

Western Connecticut ADRC:

**Western Connecticut
Area Agency on Aging (WCAAA)
&
Independence Northwest (IN)**

WCAAA

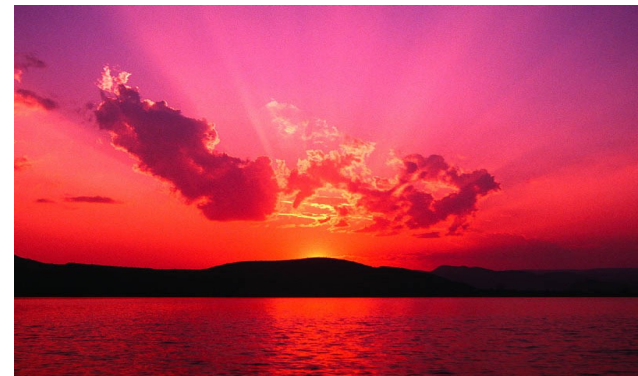
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Resource Guide

Your Aging and Disability Information Source



**Western Connecticut ADRC:
Western Connecticut
Area Agency on Aging (WCAAA)
&
Independence Northwest (IN)**

Free, Confidential, Unbiased Information In Western Connecticut
(800) 994-9422

April 2014

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VOLUNTEER: RECRUITMENT/PLACEMENT

Programs that identify individuals who have chosen to work on a full or part-time basis without remuneration in one of the human service fields and which systematically evaluate the skills, talents and personalities of recruited volunteers and match them with human service agencies that need voluntary support. Call 211 for complete list or investigate the following:

American Red Cross RSVP Program, Danbury	(203) 792-8200
Connecticut Commission of National and Community Service	(860) 947-1827
Community Action Comm. Of Danbury	(203) 744- 4700
Corporation for National Community Service	(860) 240-3237
Independence Northwest, Inc.	(203) 729- 3299
Literacy Volunteers of Greater Wtby.	(203) 754-1164
New Opportunities Volunteer Program General Elder Services Senior Companion	(203) 575-9799, Ext. 220 (203) 575-4209 (203) 575-4214
Northwest Center for Family Service and Mental Health	(800) 704-1104
Volunteer Center	(203) 797-1154
Western CT Agency on Aging	(203) 757-5449

TRANSPORTATION: LOCAL BUS SERVICES

*Programs that utilize buses to transport people to a specific destination, e.g., an airport or senior center or to other locations within the community following **standard** and **regular routes** and **fixed** time schedules.*

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UTILITY ASSISTANCE

Programs that provide financial assistance for people who are unable to pay their utility bills or that offer special services which support people's ability to make their payments.

Community Action Comm. of Danbury (CACD)	(203) 748-5422
Energy Assistance/Heating costs (New Opportunities Inc.) Wtby. Main Office	(203) 756-8151 (860) 243-2345
Connecticut Energy Assistance Programs/ State Appropriated Fuel Assistance Programs (CEAP/ SAFA)	Please call 2-1-1 for a referral

DISCLAIMER

The **Western Connecticut Area Agency (WCAAA) & Independence Northwest (IN)** staff and volunteers have collected this information from a variety of sources and provided this document as a basic guide and reference source. The information in this publication is subject to interpretation, and may change at anytime depending on program availability, program funding, and revised eligibility standards.

The listing of programs, organizations or agencies in this Resource Guide does not imply any endorsement or recommendation. We have made every effort to insure the accuracy of the information in this book. Please note that programs and materials listed in this guide may not always be available because of shortages of funds, revisions of regulations/publications, or changes in materials. It is our hope that this **Resource Guide** assists you in meeting your needs.



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Waterbury, CT 06705
(203)757-5449
www.wcaaa.org

Independence Northwest
1183 New Haven Road #200
Naugatuck, CT 06770
(203)729-3299
www.independencenorthwest.org

New Opportunities – AIDS/HIV Assistance Program	(203) 575-4337
Newtown Senior Center	(203) 270-4310
Northeast Transportation, Waterbury Para Transit Service	(203) 756-5550
Northwestern CT Aids Project	(860) 496-9523
Northwestern CT Transit District	(866) 906-7433 (860) 489-2535
Prospect Senior Center	(203) 758-5300
Salisbury Family Services/Social Service	(860) 435-5187
Sharon Social Services	(860) 364-1003
Sharon, Town of–Women On Wheels	(860) 364-5789
Sherman, Town of - Senior Center	(860) 354-2414
Southbury, Town of –Senior Services	(203) 262-0651
State of Connecticut Department of Transportation	(860) 594-2000
Thomaston Social Services	(860) 283-0756
Torrington Elderly Transportation	(860) 489-2580
Visiting Nurse Association of Ridgefield	(203) 438-5555
Washington Senior Center	(860) 868-0735
Waterbury Hospital Health Center – Be Well Bus	(203) 573-7711
Waterbury, City of – Senior Shuttle Application Reservations	(203) 346-2607 (203) 757-5355
Watertown (Oakville)//Falls Avenue Senior Center Senior Mini Bus	(860) 945-5250 (860) 945-5251
Winchester/McCarthy Senior Center	(860) 379-4252
Wolcott, Town of - Social Services	(203) 879-8100
Woodbury Senior Center	(203) 263-2828

FISH of Kent	(860) 927-4627
FISH of New Fairfield	(203) 746-7112
FISH of Newtown	(800) 794-0034
FISH of Ridgefield	(203) 438-8044
FISH of Sherman	(860) 354-6337
FISH of Torrington	(860) 482-3790
FISH of Warren and Washington/ Visiting Nurse & Home Care NW	(800) 752-0215 (860) 567-6000

FISH of Woodbury	(203) 263-4888
Geer Adult Day Center, Canaan	(860) 824-7067
Goshen Hospice	(860) 491-4673
Greater New Haven Transit District	(203) 288-6643
Greater Waterbury Transit District	(203) 756-5550
Housatonic Area Regional Transit–SweetHART, Danbury	(203) 744-4070 (203) 748-2511
(HRD) Human Resource Development Agency, Naugatuck	(203) 729-5285
Interfaith AIDS Ministry of Greater Danbury	(203) 748-4077
Hispanic Coalition, Waterbury	(203) 754-6172
Middlebury Senior Center/Social Services	(203) 577-4166
Mt. Olive AME Zion Senior Center, Waterbury	(203) 596-1895
Naugatuck Senior Center	(203) 720-7069
Naugatuck, Town of – Bus for Handicapped	(203) 729-5285
New Fairfield, Town of (Hart)	(203) 748-2034
New Hartford, Town Hall	(860) 379-3389
New Hartford Transportation NW CT Dial-A-Ride	(860) 489-2535
New Milford Senior Center	(860) 355-6075

THE WESTERN CONNECTICUT AREA AGENCY on AGING (WCAAA)

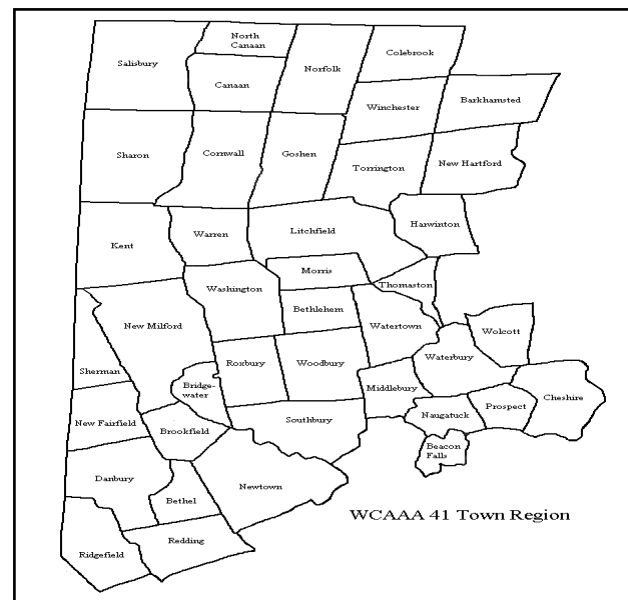
The WCAAA is a private, non-profit social service agency, funded largely by state and federal funds, that provides and manages comprehensive services for seniors and their caregivers to help them maintain their independence and quality of life. As a partner in the **Western Aging and Disability Resource Center–WCAAA** is an initial point of entry for those 60 and older, and younger persons with disabilities, seeking information, guidance or services.

The WCAAA serves 41 communities, distributing monies, by grant or contract for services including those below:

- Adult day care centers
- Chore services
- Health and mental health services
- Home delivered and congregate meals
- Legal services programs
- Local social service agencies
- Programs for grandparents raising grandchildren
- Transportation programs

Services are available to persons 18 and older.

WCAAA (800) 994-9422 or (203) 757-5449
www.wcaaa.org



INDEPENDENCE NORTHWEST (IN)

(203) 729-3299

www.independencenorthwest.org

IN is an independent living resource for people with disabilities living in North-west Connecticut. IN works with people with all types of disabilities and all age groups. Individual empowerment is a key objective of the organization. Our four core services are **Advocacy, Peer Counseling, Independent Living Skills and Information & Referral**. As a partner in the **Western Aging and Disability Resource Center-** IN is an initial point of entry for those persons with disabilities, seeking information, guidance or services.

In addition IN provides **Youth Transition Initiatives**, a program for youth with disabilities that assists in transitioning from high school to work or college; **Veterans' Outreach** that assists veterans with disabilities in applying and obtaining benefits to remain independent; **Transitional Housing Opportunity Program** that assists persons and families living with HIV and AIDS in sustaining affordable housing

Independence Northwest serves 44 communities:

Bantam, Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown (Sandy Hook), Norfolk, North Canaan, Oxford, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington (New Preston), Waterbury, Watertown (Oakville), Winchester (Winsted), Wolcott, Woodbury



Independence Northwest
1183 New Haven Road #200
Naugatuck, CT 06770
(203)729-3299
www.independencenorthwest.org

TAX RELIEF/ RENTAL REBATE

Relief from tax obligations to eligible persons in the form of tax credits or refunds.

TRANSPORTATION: DISABLED/SENIOR

Programs that provide door-to-door (or curb-to-curb) transportation for purposes of shopping, banking, social events, medical appointments and similar activities for disabled people and seniors.

American Cancer Society	(800) 227-2345
American Red Cross Danbury New Milford	(203) 792-8200 (203) 354-3415
Beacon Falls, Town of – Mini Bus	(203) 729-5997
Bethlehem, Town of - Mini Bus	(203) 266-6699
Bridgewater, Town of	(860) 354-4190
Canaan, Town of - Elderly Services	(860) 824-9855
Cheshire Senior Center	(203) 272-0047
Colebrook Senior Community Cntr	(860) 738-9521
Curtin Transportation, Waterbury	(860) 292-8992
Danbury Hospital (Southbury)	(203) 262-4285
Danbury, City of - Elderly Services	(203) 797-4687
Education Connection Danbury Litchfield	(203) 791-1904 (860) 567-0863

SENIOR COMMUNITY SERVICE EMPLOYMENT

PROGRAM (SCSEP): Funded through grants from the U.S. Department of Labor through Title V of the Older Americans Act, these programs provide training for low-income adults age fifty-five and older who are seeking employment. Eligible participants serve the community and receive on-the-job experience through paid temporary assignments at local non-profits and government organizations. Participants may also receive other training and services that will assist them in transitioning to **unsubsidized** employment after completing their community service assignment.

Education Connection/Litchfield	(860) 567-0863 (800) 852-4314
Associates For Training &Development	(203) 721-6263, Ext. 207 Voice

SOCIAL SECURITY

A federal program that provides basic financial assistance in the form of monthly checks for people who are age sixty-five and older. Also offers assistance to those who are blind or disabled and who have little or no income and resources.

Social Security Administration	
<i>Ansonia</i>	(866) 331-7096
<i>Danbury</i>	(866) 275-7821
<i>Meriden</i>	(877) 409-8429
<i>National Tele-service Center</i>	(800) 772-1213
<i>Torrington</i>	(860) 405-0486
<i>Waterbury</i>	(877) 405-4874

SUPPORT GROUPS

C.H.O.I.C.E.S. (800) 994-9422 or (203) 757-5449

www.wcaaa.org

This is a program of the Western Connecticut Area Agency on Aging. Its full name is:

Connecticut's programs for:
Health insurance assistance
Outreach
Information and referral
Counseling and
Eligibility
Screening

CHOICES is Connecticut's State Health Insurance Assistance Program (SHIP). **The program helps the elderly and persons with disabilities over the age of 18:** Understand and exercise their rights; Receive benefits to which they are entitled; Make informed choices about programs, insurance and services; Make decisions about long-term care

Trained and certified CHOICES staff provide information about:

Medicare
State Benefit Programs
Medicare Supplemental Insurance
Long Term Care Insurance
Prescription Drug Plans

The **CHOICES** Unit conducts educational programs, community forums and other activities, such as health and aging service fairs and speakers on various topics. Counselors screen clients for eligibility for programs and may be able to enroll them in programs in person at the Agency, or at counseling sites at the Danbury Senior Center, Morris Senior Center, Torrington Senior Center, Winsted Senior Center and Waterbury Hospital.

MEDICARE

Medicare is the national health insurance for people 65 or older and persons with certain disabilities. Medicare is administered by the Centers for Medicare & Medicaid Services (CMS) and helps to pay for hospital, physician, limited nursing home, home health care, durable medical equipment and prescription drugs. For more information on Medicare and understanding the various options, call:

CHOICES - WCAAA..... (800) 994-9422

MEDICARE..... (800) 633-4227

Or visitwww.wcaaa.orgor..... www.medicare.gov

USEFUL PHONE NUMBERS

MEDICARE/MEDICAID

Medicare (800) 633-4227
 Medicaid Participating Doctors/Dentists (860) 424-5217
 Medicare Enrollment (800) 772-1213
 Center for Medicare Advocacy (800) 262-4414
 MSP Customer Service (877) 485-6777
 (860) 456-7790
 Medicare (Railroad Retirees only) (800) 833-4455

SOCIAL SECURITY

New or Lost Cards (800) 772-1213
 Social Security Branch Offices
 Waterbury (877) 405-4874
 Danbury (866) 277-7821
 Torrington (877) 405-0486

LEGAL

CT Legal Services Statewide (Screening) (800) 453-3320
 (860) 344-0447
 CT Legal Services (Housing, Disability and
 Civil Rights, Medicaid, Domestic Violence) (800) 413-7797
 Waterbury (203) 756-8074
 Consumer Law Project (800) 296-1468

DEPARTMENT OF SOCIAL SERVICES (DSS)

REGIONAL OFFICES

(General Info, Ombudsman, Protective Services, & Medicaid intake)
 Waterbury, 249 Thomaston Ave, 06702 (866) 454-1108
 Danbury, 342 Main Street, 06810 (855) 626-6632
 Torrington, 62 Commercial Blvd, 06790 (855) 626-6632
 (800) 742-6906
 Central Office, Information & Referral (800) 443-9946
 Ombudsman for Waterbury (203) 597-4181
 Protective Services for Waterbury (203) 597-4141
 Danbury (203) 207-8900
 Torrington Only (860) 496-6950
 Alternate Care Unit (800) 445-5394 or
 (860) 424-5240
 fax (860) 424-5300

STATE DEPARTMENT ON AGING (SDA)

Aging services...Commission on Aging (860) 424-5274

Prospect	(203) 758-5300
Redding (Heritage Center)	(203) 938-9725 Ext. 13
Ridgefield, (Founders Hall)	(203) 431-7000
Roxbury	(860) 210-0056
Salisbury	(860) 435-5191
Sherman	(860) 354-2414
Southbury Senior Center Jewish Federation, Southbury	(203) 262-0651 (203) 267-3177
Thomaston	(860) 283-8922
Torrington (Sullivan Senior Center)	(860) 489-2211
Warren (Primetimers) Social only	(860) 868-7067
Washington Depot	(860) 868-0735
Waterbury Waterbury Senior Center Hispanic Coalition Max Traurig Leisure Group Mt.Olive Senior Citizens Center Palladino Senior Center Waterville Recreation Center	(203) 574-6746 (203) 754-6172 (203) 754-4159 (203) 596-1895 (203) 755-8745 (203) 574-8352
Winsted (McCarthy)	(860) 379-4252
Wolcott	(203) 879-8133
Woodbury	(203) 263-2828

Susan B. Anthony Project Hotline	(860) 489-3798 (203) 482-7133
Women's Center of Greater Danbury	(203) 731-5204 (203) 731-5200
Women's Support Services, Sharon Hotline	(860) 364-1080 (860) 364-1900
Safe Haven of Greater Waterbury	(203) 575-0036

SENIOR CENTERS

Centers for older adults in the community which offer a wide variety of services and activities.

Barkhamsted	(860) 738-1264
Beacon Falls	(203) 723-2344
Bethel	(203) 792-3048
Brookfield	(203) 775-5308
Falls Village	(860) 824-9855
Cheshire	(203) 272-3165
Colebrook	(860) 738-9521
Danbury	(203) 797-4686
Harwinton	(860) 689-1951
Litchfield (Litchfield Community Ctr)	(860) 567-8302
Middlebury	(203) 577-4166
Morris	(860) 567-7437
Naugatuck	(203) 720-7069
New Fairfield (Senior Sunshine Ctr)	(203) 312-5665
New Hartford	(860) 379-3980
New Milford	(860) 355-6075
Newtown	(203) 270-4310
North Canaan	(860) 824-7067
Oakville/ Watertown	(860) 945-5250

OTHER

Alzheimer's Association	(866) 828-2828 (800) 272-3900
American Cancer Society	(800) 424-6237 (800) 227-2345
American Diabetes Foundation	(800) 842-6323
Connecticut State Dental Association	(860) 378-1800
Consumer Fraud/Protection	(800) 842-2649
Domestic Violence (Crisis Line)	(888) 774-2900
Eldercare Locator	(800) 667-1116

Senior Nutrition Programs:

New Opportunities (C N V Area)	(203) 757-5449
Danbury (Housatonic Valley Area)	(203) 757-5449
LH/NW (Litchfield Hills North West Area)	(203) 757-5449
Health Reinsurance Association	(800) 842-0004
Hear Now (for hearing aid assistance)	(800) 648-4327
Homecare Program for Elders	(800) 445-5394
Independence Northwest	(203) 729-3299

(Persons w/disabilities programs/counseling)

INFOLINE (24 hours crisis hotline) **2-1-1**

Partnership for Long Term Care Insurance	(800) 547-3443
Senior Advocacy	(860) 297-5154
Services for the Blind	(800) 842-4510
or TTD	(860) 602-4240
Sexual Assault	(888) 999-5545
SNAP	(860) 951-2212
Tax Helpline	(800) 829-4636
Veteran's Affairs	(877) 222-8387

AREA AGENCIES ON AGING

Western CT	(203) 757-5449 or (800) 994-9422
Southwestern CT	(203) 333-9288
South Central CT	(203) 785-8533
Senior Resources (Eastern CT)	(860) 887-3561 or (800) 690-6998
North Central CT	(860) 724-6443

CENTERS FOR INDEPENDENT LIVING

Independence Unlimited	(860) 523-5021
Independence Northwest, Inc.	(203) 729-3299
Disabilities Network of Eastern CT	(860) 823-1898
Disability Resource Center of Fairfield Co.	(203) 378-6977
Center for Disability Rights	(203) 934-7078

QUICK REFERENCE OF TOLL FREE NUMBERS

WCAAA	(203) 757-5449 or (800) 994-9422
Infoline	2-1-1 or (800) 203-1234
Independence Northwest 203-729-3299	
AIDS Information	1-860-509-7806
Alzheimer's Association	(800) 272-3900 24 Hr. hotline (860) 828-2828 Rocky Hill
American Association of Retired Persons (AARP-General Info)	(866) 295-7279
American Cancer Society	(800) 227-2345
American Diabetes Association.....	(800) 842-6323
Board of Education Services for the Blind (BESB)	(800) 842-4510
CCCI (CT Community Care Inc.)	(860) 596-4800 (800) 870-1852
Center for Medicare Advocacy.....	(800) 262-4414
Comm. On The Deaf & Hearing Impaired	(800) 708-6796
CT Attorney General	(860) 808-5300
CT Dept. of Insurance	(800) 203-3447 (860) 297-3800
Conn. Legal Services	(800) 413-7797
Conn. Legal Services..., Waterbury	(800) 423-5026
Consumer Law Project for EldersBilingual	(800) 296-1467
Consumer Protection (CT).....	(800) 842-2649
Crisis Intervention.....	2-1-1
Dentist.....	(800) 336-8478
Dept of Banking State of CT.....	(800) 831-7225
Dept. of Social Services.....	(800) 443-9946

Waterbury <i>East Gate Apartments I</i> <i>Mt. Olive Senior Center</i> <i>Nottingham Towers</i> <i>Hispanic Coalition</i>	(203) 753-3000 (203) 596-1895 (203) 756-0182 (203) 754-6172
Watertown/Falls Ave Senior Center*	860) 945-5250
Winsted, McCarthy Senior Center	(860) 379-4252
Wolcott, Rietdyke Senior Center	(203) 879-8133
Woodbury Senior Center*	(203) 263-2828
Woodbury, Elenni's Restaurant	(203) 263-2566

PERSONAL EMERGENCY RESPONSE SYSTEMS

Programs that provide equipment, which connects frail elderly individuals or people who have disabilities with participating hospitals, paramedics, or other sources of emergency assistance.

For more information please call 2-1-1 or the Western Connecticut Area Agency On Aging.

PROTECTIVE SERVICES: ADULT/ ELDERLY

Assistance for adults unable to act on their own behalf or manage their own affairs, who are in danger due to physical or emotional abuse, unsafe or hazardous living conditions, exploitation, neglect or abandonment.

Department of Social Services Protective Services for the Elderly Toll free Danbury Torrington Waterbury	(888) 385-4225 (203) 207-8900 (860) 496-6900 (203) 597-4000
Elder Abuse Unit, Office of the Chief State's Attorney	(860) 258-5800
Protection & Advocacy for People with Disabilities Office of the Attorney General Handicapped & Advocacy Protection	(860) 297-4300 (860) 808-5355 (800) 842-7303

Cheshire Senior Center	(203) 272-0047
Colebrook Senior Center	(860) 738-9521
Danbury Danbury Senior Center Danbury Towers Ives Manor	(203) 797-4686 (203) 748-6670 (203) 743-5418
Grace Meadows	(203) 267-5419
Harwinton Senior Center	(860) 689-1951
Kent, Templeton Farms Rec. Bldg	(860) 927-3403
Lakeville, Salisbury Lunch Program	(860) 435-5197
Litchfield, 1st Congregational	(860) 567-5746
Middlebury Senior Center*	(203) 577-4166
Morris Senior Center	(860) 567-7437
Naugatuck, George B. Lewis I	(203) 729-3387
Naugatuck, George B. Lewis II	(203) 729-0508
Naugatuck Senior Center	(203) 720-7069
New Fairfield Sunshine Center*	(203) 312-5665
New Milford Senior Center	(860) 355-6075
Newtown Senior Center*	(203) 270-4310
North Canaan, Wagnum Village Nutrition	(860) 824-0521 (860) 824-5256
Norfolk Meadow Brook Housing	(860) 542-5470
Nunnawauk Meadows	(203) 426-2594
Prospect Senior Center	(203) 758-5300
Sherman, American Pie Company	(203) 743-5418
Southbury, Grace Meadows *	(203) 264-3228
Southbury, Jewish Federation	(203) 267-3177
Southbury Senior Center*	(203) 262-0631
Thomaston Green Manor Hall*	(860) 283-5174
Torrington, Sullivan Senior Center	(860) 482-4151

Domestic Violence Hotline (Statewide)	(888) 774-2900
Eldercare Locator...	(800) 677-1116
CT House Democrats...	(800) 842-1902
CT House Republicans....	(800) 842-1423
Medicare Hotline...	(800) 633-4227
Money Follows the Person	(888) 992-8637

Office of Civil Rights.....	(800) 368-1019
Partnership for Long Term Care	(800) 547-3443
Protective Services Danbury	(203) 207-8900
Protective Services Torrington...	(860) 496-6950
Protective Services Waterbury....	(203) 597-4141
Sexual Assault Hotline	(888) 999-5545
Social Security Administration	(800) 772-1213
Statewide Legal Services (Screening)...	(800) 453-3320
Tax Helpline... Tax Helpline Toll free...	(877) 777-4778 (800) 829-1040
Veteran's Affairs	(800) 827-1000
Waterbury Health Dept...	(203) 574-5780

A QUICK GUIDE FOR VETERANS

Programs administered by Federal and State Veterans' Administrations that provide supportive services, claims processing and benefit eligibility for wartime veterans.

US Department of Veterans Affairs New England Health Care Systems	
West Haven	(203) 932-5711
Newington	(860) 666-6951
Community Outpatient Clinics	
Waterbury	(203) 465-5292
Winsted	(860) 738-6985
Danbury	(203) 798-8422
Federal Benefits	
CHAMP/VA Health Administration	(800) 733-8387
Debt Management/Vet Affairs	(800) 827-0648
Education Benefits	(888) 442-4551
Head Stones and Markers	(800) 697-6947
Health Benefits	(800) 929-8387
Health Eligibility Center/ Enrollment	(800) 929-8387
Life Insurance VA Insurance Center	(800) 669-8477
Mammography Hotline	(888) 492-7844
TDD	(800) 829-4833
TRICARE for Life Info Center	(888) 363-5433
TRICARE mail order pharmacy	(800) 903-4680
VA Benefits Regional Office	(800) 827-1000
State Benefits	
CT Commission of Veteran Affairs	(860) 529-2571
District 5 Director, Waterbury	(203) 805-6340
Veterans Home and Hospital	(860) 529-2571
Office of Advocacy and Assistance	(860) 721-5893
Veteran's Service Officer Supervisor	(860) 721-5801
Veterans of Foreign Wars	(860) 721-5941

MUNICIPAL AGENTS FOR THE ELDERLY

Each town in Connecticut has a Municipal Agent for the Elderly (MA) who assists elders by providing information and referrals to services and benefit programs.

Please call your town clerk's office.

NURSING HOMES: PATIENTS' RIGHTS

Programs that provide information, education and advocacy services regarding quality of care and quality of life issues in long term care settings. Investigates complaints.

NURSING HOMES: SKILLED NURSING FACILITIES

Health Care Facilities that provide intensive nursing and other supportive services for people who require continuous long-term inpatient care.

There are many facilities. Please call 2-1-1 for more information or the Western Connecticut Area Agency On Aging for a Housing Directory.

NUTRITION: CONGREGATE MEALS

Regular hot meals for the elderly or disabled who may otherwise not eat properly and who can profit from an opportunity to socialize with others. Congregate meals are often combined with recreational, educational and social activities.

- ***Please call for reservations two (2) days in advance.***

Bethel, Jacqueline's Restaurant	(203) 792-5541
Bethel, Sycamore Restaurant	(203) 743-5418
Bethlehem, Painted Pony Restaurant	(203) 757-7738
Brookfield Senior Center	(203) 775-5308

MENTAL HEALTH AUTHORITIES

CT DMHAS Hartford	(800) 446-7348
Danbury Mental Health Authority	(203) 778-1640
Greater Waterbury Mental Health	(203) 805-5300
NAMI Information Hotline	(800) 950-6264
Northwest Mental Health Authority	(860) 496-3700
NW Regional Mental Health Board (find your local contact)	(703) 524-7600
Western CT Mental Health Network Waterbury, CT (Administrative Office)	(203) 805-6400

MENTAL HEALTH HOTLINES

Telephone crisis intervention services for people coping with everything from daily pressures to a severe traumatic situation, or even thoughts of suicide. Counselors help individuals through the immediate crisis and can help them find ongoing counseling if required.

VETERANS AID & ATTENDANCE

The Aid & Attendance Pension provides benefits to veterans or their surviving spouse who require regular attendance of another person to assist in their activities of daily living. The financial pension received through this program must be used to pay for care received in the home or in a assisted living. For more information and to apply call the U.S. Dept. of Veterans Affairs or visit **www.veteranaid.org**.

VETERANS CAREGIVERS SUPPORT PROGRAM

Each V. A. Medical Center has a Caregiver Support Coordinator who is a local resource for veterans and their caregivers. They can help provide assistance regarding durable medical equipment, hearing aides, prosthetics, home modifications and other services.

Westhaven V. A. Medical Center (203) 932-5711 ext. 2266

SOILDERS, SAILORS & MARINES FUND

A **state agency** that assists veterans and their families with financial and medical issues and concerns.

Soldiers, Sailors & Marines Office (203) 331-8876

TRICARE FOR LIFE (TFL)

Provides expanded medical coverage for Medicare eligible retirees, including retired guard members, reservists, Medicare eligible family members and widows/ widowers.

TRICARE for Life (888) 363-5433

A QUICK GUIDE for Caregivers

Programs that offer temporary arrangements to provide some relief for family members, guardians or other people who are regular caretakers. Also included are programs that offer services in the individual's own home

Alzheimer's State Respite Program

Provides up to \$3,500 in services to caregivers caring for a loved one with Alzheimer's or Dementia. This program can pay for in-home help, adult day care, in-patient respite to allow the caregiver to take a needed vacation and other services.

National Family Caregiver Support Program

Provides up to \$3,500 in services to family caregivers caring for a loved one over the age of 60 or to caregivers over the age of 60 caring for a loved one age 18-59 **who is NOT** the adult child of that caregiver.

To apply for any of these programs visit www.wcaaa.org or call:

CHOICES (800) 994-9422

CAREGIVER ASSISTANCE

Not listed because there are so many services. Please call 2-1-1, or the Western Connecticut Area Agency On Aging for more information or referral.

CARE MANAGEMENT

Programs that develop care plans with seniors and their caregivers based on assessments in the home; some care management plans also provide financial assistance for services.

Western Connecticut Area Agency On Aging, CT Home Care Program— Waterbury		(203) 465-1000
Connecticut Community Care, Inc. Home Care for Elders & Disabled Care Management Associates		(203) 596-4800 (866) 845-2224
		(800) 654-2183
DSS – Alternate Care Unit Central Office		(800) 445-5394 (860) 424-4904

CT Home Care Program for Elders Alternate Care Unit	(800) 445-5394 (860) 424-4904
Department of Social Services Danbury Torrington Waterbury	(203) 207-8900 (860) 496-6900 (203) 597-4000
Husky	(800) 656-6684
Husky Health Infoline	(877) 284-8759

MEDICAL EQUIPMENT/SUPPLIES

Programs that provide no cost or reduced cost medication, sickroom equipment, medical bandages, respiratory aids and other medical supplies required by people convalescing following surgery or illness.

LEGAL REPRESENTATION

Programs staffed by attorneys who represent clients in civil and/or administrative actions and proceedings. They also offer legal advice and guidance.

Connecticut Legal Rights Project	(860) 262-5030
Connecticut Legal Services (Waterbury)	(800) 413-7797
Consumer Law Project for Elders Hot-line	(800) 296-1467
Lawyer Referral Service Fairfield County Litchfield County New Haven County	(203) 335-4116 (860) 525-6052 (203) 562-5750
State of Connecticut Division of Criminal Justice	(860) 258-5800
Statewide Legal Services	(800) 453-3320

MEALS ON WHEELS (HOME DELIVERED)

Programs that prepare and deliver one hot and one cold meal to the elderly (age 60 +) who are unable to travel to a site where a meal is being served. All inquiries and referrals should be made through the WCAAA, 1-800-994-9422 or 203-757-5449. Meals on Wheels clients inquiring about delivery or temporarily stopping meals, should call the WCAAA at 203-757-5449:

Central Naugatuck Valley	(203) 757-7738
Housatonic Valley	(203) 743-5418
Litchfield Hills/ Northwest Main #	(860) 482-4151
For more detailed information, eligibility, please call the WCAAA (800) 994-9422 or (203) 757-5449.	

HUSKY MEDICAID (TITLE 19)

State/Federal program that provides coverage of medical expenses for low-income people. Participants may include recipients of Temporary Family Assistance (TFA), State Supplement for the Aged, Blind or Disabled, and pregnant women. People with exceptionally high medical expenses

ADULT BASIC EDUCATION

Programs, usually offered by community adult schools, that provide instruction in basic learning skills for adults who have never attended school or dropped out of school and wish to complete this education or prepare for an occupation. Emphasis is placed on basic reading, language and mathematics to strengthen skills in communication, computation and personal-social interaction. Some colleges allow course auditing by seniors.

Adult Education, Town Board of Education	Call 2-1-1 for referral
Central Connecticut State University	(860) 832-3200
Connecticut Department of Labor, Tele-Benefits Line Danbury Torrington Waterbury	(203) 797-4150 (860) 482-5581 (203) 596-4140
Education Connection Foothills	(800) 300-4781
Hispanic Center of Greater Danbury	(203) 798-2855
Literacy Program of Danbury Public	(203) 790-2866
Literacy Volunteers of America Danbury Greater New Haven/Meriden	(203) 792-8260 (203) 235-1714
Naugatuck Valley Community College	(203) 575-8054 (203) 575-8203
Northwest CT Community College	(860) 738-6300
Osher Lifelong Learning Institute	(203) 236-9924
State of Connecticut Bureau of Adult Education and Nutrition Program	(860) 807-2121

Post University	(203) 596-4500
UConn Torrington Branch	(860) 626-6800
Waterbury Branch	(203) 236-9800
Western Connecticut State University	(203) 837-8200

ADULT DAY CARE

Programs that provide care for adults who need supervised activity during some part of the day. Services may include meals, social and recreational activities, and training to help with the activities of daily living.

Abbott Terrace Adult Day Center	(203) 755-4870
Almost Home, Danbury	(203) 743-6456
Senior Care of Middlebury	(203) 598-7642
Geer Adult Day Care Center	(860) 824-7067
Daybreak Adult Day Care	(203) 757-0106
Emeritus @ Litchfield Hills, Torrington	(860) 489-8022

ADVOCACY: BENEFITS

Programs that provide assistance for people who are having difficulty obtaining cash grants, services or other benefits to which they are entitled by law.

American Legion of CT	(860) 721-5942
Center for Medicare Advocacy	(800) 262-4414
Association of Religious Communities -Housing Advocacy	(203) 792-9450
Community Action Committee of Danbury	(203) 744-4700
Connecticut Legal Services	(800) 413-7797
In Waterbury	(203) 758-8074
Consumer Law Project For Elders	(800)-296-1467
Hispanic Center of Greater Danbury	(203) 798-2855
John J. Driscoll United Labor Agency	(203) 755-8745
New Opportunities, Inc.	(203) 575-9799
CT Department of Veteran Affairs/ Waterbury, District 5 Waterbury	(203) 805-6340

HOUSING: TRANSITIONAL LIVING

Programs that provide extended shelter (longer than two weeks but typically sixty days or more) for homeless people who indicate a willingness to participate in developing and implementing a case plan which has a goal of eventual independent living.

AMOS House, Danbury	(203) 791-9277
Danbury Housing Auth. Transitional Housing Program	(203) 744-2500
Elder Response Team Hotline	(203) 736-9944
Greater Danbury Mental Health Auth.	(203) 778-1640
New Opportunities – Transitional Housing Program, Waterbury	(203) 575-9799
Safe Haven of Greater Waterbury (Bus.) Crisis Hotline	(203) 575-0388 (203) 575-0036
Shelter of the Cross, Danbury	(203) 791-1050
Susan B. Anthony Project – Domestic Violence Service, Torrington Hotline	(860) 489-3798 (860) 482-7133

IN-HOME ASSISTANCE/ HOMEMAKING/ CHORE

Programs that help with routine household and yard activities for frail elderly, disabled or eligible needy individuals or for families whose normal routine has been disrupted by an emergency. This helps sustain independent living in a clean, safe and helpful home environment.

CHORE Program, NOW, Inc. (Chore Direct Line)	(203) 575-9799, (203) 575-4237
Helping Hands (Winsted) Chore	(860) 379-0888
Litchfield Chore Service (Morris)	(860) 567-7437
Rebuilding Together	(860) 350-2290
Sharon Chore Services	(860) 364-1003
Torrington Chore Service	(860) 489-2211 (860) 489-2580

HOUSING: HOMELESS SHELTERS

Programs that provide a temporary place to stay for people who are currently homeless.

Danbury, City of - Homeless Shelter	(203) 796-1661
Dorothy Day Hospitality House, Danbury	(203) 743-7988
Dept. of Social Services, Connecticut NW Regional Offices Danbury Torrington Waterbury	(203) 207-8900 (860) 496-6900 (203) 597-4000
Fish of Torrington – Homeless Shelter	(860) 482-7300
Harmony House for Women and Children Danbury	(203) 792-8609
Salvation Army Emergency Family Shelter, Waterbury	(203) 756-1718
Shelter of the Cross-Danbury	(203) 791-1050
St. Vincent De Paul Society, Waterbury	(203) 573-9018
NW CT YMCA , Winchester	(860) 379-0708

HOUSING: SPECIALIZED NEEDS

Programs that assist people to find and buy or rent affordable housing that meets their needs.

CCT Fair Housing Center	(888) 247-4401
CCT Housing Search	(877) 428-8844
Greater Danbury Mental Health Authority	(203) 778-1640
Independence Northwest	(203) 729-3299
New Opportunities, Inc.	(203) 575-9799
Northwest Mental Health Authority	(860) 496-3700
Shelter of the Cross	(203) 791-1050
Dept of Housing&Urban Development	(860) 240-4800

Statewide Legal Services of Connecticut	(800) 453-3320
Veterans Of Foreign Wars	(860) 721-5941

ADVOCACY: ETHNIC

Organizations that support and lobby for laws that protect and promote the rights and interests of one or more specific ethnic groups.

Multi-Cultural Leadership Institute	(203) 793-1952
Hispanos Unidos	(203) 781-0226
(NAACP) National Association for the Advancement of Colored People	(860) 727-9962
Puerto Rico Federal Affairs Administration	(202) 778-0710
State of Connecticut African-American Affairs Commission American Indian Affairs Coordinator, Environmental Protection Commission on Latino and Puerto Rican Affairs	(860) 240-8555 (860) 424-3066 (860) 240-8330

ADVOCACY: GAY/LESBIAN

Organizations that support and lobby for laws that protect and promote the rights and interests of individuals who are gay or lesbian and offer information/referrals and free legal advice.

Connecticut Women's Education And Legal Fund - Information	(800) 479-2949
Gay & Lesbian Advocates & Defenders	(800) 455-GLAD
Human Rights Campaign	(800) 777-4723
New Haven Gay & Lesbian Comm. Ctr.	(203) 387-2252
Triangle Community Ctr., Norwalk	(203) 853-0600

ADVOCACY: SENIOR

Organizations that support and lobby for laws that protect and promote the rights and interests of older adults in the community.

American Association of Retired Persons National Membership Line Northeast Regional Office State Director	(888) 687-2277 (617) 305-0432 (866) 295-7279
Eldercare Locator (National)	(800) 677-1116
Independence Northwest	(203) 729-3299
Retired & Senior Volunteer Program	(203)-575-4220
State Commission on Aging	(860) 240-5200
United Seniors in Action	(860) 297-5154
Waterbury TRIAD	(203) 757-5449
Western Connecticut Area Agency on	(203) 757-5449

ADVOCACY: WOMEN

Organizations that support and lobby for laws that protect and promote the rights and interests of women.

Connecticut Women and Disabilities Network	(800) 842-7303
Connecticut Women's Education and Legal Fund	(800) 479-2949
National Organization for Women	(860) 524-5978
State of Connecticut, Permanent Commission on the Status of Women	(860) 240-8300
Valley Women's Health Access Program	(203) 732-1330 x15

HOUSING: ASSISTED LIVING FACILITIES

Residential facilities that combine housing and supportive services in a homelike environment for people who need some help with activities of daily living (bathing, dressing, etc.).

Dept of Social Svcs Elderly Housing	(860) 424-5274
Dept. of Social Svcs Housing Options	(800) 443-9946
Please call 2-1-1 for more information - or the Western Connecticut Area Agency On Aging (203) 757-5449 or (800) 994-9422, for a Housing Directory.	
Ashlar of Newtown/Lockwood Lodge	(203) 426-5847
Ashlar Village/Pond Ridge	(203) 679-6425
Cascades Assisted Living at Bethel Health Care	(203) 830-7390
Brandywine Assisted Living, Litchfield	(860) 567-9500
Maplewood at Danbury	(203) 744-8444
East Hill Woods, Southbury	(203) 262-6868
Elim Park, Cheshire Elim Park Baptist Home	(800) 994-1776 (800) 272-3547,
Gardens, The, Danbury	(203) 748-0506
Geer Village, Canaan	(860) 824-8133
Homesteads at Newtown	(203) 426-8118
Kensington Green of Southbury	(203) 267-7100
Lockwood Lodge, Masonicare at Newtown	(203) 364-3179
Masonicare Healthcare Center	(203) 679-5901
Meadow Ridge, Redding	(203) 544-7777
Pomperaug Woods, Southbury	(203) 262-6555
Prospect Ridge, Ridgefield	(203) 431-9943
Ridgefield Crossings	(203) 431-2255
Summerville at Litchfield Hills	(860) 489-8022
Village at Brookfield Common	(203) 775-8696
Village at East Farms, Waterbury	(203) 757-7660
Watermark at East Hill, Southbury	(203) 262-6868

Corporation for Independent Living	(860) 563-6011
Connecticut Housing Investment Fund	(800) 992-3665
Independence Northwest: Center for Independent Living, Naugatuck	(203) 729-3299
USDA-Rural Development, Windsor	(860) 688-7725
Rebuilding Together	(860) 350-2290
<i>For more information please call 2-1-1, or the Western Connecticut Area Agency On Aging 800-994-9422.</i>	

HOUSING AUTHORITIES

Local housing programs that provide information about eligibility for subsidized housing. They accept Section 8 applications, provide Section 8 certificates, subsidize approved Section 8 rental payments, and/or administer public housing projects.

Torrington Torrington/Section 8	(860) 482-3581 (860) 482-1136
Waterbury	(203) 596-2640
Watertown	(860) 274-0598
Winchester	(860) 379-4573
Wolcott Senior Housing	(203) 879-8100

Bethel	(203) 797-9909
Brookfield	(203) 775-1403
Cheshire	(203) 272-7511
Danbury Danbury/Section 8	(203) 744-2500 (203) 448-2170
Harwinton	(860) 485-1200
Litchfield	(860) 567-5308
Morris	(860) 567-5876
Naugatuck	(203) 729-8214
North Canaan	(860) 824-0521
Ridgefield/Prospect Ridge Ridgefield/Ballard Green	(203) 431-9943 (203) 438-9845
Sharon	(860) 480-5053
Thomaston	(860) 283-5174

AUDIOLOGY (Hearing)

Programs that evaluate hearing loss and provide help for people whose hearing impairments cannot be improved by medical or surgical means.

American School for the Deaf	(860) 570-2300
Comm. on the Deaf/Hearing Impaired	(860) 231-1690 (860) 231-7623 After Hrs.
Easter Seals	(800) 874-7687
Easter Seal Center, Waterbury	(203) 754-5141
Gaylord Hospital	(866) 429-5673
Masonic Healthcare Center	(203) 679-6272
SCSU Ctr. for Communication Disorders	(203) 392-5954

Social Services, Connecticut Disabilities Services	(860) 424-5373
Social Services, Connecticut-NW Regional Offices:	
Danbury Office	(866) 277-7821
Torrington Office	(877) 405-0486
Torrington Office Toll Free	(800) 742-6906
Waterbury Office	(855) 626-6632
WCAAA	(203) 757-5449
WCAAA Toll Free	(800) 994-9422

CONSUMER COMPLAINTS

Programs where consumers can make complaints regarding problems they are having with consumer products or services and get help in resolving them.

Attorney General	(860) 808-5420
Better Business Bureau	(203) 269-2700
Connecticut State Dental Association	(860) 378-1800
Consumer Law Project for Elders Hotline	(800) 296-1467
Consumer Product Safety Commission (U.S.)	(800) 638-2772
Dep't. of Consumer Protection Hotline	(800) 842-2649
Dept. of Consumer Protection	(860) 713-7240
Medical Associations	
Fairfield County	(203) 372-4543
Hartford County	(800) 541-5083
Litchfield County	(860) 482-3310
New Haven County	(800) 541-5083
Medicare Part B	(800) 633-4227
SMP (Medicare Fraud and Abuse)	(800) 994-9422
Connecticut Department of Banking	(800) 831-7225
Insurance Department	(800) 203-3447
Commissioner	(860) 297 3801
Consumer Complaints	(860) 297-3900

HEALTH INSURANCE COUNSELING

Counseling for people who need help choosing appropriate health insurance; counselors may also answer questions about health insurance and help people complete insurance forms.

Please call the WCAAA's CHOICES Program or any of the following resources below for specific information.

Center for Medicare Advocacy	(800) 262-4414
Connecticut Social Services Husky (Managed Care Enrollment Broker)	(800) 656-6684
Connecticut Legal Services	(800) 413-7797
CT Partnership for Long Term Care	(800) 547-3443
Centers for Medicare & Medicaid Svcs	(800) 633 -4227
Qualidigm Hospital Rights and Quality of Care	(800) 553-7590
CT Department of Insurance	(800) 203-3447
Western Connecticut Area Agency on Aging - CHOICES Program	(203) 757-5449 (800) 994-9422

HOME EQUITY CONVERSIONS/REVERSE ANNUITY MORTGAGES

Programs that allow older adults to obtain cash from their homes without selling them in order to pay for home health care and other services and avoid going into a nursing home.

CT Housing Finance Authority, RAM	(860) 721-9501
DSS Elderly Services Information	(800) 443-9946
<i>For more information please call 2-1-1.</i>	

HOME MODIFICATION/REPAIR

Programs that help people adapt their homes in order to get around more easily: install ramps or elevators, widen doorways, install grab bars in showers and bathrooms, lower kitchen and other cabinets, or other modifications.

HEALTH CARE: OUTPATIENT FACILITIES

Health centers, clinics, departments within hospitals and other facilities that provide walk-in services for people who do not require a hospital stay.

Americares Free Clinics- Free Clinic of Danbury	(203) 748-6188
Charlotte Hungerford Northwest Walk-in Center	(860) 489-8444
Danbury Geriatric Health Center	(203) 791-5040
Danbury Hospital Primary Care of Southbury Ridgefield Primary Care Southbury Geriatric Center Women's Health Center	(203) 264-4200 (203) 438-6541 (203) 262-4240 (203) 797-7186
Griffin Hospital Convenient Care	(800) 354 -3094 x7229
Griffin Hospital Dental Clinic, Derby	(203)-736-5460
Masonic Healthcare Center	(877) 424-3537
Sharon Hospital Good Neighbors Program	(800) 666-6885
St. Mary's Children & Family Health Center	(203) 709-3800
St. Mary's Medical Walk-in Center Naugatuck	(203) 723-5636
Stay Well Health Center (80 Phoenix Avenue, Ste. 101), Waterbury	(203) 756-8021
Stay Well Health Center (So. Main St, Waterbury	(203)597-9044

HEALTH INSURANCE

Programs that issue insurance policies, that help pay for all, or a portion of the cost of hospital or medical care or lost income arising from an illness or injury. For a complete listing of approved plans in CT, call the WCAAA @ (203) 757-5449 or 1-(800) 994-9422.

Health Reinsurance Association	(800) 842-0004
State of CT Department of Insurance	(800) 203-3447

New Car Lemon Law Unit	(800) 538-2277
Department of Public Health	(860) 509-8000
Practitioners Investigation Unit	(800) 842-0038
Hospital & Facility Investigation Unit	(860) 509-7400
Medicare Hot Line	(800) 828-9769
CT Dept of Ombudsman's Office	(860) 424-5200
Regional Ombudsman's Office	(203) 597-4181
Attorney General's Office	(860) 808-5420
Protection and Advocacy for Persons with Disabilities	(860) 297-4300
Taxpayer Advocate Services	(860) 756-4555

CONSUMER MONEY MANAGEMENT

Programs that give advice and guidance to people who need help paying bills or managing finances.

Please call 2-1-1, or the Western Connecticut Area Agency On Aging or use the references below.	
La Casa Bienvenida - Senior Support Services (Bilingual)	(203) 754-5684
NO Inc. Money Management Program	(203) 575-4220
Consumer Law Project For Elders	(800) 296-1467
Consumer Credit Counseling Services	(800) 450-2808

COUNSELING

Programs that provide emotional support, assistance, information and guidance to individuals who are having problems with a difficult relationship or in crisis.

* Provide counseling for alcohol and/or drug abuse

Catholic Charities, Inc. * Danbury (Recovery only) Torrington (Recovery only) Waterbury (Help Inc.),	(203) 743-4412 (203) 735-7481 (860) 482-5558 (203) 755-1196
Central Naugatuck Valley Help *	(203) 756-8984
Charlotte Hungerford Hospital Behavioral Health Center	(860) 496-6350
Community Partners in Action *	(860) 566-2030
Connecticut Counseling Centers – Waterbury	(203) 755-8874
Danbury Hospital Behavioral Center	(203) 207-5480
DMHAS, Referral Service	(800) 446-7348
Family and Children's Aid, Danbury	(203) 748-5689
Newtown Youth & Family Services	(203) 426-8103
Family Intervention Center *	(203) 753-2153
Family Services of Greater Waterbury	(203) 756-8317
Hispanic Center of Greater Danbury	(203) 798-2855
Interface Center	(860) 354-5116
Jewish Federation	(203) 267-3177
Latinos/as Contra Sida *	(860) 296-6400
McCall Foundation * Torrington	(860) 496-2100
Midwestern Connecticut Council of Alcoholism (Inpatient) *	(203) 792-4515
Morris Foundation *	(203) 575-1603
New Milford Hospital Behavioral Health Center	(860) 354-3762
Northwest Center for Family Services and Mental Health Lakeville Torrington Winsted	(800) 704-1104 (860) 435-2529 (860) 482-8561 (860) 379-3337

Danbury Regional Advocacy Center	(203) 748-4542
Health Insurance for Children Husky B Husky Health Infoline	(800) 656-6684 (877) 284-8759
Naugatuck YMCA	(203) 729-9622
Newtown Youth & Family Services, Inc.(Family Counseling Center)	(203) 426-8103
Torrington YMCA (NW)	(860) 489-3133
Western Connecticut Area Agency on Aging	(203) 757-5449 (800) 994-9422
Support Groups – Infoline	2-1-1

HEALTH CARE: HOSPITALS

Health care facilities that operate twenty-four hours a day and which offer diagnostic and treatment services as well as emergency and critical care services for people with illnesses or injuries which require immediate, short-term intervention.

Charlotte Hungerford Hospital	(860) 496-6666
Danbury Hospital	(800) 284-3262
Masonic Healthcare Center Acute Care Unit	(203) 679-5901
New Milford Hospital	(860) 355-2611
Sharon Hospital	(860) 364-4141
St. Mary's Hospital, Waterbury	(203) 709-6000
University of Connecticut Health Center, Farmington	(860) 679-2000
Waterbury Hospital	(203) 573-6000
Yale-New Haven Hospital	(203) 688-4242

FUEL PROGRAMS

(See Also Utility Assistance)

Community Action Comm. Of Danbury (CACD)	(203) 748-5422
Energy Assistance/Heating costs (NOW Inc.)Main Office	(203) 756-8151 Wtby. (860) 243-2345
Please call 2-1-1 or the Western Connecticut Area Agency On Aging for agency referrals.	

GERIATRIC ASSESSMENT

Programs that evaluate the physical, psychological and/or social functioning of elderly people to find the causes of problems they may be experiencing and to identify possible solutions.

Center for Comprehensive/Shelton	(203) 225-0504
Danbury Hospital – Geriatric Health Center in Southbury	(203) 262-4240
Masonic Healthcare Center	(203) 679-5900
Geriatric Health	(203) 679-6370
New Milford Hospital – Behavioral Health Services	(860) 354-3762
Sharon Hospital – Senior Behavioral Health Center	(860) 364-4288
U.S. Department of Veteran Affairs Newington	(860) 666-6951
Waterbury Hospital Geropsychiatry	(203) 573-6525
Yale New Haven Hospital	(203) 688-6361

GRANDPARENTING CONCERNS

Programs and services to assist grandparents who are raising their grandchildren.

Sharon Behavioral Health Center	(860) 364-4204
Southbury-Middlebury Youth and Family Services (Not Seniors)	(203) 598-3303 (203) 758-1441
St. Mary's Behavioral Health Clinic	(800) 321-8244

US Department of Veterans Affairs – New England Health Care Systems West Haven Clinic Newington Clinic	(203) 932-5711 (860) 666-6951
Waterbury Hospital Behavioral Health West Main Behavioral Health*	(203) 573-7500
Wellpath Behavioral Health for Children & Family Naugatuck	(203) 756-7287 (203) 723-9599

DISASTER SERVICES

Public and private programs that *provide emergency planning, preparedness, mitigation, response, relief and/or recovery services prior to, during and after a major fire, flood, hurricane, earthquake, tornado, tsunami, volcanic eruption, landslide, mudslide, snowstorm, drought, famine, explosion or nuclear accident, the outbreak of civil unrest, or other large-scale emergency of natural or human origin that disrupts the normal functioning of a community.* **Contact your local city/ town hall or health department for the location of your emergency shelter or call 2-1-1.**

DOMESTIC VIOLENCE SHELTER

Programs that provide counseling and temporary emergency shelter for women who have experienced domestic violence and for their children. Such facilities provide counseling and a full range of secondary services related to domestic violence including referral to appropriate resources.

Elder Response Team	(203) 736-9944
Safe Haven of Greater Waterbury Hotline	(203) 575-0036
Statewide DVS	(888) 774-2900
Susan B. Anthony Project, Torrington	(860) 482-7133
Women's Center of Greater Danbury	(203) 731-5206
Statewide DVS (24 hour)	(888) 774-2900
Women's Support Services, Sharon	(860) 364-1900

ELDER HOME CARE SUBSIDIES

(See also Respite - or Caregiver Assistance)

Programs that help with the cost of eldercare for qualifying persons.

Department of Social Services	
Alternate Care Unit, Central Office	(800) 445-5394
Or	(860) 424-4904
Western Connecticut Area Agency on Aging - Alzheimer's Respite Care Program	(203) 757-5449 (800) 994-9422
Western Connecticut Area Agency on Aging- National Family Caregiver Support Program	(203) 757-5449 (800) 994-9422

EMERGENCY FINANCIAL AID (LIMITED)

Most towns' social service departments have access to emergency funds for their residents or can quickly research non-municipal resources. Please call 2-1-1 or the Western Connecticut Area Agency on Aging for more information or referral.

Programs that provide

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EMPLOYMENT (See Also Senior Community Service Employment Program (SCSEP))

CT Works One Stop Center	(203) 437-3380 Ext. 304 Voice
Associates For Training & Development	(203) 721-6203, Ext. 207 Voice
NW Regional Workforce Investment	(203) 574-6971
WIA Program	(203) 437-3380,
DISABILITY RELATED BASED EMPLOYMENT: State of CT Development Services Waterbury ARC VA Industries Compensated Work	(203) 805-7400 (203) 575-0707 (203) 931-9095 (860) 666-6951

Not listed because there are so many locations. Please call 2-1-1 for locations in your area.

FRIENDLY VISITING/COMPANIONS

Programs that use "friendly visitors" to call on people who are isolated due to disability or old age. Visitors help brighten their day and maintain contact with the outside world by reading, talking, listening, writing letters or performing other similar tasks.