*  
Individual

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### **Housing Counseling (One Hour)**

This counseling assists participants in obtaining housing. It also provides suggestions for improving present living conditions.

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-B

*Registration*  
Individual

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### **Information & Assistance (One Contact)**

A service for older individuals that (A) provides them with current information on opportunities and services that are available to them in their communities, including information related to assistive technology; (B) assesses their problems and capacities; (C) links them to available opportunities and services; and (D) to the maximum extent practicable, ensures that they receive needed services and are aware of available opportunities by establishing adequate follow-up procedures. This service should be recorded for individual participants whenever possible. When it is not practical to report individually, aggregate reporting may be approved. The SUA must approve all aggregate reporting.

## **Service Definitions Titles III B, C1, C2 and D**

### **Information & Assistance (Continued) (One Contact)**

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Not Funded</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Approved Aggregate Reporting</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Approved Aggregate Reporting</i>

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### **Install/Purchase Med Assistance System (One Payment)**

A one-time payment for the installation or purchase of an automated medication dispenser device or medication reminder service that helps individuals take medications (including prescriptions, vitamins and over-the-counter drugs) at the appropriate times or frequency and in the proper amounts. Medications may be required to be consumed on a regular or as-needed basis.

Installations/Purchases may include but are not limited to a medication dispenser device, a pill holder devise with an alarm or vibration, a telephone reminder service, or a cellphone application. Devices and reminder services may be equipped to notify caregivers through a third-party vendor, an electronic phone call or an email when individuals do not take their medications properly. This service records installations and purchases of medication assistance systems for consumers who do not have a PERS or do not have a bundled service of medication assistance and PERS from the same company. Individuals who have a PERS but from a different company must report the installation or purchase of the medication assistance system to this service and report their PERS services to the Aging and Disability services Installation Personal Emergency Response or Maintenance Personal Emergency Response, whichever is appropriate. Individuals who have a bundled installation or purchase of medication assistance and PERS from the same company are recorded to the Aging and Disability service Install/Purchase Med Assistance System and PERS.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>

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### **Install/Purchase Med Assistance System and PERS (One Payment)**

A one-time payment for an automated medication dispenser system or reminder service that is installed by, or purchased from, the same company for which an individual either already has a PERS or is having a PERS installed along with the medication assistance system. The medication dispenser device or reminder service helps individuals take medications (including prescriptions, vitamins and over-the-counter drugs) at the appropriate times or frequency and in the proper amounts. The PERS and medication assistance system are not necessarily connected and do not monitor the same functions, but together they may alert caregivers when individuals fall, activate their personal alert system, or do not take their medications properly. To record to this service an individual is required to have a PERS, either existing or newly installed, with the same company from which the medication assistance system is purchased or installed. If an individual either does not have a PERS or has a PERS from another company, installations/purchases are recorded to the Aging and Disability service Install/Purchase Med Assistance System.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>

## **Service Definitions Titles III B, C1, C2 and D**

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### **Installation-Personal Emergency Response (One Installation)**

The service provides the installation of an in-home, twenty-four-hour electronic alarm system, which enables a high-risk individual to secure help in a medical, physical, emotional or environmental emergency.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	Title III-B Waiver	Individual
Napis Title III	Title III-B	Individual

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### **Language Translation (One Contact)**

Language translation helps to reduce barriers in communications so that the social functioning of participants who do not speak English can be assisted.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	CARES Act-B	Individual
Napis Title III	Title III-B	Individual

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### **Legal Assistance (One Hour)**

Legal assistance is legal advice and representation provided by an attorney to older adults with economic or social needs as defined in the Older American Act Sections 102 (a) (23) and (24) and includes to the extent feasible, counseling or other appropriate assistance by a paralegal or law student under the direct supervision of an attorney.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Approved Aggregate Consumer

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### **Live-In Companion (One Hour)**

Live-in companions are companions that provide services on a live-in (day and night) basis. Services are intended to provide company to a participant in a protective and supervisory capacity. It may include such home management activities as cooking and light housekeeping but *does not* include personal care.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Individual

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### **Live-In Home Health Aide (One Hour)**

Live-in home health aide services are provided on a live-in (day and night) basis. Services include personal assistance, stand-by assistance, supervision, or cues for persons having difficulties with one or more of the activities of daily living: eating, dressing, bathing, toileting and transferring. Aides are trained by licensed home health agencies and perform personal care functions under the supervision of a licensed health care practitioner.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Individual

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**Service Definitions**  
**Titles III B, C1, C2 and D**

**Live-In Personal Care Worker (One Hour)**

This service is provided by a personal care worker on a live-in (day and night) basis. A personal care worker is an individual that is employed by a home health agency who provides a combination of homemaking services such as cleaning, laundry and other household chores as well as hands-on care including assistance with eating, bathing, toileting and transferring. A personal care worker allows consumers greater flexibility in the receipt of services.

*Care Program*  
*Napis Title III*

*Fund Identifier*  
*Title III-B*

*Registration*  
*Individual*

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**Maintenance Medication Assistance System (One Month)**

The provision of monthly maintenance payments associated with an automated medication dispenser device or medication reminder service that helps individuals take medications (including prescriptions, vitamins and over-the-counter drugs) at the appropriate times or frequency and in the proper amounts. Medications may be required to be consumed on a regular or as-needed basis. Monthly payments may be for, but are not limited, to a medication dispenser device, a pill holder devise with an alarm or vibration, a telephone reminder service, or a cellphone application. Devices and reminder services may be equipped to notify caregivers through a third-party vendor, an electronic phone call or email when individuals do not take their medications properly. These monthly payments are for devices or reminder services for which consumers do not have a PERS or do not have a bundled service of medication assistance and PERS from the same company. Consumers who have a PERS but from a different company than their medication assistance system must report maintenance of medication assistance to this service and report maintenance of their PERS to the Aging and Disability service Maintenance Personal Emergency Response. Consumers who pay maintenance for bundled services that include medication assistance and PERS from the same company are recorded to the Aging and Disability service Maintenance Medication Assistance and PERS.

*Care Program*  
*CHSP*

*Fund Identifier*  
*Title III-B Waiver*

*Registration*  
*Individual*

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**Maintenance Medication Assistance System and PERS (One Month)**

The provision of a monthly maintenance payment for an automated medication dispenser devise or reminder service for an individual who also maintains a PERS from the same company. The medication dispenser device or reminder service helps individuals take medications (including prescriptions, vitamins and over-the-counter drugs) at the appropriate times or frequency and in the proper amounts. The medication assistance device and PERS are not necessarily connected and do not monitor the same functions, but together they may alert caregivers when individuals fall, activate their personal alert system, or do not take their medications properly. To record to this service an individual is required to have a PERS, either existing or newly installed, with the same company for which the medication assistance system is maintained. These two systems are typically bundled together when billed to the consumer. Maintenance payments for individuals who do not have a PERS or have a PERS from a different company than the medication assistance system, are recorded to the Aging and Disability service Maintenance Medication Assistance System.

*Care Program*  
*CHSP*

*Fund Identifier*  
*Title III-B Waiver*

*Registration*  
*Individual*

## **Service Definitions Titles III B, C1, C2 and D**

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### **Maintenance-Personal Emergency Response (One Month)**

This service provides monthly maintenance payment for an in-home, twenty-four-hour electronic alarm system, which enables a high-risk individual to secure help in a medical, physical, emotional or environmental emergency.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
CHSP	Title III-B Waiver	Individual
Napis Title III	Title III-B	Individual

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### **Medical Transportation (1 One Way Trip)**

This service provides participants with transportation to and from destinations that provide medical services. This transportation may include assistive technologies for persons with mobility limitations.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	CARES Act-B	Individual
Napis Title III	Title III-B	Individual

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### **Medical Visit (One Visit)**

Medical visits provide physician or nurse practitioner care either in the home or in a clinic setting.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Napis Title III	Title III-B	Individual

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### **Medication Management (One Person Session)**

#### ***Evidence-Based Medication Mgmt***

#### ***Non-Evidence-Based Medication Mgmt***

A group of educational and/or screening services that optimize outcomes for individuals related to their medication use in order to prevent medication errors and adverse drug reactions. Services are based upon the responsibilities within the licensed pharmacist's, or other qualified health care provider's, scope of practice. To be funded under Title IID, this service must be approved by the SUA as an evidence-based program. An example of an evidence-based program for this service is Homemed.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
Health Promotion NAPIS	Title III-B	Individual
Health Promotion NAPIS	Title III-D	Individual

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### **Mental Health Counseling (One Hour)**

#### ***In Home***

Mental health counseling provides psychiatric care and counseling to persons in danger of institutionalization or who may have suffered significant losses, dementia, depression, etc. Pharmaceutical therapy is available in addition to counseling when needed. A psychiatrist is available for home visits. If counseling is provided in a person's residence, record under the sub-service "in-home."

**Service Definitions**  
**Titles III B, C1, C2 and D**

**Mental Health Counseling** (Continued) (One Hour)

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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**Mental Health Screening and Referral** (One Person Session)

***Evidence-Based Mental Health Screening***

***Non-Evidence-Based Mental Health Screening***

Depression or alcohol self-management programs, or other substance abuse or mental health programs, facilitated by case managers, social workers, or social service providers that may include: screening and assessment, education for clients and family caregivers, referral and linkages to appropriate health professionals, and behavioral activations. Services may also include problem-solving treatment, social and physical activation, and follow-up phone calls. To be funded under Title IID, this service must be approved by the SUA as an evidence-based service. Examples of evidence-based programs under this service are Healthy IDEAS (Identifying Depression & Empowering Activities for Seniors), SBIRT (Screening Brief Intervention and Referral to Treatment) or the PEARLS (Program to Encourage Active Rewarding Lives) Program

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Health Promotion NAPIS</i>	<i>Title III-B</i>	<i>Individual</i>
<i>Health Promotion NAPIS</i>	<i>Title III-D</i>	<i>Individual</i>

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**Mileage** (One Mile)

***Companion***

***Volunteer***

Mileage is associated with travel companions. These companions transport consumers to and from appointments. Some of these companions are reimbursed for mileage. This service tracks the number of miles for which the Travel Companion is reimbursed. Travel companions are recorded in Aging and Disability with the service Companion and the sub-service Travel.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>
<i>Non-Funded</i>	<i>Not-Funded</i>	<i>Individual</i>

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**Money Management** (One Hour)

Money Management provides assistance to persons whose ability to manage their own financial affairs is restricted by either impairment or lack of previous experience. This service can be provided by professionals or volunteers working under the supervision of qualified professionals.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

## **Service Definitions Titles III B, C1, C2 and D**

### **Nutrition Assessment (One Hour)**

***In-Person Assessment***

***Telephone Assessment***

***Virtual Assessment***

A nutrition assessment is the development of an individual profile of one's current nutritional status and the identification of nutritional deficiencies. This individualized profile includes but is not limited to, the nutritional risk score as identified on the Consumer Registration Form. A nutrition assessment is not required for all individuals; but is required to be conducted before a participant receives nutrition counseling. Nutrition assessments are completed for participants with a nutritional risk score of six or more in order to receive nutrition counseling. Nutrition assessments are completed for individuals where the approved nutrition education plan or currently approved nutrition waiver indicates prioritization of a different nutritional risk score or another identified factor. A nutrition assessment is completed by a registered dietitian or other health professionals in accordance with state law and policy. Such individuals include nutritionists, physicians and nurses that are licensed/certified by the State of Connecticut. Nutrition assessment and nutrition counseling must be conducted in the same fiscal year by the same agency in order to be considered valid. A unit of service of nutrition assessment must be recorded in Aging and Disability to be considered delivered.

If nutrition assessment is delivered in-person, it is recorded to the sub-service In-Person Assessment. If nutrition assessment is delivered through a remote platform (zoom, etc.) it is recorded to the sub-service Virtual Assessment. If nutrition assessment is delivered by a one-on-one telephone call, conference call or facetime call, it is recorded to the sub-service Telephone Assessment.

**Care Program**

*Napis Title III*

*Napis Title III*

**Fund Identifier**

*Title III-C1*

*Title III-C2*

**Registration**

*Individual*

*Individual*

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### **Nutrition Counseling (One Hour)**

***In-Person Counseling***

***Telephone Counseling***

***Virtual Counseling***

Nutrition counseling is a standardized service as defined by the Academy of Nutrition and Dietetics and provides individualized guidance to participants who are at nutritional risk because of their health, nutritional history, dietary intake, chronic illnesses, or medication use or are caregivers of such persons. Nutrition counseling is provided one-on-one by a registered dietitian and addresses the options and methods for improving nutrition status with a measurable goal. If nutrition counseling is delivered in-person, it is recorded to the sub-service In-Person Counseling. If nutrition counseling is delivered through a remote platform (zoom etc.) it is recorded to the sub-service Virtual Counseling. If nutrition counseling is delivered in a one-on-one telephone call, conference call or facetime call, it is recorded to the sub-service Telephone Counseling. Nutrition counseling must include a nutrition assessment. A nutrition assessment is the development of an individualized profile of the participant's current nutritional status and the identification of nutritional deficiencies. The nutrition assessment must be completed prior to receiving nutrition counseling. The SUA will not consider nutrition counseling delivered

## **Service Definitions Titles III B, C1, C2 and D**

### **Nutrition Counseling** (Continued) (One Hour)

unless the participant received a prior unit of nutrition assessment in the same fiscal year by the same agency.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-C1</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-C2</i>	<i>Individual</i>

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### **Options Counseling** (One Hour)

#### ***Options Counseling Follow-Up***

Options Counseling is an interactive process where individuals are supported in deliberations to make informed choices about long-term services and supports in the context of the individual's preferences, strengths, needed services, values, and individual circumstances.

This process involves four steps: 1) conduct a personal interview; 2) develop a person-centered plan; 3) facilitate streamlined access to public and/or private services and supports; and 4) conduct ongoing follow-up and documentation.

All four of the above steps *must* occur in order to be considered options counseling. The subservice of Options Counseling Follow Up is recorded when the consumer is contacted to assess progress towards plan implementation and to identify and troubleshoot any barriers to attaining the identified goals in the person-centered plan.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B Waiver</i>	<i>Individual</i>

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### **Personal Care Worker** (One Hour)

A personal care worker is an individual employed by a home health agency who provides a combination of homemaking services such as cleaning, laundry and other household chores as well as hands-on care including assistance with eating, bathing, toileting and transferring. A personal care worker allows consumers greater flexibility in the receipt of services.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Personal Hygiene Supplies** (One Delivery)

The purchase of supplies or materials which help consumers meet essential necessities related to personal hygiene. These supplies help to preserve the overall health and emotional, social and physical well-being of consumers. Purchased items may include soap, shampoo, toothpaste and other oral health items, toilet paper, sanitary wipes and incontinence supplies. One delivery of purchased assistance is considered a unit of service regardless of the number of items in each delivery.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>NAPIS Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>NAPIS Title III</i>	<i>Title III-B</i>	<i>Individual</i>

## Service Definitions Titles III B, C1, C2 and D

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### **Personal Reassurance (One Contact)**

This service provides telephone or personal contact at prearranged times for participants who live alone. It helps to ensure participants' health and safety and to assure them that help is available if, and when, it is needed. It also provides community contact over a sustained period of time. This service includes a mechanism to investigate if participants do not answer the telephone or do not otherwise respond at the prearranged times.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Physical Activity (One Person Session)**

#### ***Evidence-Based Physical Activity***

#### ***Non-Evidence-Based Physical Activity***

Physical activity programs focus on key areas important to the health and fitness of older adults such as stretching and flexibility, low-impact aerobics, strength training, and balance. These programs may also include components that include group-based problem-solving methods and strategies that integrate physical activity into everyday living. To be funded under Title IID, this service it must be approved as an evidence-based program by the SUA. Examples of evidence-based programs for this service are Enhance Fitness, Walking with Ease, Active Choices, Active Living Every Day and the AEA (Aquatic Exercise Foundation) Arthritis Foundation Exercise Program

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Health Promotion NAPIS</i>	<i>Title III-B</i>	<i>Individual</i>
<i>Health Promotion NAPIS</i>	<i>Title III-D</i>	<i>Individual</i>

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### **Public Education (One Activity)**

This education includes activities undertaken to increase public awareness of the problems or concerns confronting older adults and recommended solutions to these problems. These activities may include public service announcements in the media, preparation of pamphlets, reports, presentations, seminars and newsletters. The target audience for these activities is the general population, and it is usually not possible to specify the number of participants with any degree of precision.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Aggregate</i>

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### **Recreation (One Hour)**

This service promotes health and social well-being by providing activities for social interaction and development of the participant in a group setting.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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## **Service Definitions Titles III B, C1, C2 and D**

### **Respite (One Hour)**

Respite provides temporary care to participants requiring personal care assistance so that their primary caregivers (usually a family member) can have a break. This service can be provided in the home, in a long-term-care facility or a day care facility.

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<u><i>Care Program</i></u>	<u><i>Fund Identifier</i></u>	<u><i>Registration</i></u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

### **Safe Return (One Enrollment)**

Safe Return is an emergency tracking system, which locates individuals with Alzheimer's disease and related dementia that may have wandered and become lost. The Alzheimer's Association provides this service; clients are referred to the Association by Program Care Managers.

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<u><i>Care Program</i></u>	<u><i>Fund Identifier</i></u>	<u><i>Registration</i></u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

### **Senior Center Participation (One Half Day)**

#### ***Weekend Participation***

Senior center participation creates opportunities for socialization and provides other services, some of which are difficult to differentiate or describe. These services can be provided by the center director, other professional or volunteer staff, or, in some cases, other senior center participants. Senior center participation is intended to cover those services that are available to Senior Center members on an informal or unstructured basis. Services are not provided during specific time periods, or in specially arranged sessions, or by specifically designated personnel.

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<u><i>Care Program</i></u>	<u><i>Fund Identifier</i></u>	<u><i>Registration</i></u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

### **Short Term Support (One Contact)**

Short term support is assistance provided to a consumer, which lasts no more than three months, and is provided directly by AAA staff. This assistance is permissible under the following circumstances: 1) initial contact completed, 2) person centered plan is developed, 3) no other case management or service connection exists or is available for the consumer because of waiting lists or delay in the start of or disruption in services, 4) the support provided is non-financially based, and 5) there is a need to provide service follow-up.

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<u><i>Care Program</i></u>	<u><i>Fund Identifier</i></u>	<u><i>Registration</i></u>
<i>Napis Title III</i>	<i>Title III-B Waiver</i>	<i>Individual</i>

### **Shopping Services (One Hour)**

Shopping services help participants to obtain food and other basic necessities in the interest of safety and convenience. This service may involve taking participants shopping if they are able to leave home or doing the shopping for those who are unable to get out. Deference should be given to a participant's preferred merchants and to convenience.

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<u><i>Care Program</i></u>	<u><i>Fund Identifier</i></u>	<u><i>Registration</i></u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

## **Service Definitions Titles III B, C1, C2 and D**

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### **Skilled Nursing Visits (One Hour)**

These services are provided by a licensed nurse (Registered Nurse-RN or a Licensed Practical Nurse – LPN) designed to provide part-time, medically-necessary, and appropriate home-health care services under the direction of a licensed physician, dentist, or advanced practice nurse (APRN). Services may include preventative, restorative, rehabilitative nursing care, health education and counseling, referral for and coordination of services and delegation of responsibility to supervise and teach non-skilled caregivers.

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-B

*Registration*  
Individual

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### **Social Service Assessment (One Person Session)**

The Social Service assessment is an addendum to a completed Consumer Registration form. Social Service Assessment is the collection of data used to evaluate the individual consumer's current situation. At a minimum, the social service assessment must collect data that provides a profile of a consumer's health status, health insurance, medical needs, financial resources, living arrangement, transportation needs, and functional status. It must also identify referrals that are made to consumers for services as a result of the assessment. A complete Benefits Check Up may be used as a social service assessment if the minimum criteria, as listed above, are obtained. This assessment is conducted face to face with the consumer or the consumer's caregiver when the consumer is unable to participate. The social service assessment must be complete in order for a unit of service to be recorded in Aging and Disability. The social service assessment is considered complete when all questions on the Consumer Registration form, as distributed by the SUA, as well as all questions on the Social Service Assessment are answered. All Consumer Registration form data collected with this assessment must be entered into Aging and Disability. The Social Service assessment is not solely the completion of the Consumer Registration Form.

*Care Program*  
Napis Title III

*Fund Identifier*  
Title III-B

*Registration*  
Individual

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### **Social Support Services (One Hour)**

Social support services help participants to adjust to problems in their personal lives or living environments. They include guidance and assistance in such areas as personal adjustment, marital problems, alcohol or drug dependency, family relations and adjustment counseling. These services include active intervention in participants' social environments in order to assist them in producing an appropriate adjustment. This support covers generic counseling and psycho-social adjustment counseling.

*Care Program*  
Napis Title III  
Napis Title III

*Fund Identifier*  
CARES Act-B  
Title III-B

*Registration*  
Individual  
Individual

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### **State Funded Alzheimer's Aide (One Hour)**

State funded Alzheimer's aide records hours worked by an aide funded with State Alzheimer' Adult Day Care dollars. These aides are employed by an adult day care facility and provide care

## **Service Definitions Titles III B, C1, C2 and D**

### **State Funded Alzheimer's Aide** (Continued) (On Hour)

for individuals diagnosed with Alzheimer's disease or related dementias. Tasks that an aide is expected to provide under appropriate supervision may include: assisting clients from the bus/van/car to the center, removing outerwear, taking attendance, providing light snacks, feeding, toileting, assisting patients in ambulating, supervising passive recreation, safeguarding against wandering, and assisting professional staff in providing reality orientation or motivational therapy. Hours worked by the aide are entered by the quarter. The last month of each quarter is entered in Aging and Disability as the service date.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>State Alzheimer's ADC</i>	<i>State ADC</i>	<i>Approved Aggregate Consumer</i>

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### **Temporary Inpatient Care** (One Day)

*Institutional*

*Non-Institutional*

Temporary inpatient care is short-term inpatient respite care that is provided in a setting that is not the care recipient's home. This care may be provided in a nursing home in which case the sub-service "Institutional" must be recorded or in an assisted living community or residential care home in which case the sub-service "Non-Institutional" must be recorded. This service includes a room, meals, substantial assistance with personal care and daily living, protective supervision and recreational activities. Nursing services may also be provided.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Therapeutic Activity** (One Hour)

This activity provides participants with organized activities intended to improve their physical or emotional health.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Transportation** (1 One Way Trip)

This service provides a means of transportation for persons who require help going from one location to another using a vehicle. This service does not include any other activity.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>CHSP</i>	<i>Title III-B Waiver</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>CARES Act-B</i>	<i>Individual</i>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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### **Volunteer Opportunities** (One Hour)

Volunteer opportunities is used to record work done by volunteers in projects covered by the system and to record the efforts of programs developed to offer participants the chance to experience meaningful social involvement through voluntary community service. This service can be used to record the hours of volunteer work that is contributed by Area Agency on Aging and Nutrition Project Board members.

**Service Definitions**  
**Titles III B, C1, C2 and D**

**Volunteer Opportunities** (Continued) (One Hour)

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>
<i>Non-Funded</i>	<i>Not-Funded</i>	<i>Individual</i>

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**Volunteer Training** (One Person Session)

Volunteer training provides instruction that enhances the effectiveness of those who volunteer their service on behalf of a provider agency. Such training helps to ensure quality care and services. Training may include educational programs for participants seeking paid employment.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>

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**Wasted Meals** (One Meal)

Wasted Meals is the number that shows the difference between meals ordered and meals served.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Not Funded</i>	<i>Approved Aggregate Consumer</i>
<i>Napis Title III</i>	<i>Title III-C1</i>	<i>Approved Aggregate Consumer</i>

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**Weatherization** (One Hour)

Weatherization aids participants by reducing the cost of heating or cooling their homes and/or by assuring them of adequate heat during the winter months. It utilizes various energy-saving techniques such as insulating and installing storm windows.

<u>Care Program</u>	<u>Fund Identifier</u>	<u>Registration</u>
<i>Napis Title III</i>	<i>Title III-B</i>	<i>Individual</i>