A Guide to Housing Options for Older Adults & Persons with Disabilities

Western Connecticut Area Agency on Aging

84 Progress Lane
Waterbury, CT 06705
1.800.994.9422 or 203.757.5449
Web Address: www.wcaaa.org
e-mail: info@wcaaa.org

March 2015
Index

Area served page 2

Assisted Living page 6

Financial Assistance Programs page 35-37

Housing Authorities page 33-34

Resident Services Coordinators page 4

Retirement Communities and Continuing Care Retirement Communities page 5

Skilled Nursing Facility page 6

Senior Housing page 7
AREA SERVED BY THE WESTERN CT AREA ON AGING

The **Western CT Area Agency on Aging, Inc. (WCAAA)** is pleased to distribute this “Guide to Housing Options for Older Adults” covering our 41 towns in the Western CT area. WCAAA staff members have spent many hours researching and confirming specifics concerning housing options contained in this guide.

Please feel free to call the WCAAA with corrections and specific comments relative to this directory at 1-800-994-9422 (within 41 town area) or 203-757-5449. Comments are also accepted if emailed to westernctaaa@sbcglobal.net. Please visit our web site for additional services available through the WCAAA ([www.wcaaa.org](http://www.wcaaa.org)).

This publication was produced by the WCAAA with funds from the State of Connecticut and the Older Americans Act through the State Department of Aging.

**C.H.O.I.C.E.S and Community Choices**

C.H.O.I.C.E.S is coordinated by the Department of Aging and is operated through the State’s five Area Agencies on Aging. CHOICES refers to Connecticut’s programs for Health insurance assistance, Outreach, Information and referral, Counseling and Eligibility Screening. The CHOICES unit provides free *unbiased* information and assistance about Medicare choices, Medicare Supplemental Insurance and other related state and federal programs.

Community Choices is a powerful information hub linking older adults, persons 18 and over living with disabilities, and caregivers in Connecticut to the services and supports they seek. Our dedicated staff can connect you to everything from a name and phone number to more detailed information regarding community services through activities such as benefit screening, options counseling, and care transitions.

Area Agencies on Aging serve as a “one stop,” central information source for senior services, a referral service to local providers and a counseling resource for individuals who need assistance with health insurance, nursing homes or other alternative care placements.

For more information, contact the Western CT Area Agency on Aging at 203-757-5449 or 1-800-994-9422.
Resident Services Coordinators (RSC)

Elderly housing communities and management companies may employ Resident Services Coordinators to help individuals residing in their communities. Resident Services Coordinators perform an array of functions that help improve the quality of residents’ lives. Most importantly, they help residents receive the supportive services they need to live independently in their apartments. Functions performed by resident services coordinators may include identifying residents who are in need, determining necessary or desired services and coordinating and monitoring service delivery. In addition to assisting individual residents with supportive services, services coordinators address broader concerns that affect entire housing communities. They serve as resident advocates and may organize social activities. Resident Services Coordinators can work full or part time; they can work exclusively for one community or have the responsibility of providing service coordination for multiple housing sites.

HOUSING DEFINITIONS

Housing environments may differ regarding the services they are required to provide, as well as the services they are prohibited offering. In addition to providing different types of services (e.g. Assisted Living, Alzheimer's Independent living, etc.), housing communities can offer varying degrees of the same service. They also vary in terms of: 1) the residents they serve, 2) whether they are required to be licensed to operate, 3) their conditions for requiring when residents must move to another level of care and 4) costs.
Continuing Care Retirement Communities

Continuing care retirement communities (CCRCs) are also sometimes referred to as life care communities. These communities are designed and operated to assure residents, through contractual agreements, lifetime living accommodations and a wide variety of services, including a specified package of long term health and nursing services. Each resident must enter into a contract with a continuing care provider in order to obtain residency. These contracts are often referred to as residency agreements. A resident’s entry into such an agreement requires the payment of an entrance fee. The residency agreement guarantees that the continuing care provider will supply housing and access to health related services for the life of the resident in exchange for an entrance fee and monthly fees. CCRCs offer various types of care which enable residents to remain on campus and move from one level of care to another as their needs change. Prospective residents must be able to maintain themselves in their apartments at the time of admission and are usually asked to complete a health screen as part of the admission process.

Retirement Communities

Retirement communities are age restricted, but the age requirement may vary by community. These communities are typically designed for older individuals who are in reasonably good health and can live independently. Some communities offer rental units, while others require residents to purchase their units. Units can exist in any form in which housing is created, for example, single family homes, condominiums, townhouses, apartments, cooperatives or mobile homes. Retirement communities vary in terms of the kinds of services they provide and the fees they charge. Communities may feature extensive recreational and leisure activities; they may also offer supportive services. Communities may offer a few supportive services, or they may offer a more comprehensive service package that provides residents a spectrum of health care and supportive services. Some retirement communities are strictly geared for independent living, and they do not assist residents in obtaining supportive services. Residents of these communities must arrange and pay for the supportive services they use.
Skilled Nursing Facilities

Also known as Chronic and Convalescent Nursing Homes, Skilled Nursing Facilities provide the most comprehensive level of care for individuals with chronic and/or uncontrolled or unstable conditions, including those requiring substantial daily assistance with personal care. Skilled nursing is provided under medical supervision for non-surgical treatment of chronic diseases or convalescent stages of acute diseases or injuries. Some nursing home residents also may have physical or mental impairments that keep them from living independently. Skilled nursing care is provided under medical supervision and direction to carry out non-surgical treatment and dietary procedures for chronic diseases or convalescent stages of acute diseases or injuries. Residents of these facilities need nursing care, but they do not require hospitalization.

Assisted Living

An assisted living designation in this directory is reserved for managed residential communities that provide supportive services to residents with an entity that is licensed by the Connecticut Department of Public Health as an Assisted Living Services Agency (ALSA). A managed residential community may hold a license as an ALSA, or it may provide supportive services through a contract with a licensed, assisted living provider. The managed residential community and the ALSA each have specific responsibilities that are mandated by Connecticut statute. Residential communities must provide core services that include laundry, transportation and housekeeping services, meals, recreational activities and maintenance, including chore services for routine domestic tasks.

The ALSA does not usually provide skilled medical services directly. Residents of assisted living communities may be independent or may have chronic and stable conditions as determined by a physician or health care practitioner. Residents typically live in apartment style units and pay monthly fees. Additional fees may be charged for extra services.
Senior Housing

Congregate housing provides residents private living arrangements with moderate supportive services and common areas for dining, socialization and other activities. These communities furnish at least one daily meal which is usually included in the monthly fee, housekeeping services and a variety of social and recreational activities. They are generally meant for individuals who are basically self-sufficient, but need a few services to help them to live independently. Congregate housing does not generally offer in-unit assistance or health care services. Congregate communities may have a Resident Services Coordinator on staff to help residents arrange for services that are not provided by the housing community. To be considered a congregate site in this directory, the community must minimally provide one meal per day in a communal setting, some assistance with housekeeping, transportation and other services.

Independent living is rental housing communities that are age restricted. Some communities may allow occupancy to younger persons with disabilities. Individuals typically gain residency in these communities by entering into rental contracts or leases. These communities generally do not have the range of amenities found in many upscale retirement communities. Services, amenities, house rules and occupancy requirements vary by community and are influenced by housing manager’s decisions, as well as by federal, state and/or local laws and policies. These communities are not licensed, but they must comply with building and safety codes regarding the design, construction and safety features of their buildings. These communities are generally meant for individuals whose health and physical mobility enable them to live independently with minimal assistance. Supportive services may be used by residents to maintain independent lifestyles; however, residents or their family members responsible for acquiring such services. Some communities may employ Resident Services Coordinators who can enhance residents’ abilities to live independently by helping them access community based services.
**Bantam**

**Senior Housing**

Bantam Village
48 West Street
Litchfield, CT 06750-1719

**Bethel**

**Assisted Living**

Cascades
13 Park Lawn Drive
Bethel, CT 06801-1043

**Senior Housing**

Bishop Curtis Congregate
101 Simeon Road
Bethel, CT 06801

Bishop Curtis Homes
28 Simeon Road
Bethel, CT 06801-1904

Reynolds Ridge
25 Reynolds Ridge
Bethel, CT 06801

**Skilled Nursing Facility**

Bethel Health Care
13 Park Lawn Drive
Bethel, CT 06801
**Bethlehem**

**Senior Housing**

**North Purchase**
11 Jackson Lane
Bethlehem, CT 06751
Phone: 203-266-5353
Age: 62+ or Persons with Disabilities - Units: 25

**Brookfield**

**Assisted Living**

**Village at Brookfield Common**
246 Federal Road
Brookfield, CT 06804
Phone: 203-775-8696
www.benchmarkquality.com
Units: 100 units

**Senior Housing**

**Brooks Quarry Housing Authority**
3 Brooks Quarry Road
Brookfield, CT 06804
Phone: 203-775-1403
Age: 62+ or Persons with Disabilities - Units: 35

**Canaan**

**Assisted Living**

**Geer Village**
77 South Canaan Road
Canaan, CT 06018-2517
Phone: 860-824-8133
www.geercares.org
Units: 57 units
Program Director
Phone: 860-824-2637
Senior Housing

**Beckley House**
85 South Canaan Road
Canaan, CT 06018
Phone: 860-824-7884
Age: 62+ or Persons with Disabilities - Units: 24

**Geer Village**
77 South Canaan Road
Canaan, CT 06018
Phone: 860-824-8133
Age: 62+ or Persons with Disabilities - Units: 33

**Wangum Village**
132 Quinn Street
North Canaan, CT 06031
Phone: 860-824-0521
Age: 62+ or Persons with Disabilities - Units: 45

Skilled Nursing

**Geer Nursing and Rehab. Center**
99 South Canaan Road
Canaan, CT 06018
Phone: 860-824-5137
Units: 120

Cheshire

Assisted Living

**Elim Park Baptist Home**
140 Cook Hill Road
Cheshire, CT 06410-3736
Phone: 203-272-3547
www.elimpark.com
Units: 218 units

Senior Housing

**Beachport Apartments**
50 Rumberg Road
Cheshire, CT 06410-2452
Phone: 203-272-7511
Age: 62+ or Persons with Disabilities - Units: 48

**Cheshire Hillside Village I & II**
175 East Mitchell Avenue
Cheshire, CT 06410-4125
Phone: 203-272-3781
Age: 62+ or Persons with Disabilities - Units: 100
Elim Park Baptist Home
140 Cook Hill Road
Cheshire, CT 06410
Phone: 203-272-3547
Age: 62+ or Persons with Disabilities - Units: 42

Hillside Village
(Privately owned condos)
175 East Mitchell Avenue
Cheshire, CT 06410-4125
Phone: 203-239-5060
62+ or Persons with Disabilities
Units: 82 Condominiums

Rest Homes

Marbridge Retirement Center
665 West Main St
Cheshire, CT 06410
Toll Free: 800-994-776
203-272-2901
Units: 25 units

Southwick at Cheshire
50 Southwick Court
Cheshire, CT 06410
Phone: 203-271-0255
Units:

Skilled Nursing

Elim Park Baptist Home, Inc.
140 Cook Hill Road
Cheshire, CT 06410
Phone: 203-272-3547
www.elimpark.com
60 long-term, 30 rehab

Highlands Health Care Center
745 Highland Avenue
Cheshire, CT 06410
Phone: 203-272-7285
Units: 120 short-term

Danbury

Assisted Living

Maplewood at Danbury
22 Hospital Avenue
Danbury, CT 06810-5945
Phone: 203-312-7910
Units: 29-Memory Patients
Units: 64
Maplewoodatdanbury.com
The Gardens
8 Glen Hill Road
Danbury, CT 06811
Phone: 203-748-0506
www.thegardensct.com
Units: 50 units

Senior Housing

Bishop Curtis Homes
(Augustana Homes)
88 Main Street
Danbury, CT 06810
Phone: 203-791-8510
Units: 40

Crosby Manor
84 West Wooster Street
Danbury, CT 06810
Phone: 203-744-2500
62+ or Persons with Disabilities
Units: 50

Danbury Commons
51 Main Street
Danbury, CT 06810-8087
Phone: 203-743-4757
62+ or Persons with Disabilities - Units: 150

Danbury Towers
40 William Street
Danbury, CT 06810
Phone: 203-748-6670
62+ or Persons with Disabilities - Units: 80

Glen Apartments
25 Memorial Drive
Danbury, CT 06810
Phone: 203-744-2500
203-798-6350
Units: 100

Ives Manor
198 Main Street
Danbury, CT 06810
Phone: 203-744-2500
203-797-0301
Units: 98

Kimberly Place
19 Main Street
Danbury, CT 06810
Phone: 203-797-1919
Units: 116

Palace View Senior Housing
132 Main Street
Danbury, CT 06810
Phone: 203-778-5502
Handicapped units present
Units: 70
Putnam Tower
25 Beaver Street
Danbury, CT 06810
Phone: 203-744-2500
203-743-6092
Units: 54 1-bedroom

Wooster Manor
36 West Wooster Street
Danbury, CT 06810
Phone: 203-744-2500
203-744-0239
Units: 98 1-bedroom

Rest Homes

Brookside Rest Home, Inc.
134 Franklin Street Ext.
Danbury, CT 06810
Phone: 203-743-9130
Units: 20

Harborside Glen Crest
3 Glen Hill Road
Danbury, CT 06811
Phone: 203-790-9161
Units: 49

Skilled Nursing Facility

Danbury Health Care Center
107 Osborne Street
Danbury, CT 06810
Phone: 203-792-8102
Units: 180

Filosa Convalescent Home, Inc.
13 Hakim Street
Danbury, CT 06810
Phone: 203-744-3366
Units: 64

Hancock Hall
31 Staples Street
Danbury, CT 06810
Phone: 203-794-9466
Units: 96

Harborside Healthcare
Glen-Hill Rehab. Center
1 Glen Hill Road
Danbury, CT 06811
Phone: 203-744-2840
Units: 100

Pope John Paul II Center for Health Care
33 Lincoln Avenue
Danbury, CT 06810
Phone: 203-797-9300
Units: 141
**Harwinton**

**Senior Housing**

Wintergreen
21 Wintergreen Circle
Harwinton, CT 06791

Phone: 860-485-1200
Age: 62+ or Persons with Disabilities - Units: 20

**Kent**

**Senior Housing**

Templeton Farm Apartments
16 Swift Lane
Kent, CT 06757

Phone: 860-927-4000
Age: 62+ or Persons with Disabilities - Units: 24
www.ehmchm.org

**Rest Homes**

Morning Star
38 Elizabeth Street
Kent, CT 06757

Phone: 860-927-3272
Units: 18

**Skilled Nursing Facility**

The Kent
46 Maple Street
Kent, CT 06757

Phone: 860-927-5368
apple-rehab.com
Units: 90

**Litchfield**

**Assisted Living**

Brandywine Assisted Living
19 Constitution Way
Litchfield, CT 06759

Phone: 860-567-9500
Units: 80
Senior Housing

Bantam Falls
Doyle Road
Litchfield, CT 06759
Phone: 860-567-5308
Age: 62+ or Persons with Disabilities - Units: 36

Wells Run
111 Wells Run Rd
Litchfield, CT 06759
Phone: 860-567-5308
Age: 62+ or Persons with Disabilities - Units: 30

Rest Homes

Fernwood Rest Home, Inc.
400 Torrington Road
Litchfield, CT 06759
Phone: 860-567-9558
Units: 64

Rose Haven
31 North Street
Litchfield, CT 06759
Phone: 860-567-9475
Units: 15

Skilled Nursing

Rose Haven
31 North Street
Litchfield, CT 06759
Phone: 860-567-9475
Units: 25

Middlebury

Senior Living

Woodside Heights
500 Woodside Avenue
Middlebury, CT 06762
Phone: 203-758-2936
Age: 62+
Units: 70 1-bedroom
www.ehmchm.org

Woodside Heights Elderly Housing
500 Woodside Avenue
Middlebury, CT 06762
Phone: 203-758-2936
Age: 62+
Units: 64
New Horizons, Inc.
11 Nutmeg Road
Middlebury, CT 06762
Phone: 860-673-8893
Age: 18+ Persons with Disabilities - Units: 100

Senior Housing

Benson Woods
103 Periwinkle Dr
Middlebury, CT 06762
Phone: 203-758-9990
55+
Units: 79

Skilled Nursing

Middlebury Convalescent Home, Inc.
778 Middlebury Road
Middlebury, CT 06762
Phone: 203-758-2471
Units: 58

Morris

Senior Housing

Eldridge Senior Housing
109 East Street
Morris, CT 06763-1836
Phone: 860-567-5876
Units: 20

Naugatuck

Senior Housing

George B. Lewis I
71 Osborne Road
Naugatuck, CT 06770
Phone: 203-729-8214
Age: 62+
Units: 52

George B. Lewis II
1013 Weid Drive
Naugatuck, CT 06770
Phone: 203-729-8214
Age: 62+
Units: 54
**Oak Terrace**  
53 Conrad Street  
Naugatuck, CT 06770  
Phone: 203-723-9201  
Age: 62+ or Persons with Disabilities - Units: 29

**Robert E. Hutt Congregate**  
480 Millville Avenue  
Naugatuck, CT 06770  
Phone: 203-723-2972  
Age: 62+ or Persons with Disabilities - Units: 36

**Freelove Manor**  
246 Quinn Street  
Naugatuck, CT 06770  
Phone: 203-729-5050  
Units: 8

**Rest Homes**

**Beacon Brook Health Center**  
89 Weid Drive  
Naugatuck, CT 06770  
Phone: 203-729-9889  
www.athenahealthcare.com  
Units: 126

**Glendale Center**  
4 Hazel Avenue  
Naugatuck, CT 06770-4794  
Phone: 203-723-1456  
genesishcc.com  
Units: 119

**New Milford**

**Senior Housing**

**Butter Brook Hill Apartments**  
105 Butter Brook Hill  
New Milford, CT 06776  
Phone: 860-355-0814  
Age: 62+  
Units: 102

**Chestnut Grove**  
200 Chestnut Grove  
New Milford, CT 06776  
Phone: 860-350-9950  
Age: 62+  
Units: 40

**Glen Ayre**  
1 Glen Ayre Drive  
New Milford, CT 06776  
Phone: 860-350-6505  
Age: 62+  
glenayre@ehmchm.org  
Units: 51
Skilled Nursing Facility

Candlewood Valley Health & Rehab.
30 Park Lane East
New Milford, CT 06776
Phone: 860-355-0971
Units: 148

Village Crest Center for Health & Rehabilitation
19 Poplar Street
New Milford, CT 06776
Phone: 860-354-9365
Units: 99

Newtown

Assisted Living

Lockwood Lodge at Masonic Care at Newtown
139 Toddy Hill Road
Newtown, CT 06470
Phone: 203-426-5847
www.masonicare.org
Units: 125

Maplewood at Newtown
166 Mt. Pleasant Road
Newtown, CT 06470
Phone: 203-426-8118
Units: 100

Senior Housing

Nunnawauk Meadows
3 Nunnawauk Road
Newtown, CT 06470
Phone: 203-426-5000
Age: 62+ or Persons with Disabilities - Units: 134
Nunnawaukmeadows.com

Skilled Nursing Facility

Masonic Care of Newtown
139 Toddy Hill Road
Newtown, CT 06470
Phone: 203-426-5847
Units: 150
Norfolk

Senior Housing

Meadowbrook Apartments
9 Shepard Road
Norfolk, CT 06058-1197

Phone: 860-542-5470
Age: 62+ or Persons with Disabilities - Units: 28

North Canaan

Senior Housing

Station Place Apartments
101-107 Main Street
North Canaan, CT 06018

Phone: 860-824-7979
Age: 55+ or Persons with Disabilities - Units: 37
stationplace@att.net

Wangum Village
132 Quinn Street
North Canaan, CT 06018

Phone: 860-824-0521
Ages: 62+ or Persons with Disabilities - Units: 44

Oakville

Senior Housing

Woodview Apartments
88 Cobb Street
Oakville, CT 06779

Phone: 860-274-1789
Ages: 62+ or Persons with Disabilities - Units: 80

Prospect

Skilled Nursing

Paradigm Healthcare of Prospect
25 Royal Crest Drive
Prospect, CT 06712-1486

Phone: 203 758-4431
Units: 120
Redding

**Assisted Living**

**Meadow Ridge**
100 Redding Road
Redding, CT 06896

Phone: 203-544-1000
Toll Free 877-544-8100
Units: 20

**Senior Housing**

**Meadow Ridge**
100 Redding Road
Redding, CT 06896

Phone: 203-544-1000
Ages: 62+ or Persons with Disabilities - Unit: 332

**Skilled Nursing**

**Meadow Ridge**
100 Redding Road
Redding, CT 06896-

Phone: 203-544-1000
Units: 56

Ridgefield

**Assisted Living**

**Ridgefield Crossings**
640 Danbury Road
Ridgefield, CT 06877

Phone: 203-431-2255
www.benchmarkquality.com
Units: 123

**Senior Housing**

**Ballard Green**
25 Gilbert Street
Ridgefield, CT 06877

Phone: 203-438-9845
Ages: 62+ or Persons with Disabilities - Units: 65

**Prospect Ridge**
51 Prospect Ridge
Ridgefield, CT 06877

Phone: 203-431-9943
Units: 34
Skilled Nursing Facility

Laurel Ridge Health Care Center
642 Danbury Road
Ridgefield, CT 06877-2719
Phone: 203-438-8226
Units: 126

Roxbury

Senior Housing

Bernhardt Meadow
19 Bernhardt Meadow Lane
Roxbury, CT 06783
Phone: 860-355-3017
Unit: 18

Salisbury

Senior Housing

Noble Horizons
17 Cobble Road
Salisbury, CT 06068
Phone: 860-435-9851
Units: 16

Noble Horizons
17 Cobble Road
Salisbury, CT 06068
Phone: 860-435-9851
Units: 24

Skilled Nursing

Noble Horizons
17 Cobble Road
Salisbury, CT 06068
Phone: 860-435-9851
Units: 91
### Sharon

**Skilled Nursing**

<table>
<thead>
<tr>
<th>Facility Name</th>
<th>Address</th>
<th>Phone</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sharon Health Care Center</td>
<td>27 Hospital Hill Road</td>
<td>860-364-1002</td>
<td>88</td>
</tr>
<tr>
<td></td>
<td>Sharon, CT 06069</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Southbury

**Assisted Living**

<table>
<thead>
<tr>
<th>Facility Name</th>
<th>Address</th>
<th>Phone</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Hearth at Southbury</td>
<td>655 Main Street South</td>
<td>203-267-7100</td>
<td>124</td>
</tr>
<tr>
<td></td>
<td>Southbury, CT 06488</td>
<td><a href="http://www.thehearth.net">www.thehearth.net</a></td>
<td></td>
</tr>
<tr>
<td>Pomperaug Woods</td>
<td>80 Heritage Road</td>
<td>203-262-6555</td>
<td>144</td>
</tr>
<tr>
<td></td>
<td>Southbury, CT 06488</td>
<td><a href="http://www.pomperaugwoods.com">www.pomperaugwoods.com</a></td>
<td></td>
</tr>
<tr>
<td>The Watermark at East Hill Woods</td>
<td>611 East Hill Road</td>
<td>203-262-6868</td>
<td>164</td>
</tr>
<tr>
<td></td>
<td>Southbury, CT 06488</td>
<td><a href="http://www.easthillwoods.com">www.easthillwoods.com</a></td>
<td></td>
</tr>
</tbody>
</table>

**Senior Housing**

<table>
<thead>
<tr>
<th>Facility Name</th>
<th>Address</th>
<th>Phone</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grace Meadows I, II,</td>
<td>380 North Poverty Road</td>
<td>203-264-3228</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>Southbury, CT 06488</td>
<td>62 + or Persons with Disabilities - Units: 48</td>
<td></td>
</tr>
<tr>
<td>Grace Meadows III &amp; IV</td>
<td>273 Roxbury Road</td>
<td>203-264-3311</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Southbury, CT 06488</td>
<td>62 + or Persons with Disabilities - Units: 40</td>
<td></td>
</tr>
<tr>
<td>Lutheran Home of Southbury</td>
<td>990 Main St North</td>
<td>203-264-9135</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td>Southbury, CT 06488</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Pomperaug Woods  
80 Heritage Road  
Southbury, CT 06488  
Phone: 203-262-6555  
62 + or Persons with Disabilities - Units: 10

White Oak Manor  
688 Main Street North  
Southbury, CT 06488  
Units: 16

Assisted Living

Pomperaug Woods  
80 Heritage Road  
Southbury, CT 06488  
Units: 16

Lutheran Home of Southbury  
990 Main Street North  
Southbury, CT 06488  
Phone: 203-264-9135  
Units: 118

Pomperaug Woods  
80 Heritage Road  
Southbury, CT 06488  
Phone: 203-262-6555  
Units: 30

River Glen Health Care  
162 South Britain Road  
Southbury, CT 06488  
Phone: 203-264-9600  
Units: 120

The Watermark at East Hill  
611 East Hill Road  
Southbury, CT 06488  
Phone: 203-262-6868  
Units: 164

Thomaston  

Senior Housing

Green Manor  
63 Green Manor  
Thomaston, CT 06787  
Phone: 860-283-5174  
62+ or Persons with Disabilities - Units: 62
<table>
<thead>
<tr>
<th>Location</th>
<th>Type</th>
<th>Address</th>
<th>Phone Number</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grove Manor</strong></td>
<td></td>
<td>11 Grove Street, Thomaston, CT 06787</td>
<td>860-283-5607</td>
<td>27</td>
</tr>
<tr>
<td><strong>Torrington</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Assisted Living</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emeritus at Litchfield Hills</td>
<td></td>
<td>376 Goshen Road, Torrington, CT 06790</td>
<td>860-489-8022</td>
<td>68</td>
</tr>
<tr>
<td><strong>Senior Housing</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Laurel Acres &amp; Laurel Acres Annex</td>
<td></td>
<td>523 Torringford West Street, Torrington, CT 06790</td>
<td>860-482-3581</td>
<td>56</td>
</tr>
<tr>
<td>Michael Koury Terrace</td>
<td></td>
<td>Tucker Drive, Torrington, CT 06790</td>
<td>860-482-3581</td>
<td>100</td>
</tr>
<tr>
<td>Thompson Heights</td>
<td></td>
<td>301 Litchfield Street, Torrington, CT 06790</td>
<td>860-482-3581</td>
<td>35</td>
</tr>
<tr>
<td>Torringford West Apartments</td>
<td></td>
<td>356 Torringford West Street, Torrington, CT 06790</td>
<td>860-489-7328</td>
<td>79</td>
</tr>
<tr>
<td>Torrington Towers</td>
<td></td>
<td>52 Summer Street, Torrington, CT 06790</td>
<td>860-482-3581</td>
<td>200</td>
</tr>
<tr>
<td>Willow Gardens</td>
<td></td>
<td>52 Willow Street, Torrington, CT 06790</td>
<td>860-482-3581</td>
<td>39</td>
</tr>
</tbody>
</table>
Workman Apartments
244 Forest Street
Torrington, CT 06790 Units: 37 rooms
Phone: 860-482-0016

Skilled Nursing

Torrington Health & Rehabilitation Center
225 Wyoming Avenue
Torrington, CT 06790-6043
Phone: 860-482-8563
Units: 120

Litchfield Woods Health Care Center
255 Roberts Street
Torrington, CT 06790
Phone: 860-489-5801
Units: 160

Paradigm Healthcare Center of Torrington
80 Fern Drive
Torrington, CT 06790-3807
Phone: 860-482-7668
Units: 90

Valerie Manor
1360 Torringford Street
Torrington, CT 06790
Phone: 860-489-1008
Units: 151

Wolcott Hall Nursing Center
215 Forest Street
Torrington, CT 06790
Phone: 860-482-8554
Units: 87

Washington

Senior Housing

Riverwoods
90 Wooster Road
Washington, CT 06794
Phone: 860-335-3984
Units: 12
## Waterbury

### Assisted Living

**Village at East Farms**  
180 Scott Road  
Waterbury, CT 06705-3296  
Phone: 203-757-7660  
villageateastfarms.com  
Units: 120 units

### Senior Housing

**Abbott Towers**  
255 North Main Street  
Waterbury, CT 06704  
Phone: 203-755-2416  
62 + or Persons with Disabilities - Units: 54

**Bishop Schoolhouse Apartments**  
47 Beacon Street  
Waterbury, CT 06704  
Phone: 203-755-2416  
62 + or Persons with Disabilities - Units: 24

**East Gate Apartments I**  
2171 East Main Street  
Waterbury, CT 06705  
Phone: 203-575-1680  
Units: 190

**East Gate Apartments II**  
36 Maybury Circle  
Waterbury, CT 06704  
Phone: 203-754-7683  
Units: 44

**Edwin D. Bergin Towers**  
70 Lakewood Road  
Waterbury, CT 06704  
Phone: 203-596-2646  
62 + or Persons with Disabilities - Units: 76

**Enterprise Apartments**  
13 Cherry Ave.  
Waterbury, CT 06702  
Phone: 203-755-2416  
62 + or Persons with Disabilities - Units: 133

**Exchange Place Towers**  
44 Center Street  
Waterbury, CT 06702  
Phone: 203-755-1000  
50+ Persons with Disabilities  
62 + - Units: 150

**Franklin D. Roosevelt Apartments**  
2 Kearney Drive  
Waterbury, CT 06704  
Phone: 203-596-2646  
62 + or Persons with Disabilities - Units: 48
Grace House
25 Abbott Terrace
Waterbury, CT 06702
Phone: 203-591-9177
62+
Units: 40

Josephine Towers
24 Union Street
Waterbury, CT 06706
Phone: 203-597-0340
Age: 62+ or Persons with Disabilities - Units: 125

Kelly Apartments
119-125 Fairmount Street
Waterbury, CT 06706
Phone: 203-596-2646
62 + or Persons with Disabilities - Units: 30

Lambda Rho Apts.
330 Bishop Street
Waterbury, CT 06704
Phone: 203-574-0363
Units: 30

Nottingham Towers
31 Nottingham Terrace
Waterbury, CT 06704-1913
Phone: 203-756-7356
Age: 62+
Units: 165

Plaza on the Green
2 North Main Street
Waterbury, CT 06702
Phone: 203-755-0846
Age: 62+ or Persons with Disabilities Units: 157

Prospect Towers
34 Prospect Street
Waterbury, CT 06702
Phone: 203-575-1680
Ext 112 - 50+
Units: 151

Robin Ridge Apartments
990 West Main Street
Waterbury, CT 06708
203-753-9818
Units:144

Valley Mall Manor
80 Glenbrook Avenue
Waterbury, CT 06705
Phone: 203-754-3443
Age: 62+ or Persons with Disabilities - Units: 56

Webster School Apartments
90 Platt Street
Waterbury, CT 06704
Phone: 203-755-2416
Ages: 62+ or Persons with Disabilities - Units: 42
Wilby Schoolhouse
42 Pine Street
Waterbury, CT 06710

Phone: 203-755-2416
Ages: 62+ or Persons with Disabilities - Units: 147

Rest Homes

Carriage Manor, LLC
157 Hillside Avenue
Waterbury, CT 06710

Phone: 203-574-2317
Units: 17

Elton Residential Care Home
30 West Main Street
Waterbury, CT 06702

Phone: 203-756-1229
Units: 96

Pinewood Manor on Pine St.
53 Pinewood Street
Waterbury, CT 06710

Phone: 203-756-5187
Units: 13

Southmayd Home, Inc.
250 Columbia Boulevard
Waterbury, CT 06710

Phone: 203-754-0360
Units: 35

Skilled Nursing

Abbott Terrace Health Center
44 Abbott Terrace
Waterbury, CT 06702

Phone: 203-755-4870
Units: 205

Aurora Senior Living of Bucks Hill
2817 North Main Street
Waterbury, CT 06704

Phone: 203-757-0731
Units: 90 beds

Cheshire House Health Care & Rehab.
3396 East Main Street
Waterbury, CT 06705

Phone: 203-754-2161
Units: 66

Mattatuck Health Care Facility
9 Cliff Street
Waterbury, CT 06710

Phone: 203-573-9924
Units: 43
<table>
<thead>
<tr>
<th>Location</th>
<th>Phone</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grove Manor</strong></td>
<td>Phone: 203-753-7205</td>
<td>Units: 60</td>
</tr>
<tr>
<td>Grove Street</td>
<td>145 Grove Street</td>
<td></td>
</tr>
<tr>
<td>Waterbury, CT 06710</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Meridian Manor</strong></td>
<td>Phone: 203-757-1228</td>
<td>Units: 94</td>
</tr>
<tr>
<td>Meriden Road</td>
<td>1132 Meriden Road</td>
<td></td>
</tr>
<tr>
<td>Waterbury, CT 06705</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Paradigm Healthcare Center</strong></td>
<td>Phone: 203-757-9491</td>
<td>Units: 120</td>
</tr>
<tr>
<td>Whitewood Road</td>
<td>177 Whitewood Road</td>
<td></td>
</tr>
<tr>
<td>Waterbury, CT 06704</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Rosegarden Rehab Center</strong></td>
<td>Phone: 203-754-4181</td>
<td>Units: 82</td>
</tr>
<tr>
<td>East Main Street</td>
<td>3584 East Main Street</td>
<td></td>
</tr>
<tr>
<td>Waterbury, CT 06705</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Village Green of Waterbury</strong></td>
<td>Phone: 203-757-9271</td>
<td>Units: 180</td>
</tr>
<tr>
<td>Cedar Avenue</td>
<td>128 Cedar Avenue</td>
<td></td>
</tr>
<tr>
<td>Waterbury, CT 06705</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Watertown</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Senior Housing</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Buckingham Terrace</strong></td>
<td>Phone: 860-274-0598</td>
<td>Units: 40</td>
</tr>
<tr>
<td>Buckingham Street</td>
<td>935 Buckingham Street</td>
<td></td>
</tr>
<tr>
<td>Watertown, CT 06795</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Country Ridge</strong></td>
<td>Phone: 860-274-0598</td>
<td>Units: 40</td>
</tr>
<tr>
<td>Buckingham Street</td>
<td>1091 Buckingham Street</td>
<td></td>
</tr>
<tr>
<td>Watertown, CT 06795</td>
<td>62 + or Persons with</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Disabilities (U: 40)</td>
<td></td>
</tr>
<tr>
<td><strong>Truman Terrace</strong></td>
<td>Phone: 860-274-0598</td>
<td>Units: 40</td>
</tr>
<tr>
<td>Steel Brook Road</td>
<td>100 Steel Brook Road</td>
<td></td>
</tr>
<tr>
<td>Watertown, CT 06795</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Woodview Apartments</strong></td>
<td>Phone: 860-274-1789</td>
<td>Units: 80</td>
</tr>
<tr>
<td>Cobb Street</td>
<td>88 Cobb Street</td>
<td></td>
</tr>
<tr>
<td>Oakville, CT 06779</td>
<td>Age: 62+ or Persons with</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Disabilities (U: 80)</td>
<td></td>
</tr>
</tbody>
</table>
Rest Homes

Brookwood Manor, Inc.
470 Straits Turnpike
Watertown, CT 06795
Phone: 860-274-8905
Units: 22

Pleasant View Manor
225 Bunker Hill Road
Watertown, CT 06795
Phone: 860-945-3700
Units: 18

Skilled Nursing

Apple Rehab Watertown
35 Bunker Hill Road
Watertown, CT 06795
Phone: 860-274-5428
Units: 110

Watertown Convalarium
560 Woodbury Road
Watertown, CT 06795-1799
Phone: 860-274-6748
Units: 46

Winsted

Senior Housing

Chestnut Grove Apartments
80 Chestnut Street
Winsted, CT 06098
Phone: 860-379-4573
Units: 79

Greenwoods Garden Apartments
Gay Street
Winsted, CT 06098
Phone: 860-379-4573
Units: 40

Laurel Commons
75-81 Gay Street
Winsted, CT 06098
Phone: 860-379-1752
Units: 44
Skilled Nursing

Laurel Hill Health Care
108 East Lake Street
Winsted, CT  06098-1912
Phone: 860-379-8591
Units: 75

Wolcott

Senior Housing

Chestnut Hill Apartments
40 Edgemont Lane
Wolcott, CT  06716-2697
Phone: 203-879-1658
Units: 39

Countryside Apartments
12 Wolf Hill Road
Wolcott, CT  06716-2741
Phone: 203-879-0254
62 + or Persons with Disabilities - Units: 109

Laurel Ridge
45 Edgemont Lane
Wolcott, CT  06716
Phone: 203-879-4101
62+
Units: 40

Woodbury

Senior Housing

Spruce Bank Farm
823 Main Street South
Woodbury, CT  06798
Phone: 203-266-4628
Units: 60
Premier Care of Woodbury
280 Middle Road Turnpike
Woodbury, CT 06798

Phone: 203-263-2009
Units: 15
Housing Authorities

Bethel

Bethel Housing Authority
25 Reynolds Ridge
Bethel, CT 06801

Phone: 203-797-9909
Fax: 203-797-0068

Brookfield

Brookfield Housing Authority
3 Brooks Quarry Road
Brookfield, CT 06804

Phone: 203-775-1403
Fax: 203-740-8714

Cheshire

Cheshire Housing Authority
50 Rumberg Road
Cheshire, CT 06410

Phone: 203-272-7511
Fax: 203-271-1213

Danbury

Danbury Housing Authority
2 Mill Ridge Road
Danbury, CT 06811

Phone: 203-744-2500
Fax: 203-797-1864

Litchfield

Litchfield Housing Authority
111 Wells Run
Litchfield, CT 06759

Phone: 860-567-5308

Naugatuck

Naugatuck Housing Authority
16 Ida Street
Naugatuck, CT 06770

Phone: 203-729-8214
Fax: 203-729-5181
North Canaan

North Canaan Housing Authority
132 Quinn Street
North Canaan, CT 06018
Phone: 860-824-0521
Fax: 860-824-0521

Torrington

Torrington Housing Authority
110 Prospect Street
Torrington, CT 06790
Phone: 860-482-3581
Fax: 860-482-5841

Waterbury

Waterbury Housing Authority
2 Lakewood Road
Waterbury, CT 06704
Phone: 203-596-2640
Fax: 203-596-4877

Watertown

Watertown Housing Authority
1091 Buckingham St.
Watertown, CT 06795-1600
Phone: 860-274-0598
Fax: 860-945-9731

Wolcott

Wolcott Housing Authority
10 Kenea Ave
Wolcott Town Hall
Wolcott, CT 06716
Phone: 203 879-8100
Fax: 203 879-8105

Winsted

Winchester Housing Authority
80 Chestnut Street
Winsted, CT 06098
Phone: 860-379-4573
Fax: 860-379-0430
Financial Assistance Programs

Energy Assistance Programs
Connecticut has several low income energy assistance programs to help individuals pay for their winter heating bills. The application period for these programs is from mid-September to March 15, although some may take applications earlier. For more information contact Info-line 211, New Opportunities Inc. (NO) at 203-575-9799 ext. 224 or Community Action Committee of Danbury (CACD) at 203-744-4700.

Rental Assistance Program (RAP):
The Rental Assistance Program (RAP) is a state of Connecticut administered program that helps low income individuals pay their rent. This program is comprised of two components; one part assists families and the other helps elderly individuals. The Department of Economic and Community Development administers the portion of RAP that helps older persons through assistance agreements with local housing sponsors. This part of the program provides rental assistance to eligible residents living in state financed, rental housing for the elderly. Eligible residents must pay at least 30 percent of their adjusted gross incomes toward rent and utilities. For more information contact the Department of Economic and Community Development at (860) 270-8161.

Rural Rental Housing Loans:
Rural Rental Housing Loans are made primarily to assist in building, purchasing or repairing apartment style housing and providing decent living environments for rural residents. Loans are made to individuals and to both for-profit and nonprofit organizations. They help provide housing in rural areas for persons with low and moderate incomes, for persons who have disabilities and for individuals who are at least 62 years of age. Residents must meet income requirements for occupancy. Residents pay either 30 percent of their adjusted gross incomes toward rent and are granted utility allowances, or they pay basic rents plus utilities. Basic rents are determined for each community and are set so that charges are affordable to persons with low incomes. Eligible residents, who pay more than 30 percent of their adjusted gross incomes toward rent, may reduce rental costs through the Rental Assistance program administered by Rural Housing Service. Funds for this program are limited; all eligible persons may not receive assistance. For information call (860) 688-7725 Ext.4 USDA Rural Development Windsor, CT www.rurdev.usda.gov
Rental Assistance (Rural Housing Services): Rental Assistance helps to reduce expenses residents pay for rent and utilities. It is designed for very low and low income rural families, including elderly households. Eligible participants must be residents of rental housing that is financed by RHS. They also must meet income requirements. An individual’s income must be no higher than 80 percent of their area’s median income, which is adjusted for household size. Participants pay no more than 30 percent of their adjusted annual incomes for rent. Funds for this program are limited; assistance may not be available for all eligible individuals. For information call (860) 688-7725 Ext.4 USDA Rural Development, Windsor, CT

Property Tax Relief for Homeowners and Renters Rebate Program: Elderly homeowners and renters who are eligible for this program receive tax relief benefits. To qualify, individuals must be at least 65 years of age, or be disabled or be a surviving spouse of an approved applicant and be at least 50 years old. Individuals must also meet income eligibility requirements and must have been a Connecticut resident for one year. Homeowners must apply for this program through their local tax assessor between February 1 and May 15. Individuals who rent must apply for rebates between May 15 and September 15. Renters usually apply for rebates at their local senior centers. They sometimes also apply at the Community Action Program Agencies, their town’s department of Social Services or their local tax assessor’s office. Where renters can apply for rebates is dependent upon the arrangements that are made by the towns in which they live.

Reverse Annuity Mortgage (RAM) or Home Equity Conversion/CHFA: Reverse Annuity Mortgage (RAM) A RAM is a low-interest rate first mortgage loan that allows low-income elderly homeowners, with long-term care needs, to use the equity in their homes to provide a monthly tax-free cash payment. A lump sum can also be provided at the time of closing. Borrowers receive payments from CHFA each month for either five or ten years, and the loan balance is repaid in one payment after the death of the borrower or when s/he ceases to occupy the property. The amount of the monthly payment received varies based on the equity in the home; CHFA lends up to 70% of the home's value. Eligible Borrowers All property owners must be at least 70 years of age to apply for a Reverse Annuity Mortgage. At least one borrower must have a need for long-term health care or supportive services; an independent social service agency must certify the need for long-term care. Household income may not exceed $81,000 per year. Eligible Properties Three types of properties are eligible for reverse annuity mortgages: single family homes, condominiums, and planned unit developments. Contact Single Family Underwriting (860) 571-3502.
Section 8 Rental Assistance:
Section 8 is a Federal program that provides rental assistance to low income individuals and families. Section 8 is not specifically designed for elderly individuals, but they can be eligible if they meet the income requirements. Residents who use vouchers must select units with rents that are within the limits set by HUD for fair market rents. Vouchers pay the difference between 30 percent of resident’s adjusted monthly incomes and the established fair market rent. Owners of housing complexes must be willing to accept Section 8 vouchers in order for them to be used. Depending upon the costs of the units they choose, residents with vouchers pay different percentages of their incomes toward rent. There are usually very long waiting lists for Section 8 assistance. For more information, call the local public housing authority.