

Caregiving Connections

Links to the Best Caregiver Website

Listed below are links to some of the best websites for family caregivers. You'll find a wealth of information on many topics – caregiving joys and challenges, raising grandchildren, reducing stress, elder rights, support groups, volunteer opportunities, healthy recipes, and more. All sites are non-profit, so you won't have to wade through a series of ads and pop-ups. If you know of a great website not listed, please call Michelle Dillane at Western CT Area Agency on Aging.

The Alzheimer's Association <http://www.alz.org/ct/>

The Alzheimer's Association is the leading, global voluntary health organization in Alzheimer's care and support, and the largest private, non-profit funder of Alzheimer's research.

CT Department of Social Services – Elder Services <http://ct.gov/agingservices/site/default.asp>

Learn more about Connecticut's National Family Caregiver Support Program and other helpful programs.

Eldercare Locator <http://eldercare.gov/eldercare.NET/Public/index.aspx>

The eldercare locator, a public service of the Administration on Aging, U.S. Department of Health and Human Service, is a nationwide service that connects older Americans and their caregivers with information on senior services.

Eldercare Online <http://www.ec-online.net/>

A site for those caring for aging parents and elderly loved ones. They are committed to providing senior resources, home health care advice and an online community where supportive peers and professionals help improve the quality of life for caregivers and elders.

FCA: Family Caregiver Alliance <https://caregiver.org/>

FCA is a public voice for caregivers that provide information, education, services, research, and advocacy through support of the caregiver. Family Caregiver Alliance supports and sustains the important work of families nationwide caring for loved ones with chronic, disabling health conditions.