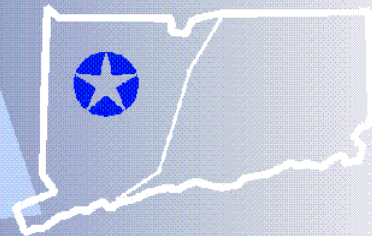


Western Connecticut  
Area Agency on Aging

**WCAAAA**



# A Guide to Housing Options for Older Adults & Persons with Disabilities



**Western Connecticut Area Agency on Aging**

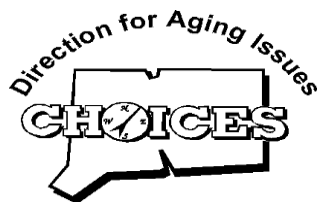
84 Progress Lane

Waterbury, CT 06705

1.800.994.9422 or 203.757.5449

Web Address: [www.wcaaa.org](http://www.wcaaa.org)

e-mail: [info@wcaaa.org](mailto:info@wcaaa.org)



**March 2015**



LOCAL HELP FOR PEOPLE WITH MEDICARE

# Index

<b>Area served</b>	<b><i>page 2</i></b>
<b>Assisted Living</b>	<b><i>page 6</i></b>
<b>Financial Assistance Programs</b>	<b><i>page 35-37</i></b>
<b>Housing Authorities</b>	<b><i>page 33-34</i></b>
<b>Resident Services Coordinators</b>	<b><i>page 4</i></b>
<b>Retirement Communities and Continuing Care Retirement Communities</b>	<b><i>page 5</i></b>
<b>Skilled Nursing Facility</b>	<b><i>page 6</i></b>
<b>Senior Housing</b>	<b><i>page 7</i></b>

# AREA SERVED BY THE WESTERN CT AREA ON AGING



**Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, N.Canaan, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester (Winsted), Wolcott, Woodbury**

The **Western CT Area Agency on Aging, Inc. (WCAAA)** is pleased to distribute this “Guide to Housing Options for Older Adults” covering our 41 towns in the Western CT area. WCAAA staff members have spent many hours researching and confirming specifics concerning housing options contained in this guide.

Please feel free to call the WCAAA with corrections and specific comments relative to this directory at 1-800-994-9422 (within 41 town area) or 203-757-5449. Comments are also accepted if emailed to [westernctaaa@sbcglobal.net](mailto:westernctaaa@sbcglobal.net). Please visit our web site for additional services available through the WCAAA ([www.wcaaa.org](http://www.wcaaa.org)).

This publication was produced by the WCAAA with funds from the State of Connecticut and the Older Americans Act through the State Department of Aging.

## **C.H.O.I.C.E.S and Community Choices**

C.H.O.I.C.E.S is coordinated by the Department of Aging and is operated through the State’s five Area Agencies on Aging. CHOICES refers to **C**onnecticut’s programs for **H**ealth insurance assistance, **O**utreach, **I**nformation and referral, **C**ounseling and **E**ligibility **S**creening. The CHOICES unit provides free *unbiased* information and assistance about Medicare choices, Medicare Supplemental Insurance and other related state and federal programs.

Community Choices is a powerful information hub linking older adults, persons 18 and over living with disabilities, and caregivers in Connecticut to the services and supports they seek. Our dedicated staff can connect you to everything from a name and phone number to more detailed information regarding community services through activities such as benefit screening, options counseling, and care transitions.

Area Agencies on Aging serve as a “one stop,” central information source for senior services, a referral service to local providers and a counseling resource for individuals who need assistance with health insurance, nursing homes or other alternative care placements.

For more information, contact the Western CT Area Agency on Aging at  
203-757-5449 or 1-800-994-9422.

## **Resident Services Coordinators (RSC)**

Elderly housing communities and management companies may employ Resident Services Coordinators to help individuals residing in their communities. Resident Services Coordinators perform an array of functions that help improve the quality of residents' lives. Most importantly, they help residents receive the supportive services they need to live independently in their apartments. Functions performed by resident services coordinators may include identifying residents who are in need, determining necessary or desired services and coordinating and monitoring service delivery. In addition to assisting individual residents with supportive services, services coordinators address broader concerns that affect entire housing communities. They serve as resident advocates and may organize social activities. Resident Services Coordinators can work full or part time; they can work exclusively for one community or have the responsibility of providing service coordination for multiple housing sites.

## **HOUSING DEFINITIONS**

Housing environments may differ regarding the services they are required to provide, as well as the services they are prohibited offering. In addition to providing different types of services (e.g. Assisted Living, Alzheimer's Independent living, etc.), housing communities can offer varying degrees of the same service. They also vary in terms of: **1)** the residents they serve, **2)** whether they are required to be licensed to operate, **3)** their conditions for requiring when residents must move to another level of care and **4)** costs.

## **Continuing Care Retirement Communities**

Continuing care retirement communities (**CCRCs**) are also sometimes referred to as life care communities. These communities are designed and operated to assure residents, through contractual agreements, lifetime living accommodations and a wide variety of services, including a specified package of long term health and nursing services. Each resident must enter into a contract with a continuing care provider in order to obtain residency. These contracts are often referred to as residency agreements. A resident's entry into such an agreement requires the payment of an entrance fee. The residency agreement guarantees that the continuing care provider will supply housing and access to health related services for the life of the resident in exchange for an entrance fee and monthly fees. **CCRCs** offer various types of care which enable residents to remain on campus and move from one level of care to another as their needs change. Prospective residents must be able to maintain themselves in their apartments at the time of admission and are usually asked to complete a health screen as part of the admission process.

## **Retirement Communities**

Retirement communities are age restricted, but the age requirement may vary by community. These communities are typically designed for older individuals who are in reasonably good health and can live independently. Some communities offer rental units, while others require residents to purchase their units. Units can exist in any form in which housing is created, for example, single family homes, condominiums, townhouses, apartments, cooperatives or mobile homes. **Retirement communities vary in terms of the kinds of services they provide and the fees they charge.** Communities may feature extensive recreational and leisure activities; they may also offer supportive services. Communities may offer a few supportive services, or they may offer a more comprehensive service package that provides residents a spectrum of health care and supportive services. Some retirement communities are strictly geared for independent living, and they do not assist residents in obtaining supportive services. **Residents of these communities must arrange and pay for the supportive services they use.**

## **Skilled Nursing Facilities**

Also known as **Chronic and Convalescent Nursing Homes**, **Skilled Nursing Facilities** provide the most comprehensive level of care for individuals with chronic and/or uncontrolled or unstable conditions, including those requiring substantial daily assistance with personal care. Skilled nursing is provided under medical supervision for non-surgical treatment of chronic diseases or convalescent stages of acute diseases or injuries. Some nursing home residents also may have physical or mental impairments that keep them from living independently. Skilled nursing care is provided under medical supervision and direction to carry out non-surgical treatment and dietary procedures for chronic diseases or convalescent stages of acute diseases or injuries. Residents of these facilities need nursing care, but they do not require hospitalization.

## **Assisted Living**

**An assisted living designation in this directory is reserved for managed residential communities that provide supportive services to residents with an entity that is licensed by the Connecticut Department of Public Health as an Assisted Living Services Agency (ALSA).** A managed residential community may hold a license as an ALSA, or it may provide supportive services through a contract with a licensed, assisted living provider. The managed residential community and the ALSA each have specific responsibilities that are mandated by Connecticut statute. Residential communities must provide core services that include laundry, transportation and housekeeping services, meals, recreational activities and maintenance, including chore services for routine domestic tasks.

The ALSA does not usually provide skilled medical services directly. Residents of assisted living communities may be independent or may have chronic and stable conditions as determined by a physician or health care practitioner. Residents typically live in apartment style units and pay monthly fees. Additional fees may be charged for extra services.

## **Senior Housing**

**Congregate housing provides residents private living arrangements with moderate supportive services and common areas for dining, socialization and other activities.** These communities furnish at least one daily meal which is usually included in the monthly fee, housekeeping services and a variety of social and recreational activities. They are generally meant for individuals who are basically self-sufficient, but need a few services to help them to live independently. Congregate housing does not generally offer in-unit assistance or health care services. Congregate communities may have a Resident Services Coordinator on staff to help residents arrange for services that are not provided by the housing community. To be considered a congregate site in this directory, the community must minimally provide one meal per day in a communal setting, some assistance with housekeeping, transportation and other services.

**Independent living is rental housing communities that are age restricted.** Some communities may allow occupancy to younger persons with disabilities. Individuals typically gain residency in these communities by entering into rental contracts or leases. These communities generally do not have the range of amenities found in many upscale retirement communities. Services, amenities, house rules and occupancy requirements vary by community and are influenced by housing manager's decisions, as well as by federal, state and/or local laws and policies. These communities are not licensed, but they must comply with building and safety codes regarding the design, construction and safety features of their buildings. These communities are generally meant for individuals whose health and physical mobility enable them to live independently with minimal assistance. Supportive services may be used by residents to maintain independent lifestyles; however, residents or their family members responsible for acquiring such services. Some communities may employ Resident Services Coordinators who can enhance residents' abilities to live independently by helping them access community based services.



## **Bantam**

### **Senior Housing**

#### **Bantam Village**

48 West Street  
Litchfield, CT 06750-1719

Phone 860-567-4438  
Phone: 860-668-5342  
Age: 62+ or Persons with  
Disabilities - Units: 48

## **Bethel**

### **Assisted Living**

#### **Cascades**

13 Park Lawn Drive  
Bethel, CT 06801-1043

Phone: 203-830-7390  
[www.bethelhealthcare.com](http://www.bethelhealthcare.com)  
Age: 62+ or Persons with  
Disabilities Units: 53

### **Senior Housing**

#### **Bishop Curtis Congregate**

101 Simeon Road  
Bethel, CT 06801

Phone: 203-790-9744  
[wincco.com](http://wincco.com)  
Age: 62+ or Persons with  
Disabilities - Units: 40

#### **Bishop Curtis Homes**

28 Simeon Road  
Bethel, CT 06801-1904

Phone: 203-743-2508  
Age: 62+ or Persons with  
Disabilities - Units: 100

#### **Reynolds Ridge**

25 Reynolds Ridge  
Bethel, CT 06801

Phone: 203-797-9909  
Age: 62+ or Persons with  
Disabilities - Units: 80

### **Skilled Nursing Facility**

#### **Bethel Health Care**

13 Park Lawn Drive  
Bethel, CT 06801

Phone: 203-830-4180  
[bethelhealthcare.com](http://bethelhealthcare.com)  
All Ages  
Units: 161

## **Bethlehem**

### **Senior Housing**

#### **North Purchase**

11 Jackson Lane  
Bethlehem, CT 06751

Phone: 203-266-5353  
Age: 62+ or Persons with  
Disabilities - Units: 25

## **Brookfield**

### **Assisted Living**

#### **Village at Brookfield Common**

246 Federal Road  
Brookfield, CT 06804

Phone: 203-775-8696  
[www.benchmarkquality.com](http://www.benchmarkquality.com)  
Units: 100 units

### **Senior Housing**

#### **Brooks Quarry Housing Authority**

3 Brooks Quarry Road  
Brookfield, CT 06804

Phone: 203-775-1403  
Age: 62+ or Persons  
with Disabilities - Units: 35

## **Canaan**

### **Assisted Living**

#### **Geer Village**

77 South Canaan Road  
Canaan, CT 06018-2517

Phone: 860-824-8133  
[www.geercares.org](http://www.geercares.org)  
Units: 57 units  
Program Director  
Phone: 860-824-2637

## Senior Housing

### **Beckley House**

85 South Canaan Road  
Canaan, CT 06018

Phone: 860-824-7884  
Age: 62+ or Persons with  
Disabilities - Units: 24

### **Geer Village**

77 South Canaan Road  
Canaan, CT 06018

Phone: 860-824-8133  
Age: 62+ or Persons with  
Disabilities - Units: 33

### **Wangum Village**

132 Quinn Street  
North Canaan, CT 06031

Phone: 860-824-0521  
Age: 62+ or Persons with  
Disabilities - Units: 45

## Skilled Nursing

### **Geer Nursing and Rehab. Center**

99 South Canaan Road  
Canaan, CT 06018

Phone: 860-824-5137

Units: 120

## **Cheshire**

## Assisted Living

### **Elim Park Baptist Home**

140 Cook Hill Road  
Cheshire, CT 06410-3736

Phone: 203-272-3547  
[www.elimpark.com](http://www.elimpark.com)  
Units: 218 units

## Senior Housing

### **Beachport Apartments**

50 Rumberg Road  
Cheshire, CT 06410-2452

Phone: 203-272-7511  
Age: 62+ or Persons with  
Disabilities - Units: 48

### **Cheshire Hillside Village I & II**

175 East Mitchell Avenue  
Cheshire, CT 06410-4125

Phone: 203-272-3781  
Age: 62+ or Persons with  
Disabilities - Units: 100

**Elim Park Baptist Home**  
140 Cook Hill Road  
Cheshire, CT 06410

Phone: 203-272-3547  
Age: 62+ or Persons with  
Disabilities - Units: 42

**Hillside Village**  
**(Privately owned condos)**  
175 East Mitchell Avenue  
Cheshire, CT 06410-4125

Phone: 203-239-5060  
62+ or Persons with  
Disabilities  
Units: 82 Condominiums

## **Rest Homes**

**Marbridge Retirement Center**  
665 West Main St  
Cheshire, CT 06410

Toll Free: 800-994-776  
203-272-2901  
Units: 25 units

**Southwick at Cheshire**  
50 Southwick Court  
Cheshire, CT 06410

Phone: 203-271-0255  
Units:

## **Skilled Nursing**

**Elim Park Baptist Home, Inc.**  
140 Cook Hill Road  
Cheshire, CT 06410

Phone: 203-272-3547  
[www.elimpark.com](http://www.elimpark.com)  
60 long-term, 30 rehab

**Highlands Health Care Center**  
745 Highland Avenue  
Cheshire, CT 06410

Phone: 203-272-7285  
Units: 120 short-term

## **Danbury**

### **Assisted Living**

**Maplewood at Danbury**  
22 Hospital Avenue  
Danbury, CT 06810-5945

Phone: 203-312-7910  
Units: 29-Memory Patients  
Units: 64  
[Maplewoodatdanbury.com](http://Maplewoodatdanbury.com)

**The Gardens**  
8 Glen Hill Road  
Danbury, CT 06811

Phone: 203-748-0506  
[www.thegardensct.com](http://www.thegardensct.com)  
Units: 50 units

## Senior Housing

**Bishop Curtis Homes**  
(Augustana Homes)  
88 Main Street  
Danbury, CT 06810

Phone: 203-791-8510  
  
Units: 40

**Crosby Manor**  
84 West Wooster Street  
Danbury, CT 06810

Phone: 203-744-2500  
62+ or Persons with  
Disabilities  
Units: 50

**Danbury Commons**  
51 Main Street  
Danbury, CT 06810-8087

Phone: 203-743-4757  
62+ or Persons with  
Disabilities - Units: 150

**Danbury Towers**  
40 William Street  
Danbury, CT 06810

Phone: 203-748-6670  
62+ or Persons with  
Disabilities - Units: 80

**Glen Apartments**  
25 Memorial Drive  
Danbury, CT 06810

Phone: 203-744-2500  
203-798-6350  
Units: 100

**Ives Manor**  
198 Main Street  
Danbury, CT 06810

Phone: 203-744-2500  
203-797-0301  
Units: 98

**Kimberly Place**  
19 Main Street  
Danbury, CT 06810

Phone: 203-797-1919  
  
Units: 116

**Palace View Senior Housing**  
132 Main Street  
Danbury, CT 06810

Phone: 203-778-5502  
Handicapped units present  
Units: 70

**Putnam Tower**  
25 Beaver Street  
Danbury, CT 06810

Phone: 203-744-2500  
203-743-6092  
Units: 54 1-bedroom

**Wooster Manor**  
36 West Wooster Street  
Danbury, CT 06810

Phone: 203-744-2500  
203-744-0239  
Units: 98 1-bedroom

### **Rest Homes**

**Brookside Rest Home, Inc.**  
134 Franklin Street Ext.  
Danbury, CT 06810

Phone: 203-743-9130  
Units: 20

**Harborside Glen Crest**  
3 Glen Hill Road  
Danbury, CT 06811

Phone: 203-790-9161  
Units: 49

### **Skilled Nursing Facility**

**Danbury Health Care Center**  
107 Osborne Street  
Danbury, CT 06810

Phone: 203-792-8102  
Units: 180

**Filosa Convalescent Home, Inc.**  
13 Hakim Street  
Danbury, CT 06810

Phone: 203-744-3366  
Units: 64

**Hancock Hall**  
31 Staples Street  
Danbury, CT 06810

Phone: 203-794-9466  
Units: 96

**Harborside Healthcare  
Glen-Hill Rehab. Center**  
1 Glen Hill Road  
Danbury, CT 06811

Phone: 203-744-2840  
Units: 100

**Pope John Paul II Center for Health Care**  
33 Lincoln Avenue  
Danbury, CT 06810

Phone: 203-797-9300  
Units: 141

## **Harwinton**

### **Senior Housing**

#### **Wintergreen**

21 Wintergreen Circle  
Harwinton, CT 06791

Phone: 860-485-1200  
Age: 62+ or Persons  
with Disabilities - Units: 20

## **Kent**

### **Senior Housing**

#### **Templeton Farm Apartments**

16 Swift Lane  
Kent, CT 06757

Phone: 860-927-4000  
Age: 62+ or Persons with  
Disabilities - Units: 24  
[www.ehmchm.org](http://www.ehmchm.org)

### **Rest Homes**

#### **Morning Star**

38 Elizabeth Street  
Kent, CT 06757

Phone: 860-927-3272  
  
Units: 18

### **Skilled Nursing Facility**

#### **The Kent**

46 Maple Street  
Kent, CT 06757

Phone: 860-927-5368  
apple-rehab.com  
Units: 90

## **Litchfield**

### **Assisted Living**

#### **Brandywine Assisted Living**

19 Constitution Way  
Litchfield, CT 06759

Phone: 860-567-9500  
  
Units: 80

## Senior Housing

### **Bantam Falls**

Doyle Road  
Litchfield, CT 06759

Phone: 860-567-5308  
Age: 62+ or Persons with  
Disabilities - Units: 36

### **Wells Run**

111 Wells Run Rd  
Litchfield, CT 06759

Phone: 860-567-5308  
Age: 62+ or Persons with  
Disabilities - Units: 30

## Rest Homes

### **Fernwood Rest Home, Inc.**

400 Torrington Road  
Litchfield, CT 06759

Phone: 860-567-9558

Units: 64

### **Rose Haven**

31 North Street  
Litchfield, CT 06759

Phone: 860-567-9475

Units: 15

## Skilled Nursing

### **Rose Haven**

31 North Street  
Litchfield, CT 06759

Phone: 860-567-9475

Units: 25

## **Middlebury**

## Senior Living

### **Woodside Heights**

500 Woodside Avenue  
Middlebury, CT 06762

Phone: 203-758-2936  
Age: 62+  
Units: 70 1-bedroom  
[www.ehmchm.org](http://www.ehmchm.org)

### **Woodside Heights Elderly Housing**

500 Woodside Avenue  
Middlebury, CT 06762

Phone: 203-758-2936  
Age: 62+  
Units: 64



**New Horizons, Inc.**  
11 Nutmeg Road  
Middlebury, CT 06762

Phone: 860-673-8893  
Age: 18+ Persons with  
Disabilities - Units:100

### **Senior Housing**

**Benson Woods**  
103 Periwinkle Dr  
Middlebury, CT 06762

Phone: 203-758-9990  
55+  
Units: 79

### **Skilled Nursing**

**Middlebury Convalescent Home, Inc.**  
778 Middlebury Road  
Middlebury, CT 06762

Phone: 203-758-2471  
Units: 58

## **Morris**

### **Senior Housing**

**Eldridge Senior Housing**  
109 East Street  
Morris, CT 06763-1836

Phone: 860-567-5876  
Units: 20

## **Naugatuck**

### **Senior Housing**

**George B. Lewis I**  
71 Osborne Road  
Naugatuck, CT 06770

Phone: 203-729-8214  
Age: 62+  
Units: 52

**George B. Lewis II**  
1013 Weid Drive  
Naugatuck, CT 06770

Phone: 203-729-8214  
Age: 62+  
Units: 54

**Oak Terrace**  
53 Conrad Street  
Naugatuck, CT 06770

Phone: 203-723-9201  
Age: 62+ or Persons with  
Disabilities - Units: 29

**Robert E. Hutt Congregate**  
480 Millville Avenue  
Naugatuck, CT 06770

Phone: 203-723-2972  
Age: 62+ or Persons with  
Disabilities - Units: 36

## **Rest Homes**

**Freelove Manor**  
246 Quinn Street  
Naugatuck, CT 06770

Phone: 203-729-5050  
  
Units: 8

## **Skilled Nursing**

**Beacon Brook Health Center**  
89 Weid Drive  
Naugatuck, CT 06770

Phone: 203-729-9889  
[www.athenahealthcare.com](http://www.athenahealthcare.com)  
Units: 126

**Glendale Center**  
4 Hazel Avenue  
Naugatuck, CT 06770-4794

Phone: 203-723-1456  
[genesishcc.com](http://genesishcc.com)  
Units: 119

## **New Milford**

## **Senior Housing**

**Butter Brook Hill Apartments**  
105 Butter Brook Hill  
New Milford, CT 06776

Phone: 860-355-0814  
Age: 62+  
Units: 102

**Chestnut Grove**  
200 Chestnut Grove  
New Milford, CT 06776

Phone: 860-350-9950  
Age: 62+  
Units: 40

**Glen Ayre**  
1 Glen Ayre Drive  
New Milford, CT 06776

Phone: 860-350-6505  
Age: 62+  
[glenayre@ehmchm.org](mailto:glenayre@ehmchm.org)  
Units: 51

## Skilled Nursing Facility

### **Candlewood Valley Health & Rehab.**

30 Park Lane East  
New Milford, CT 06776

Phone: 860-355-0971

Units: 148

### **Village Crest Center for Health & Rehabilitation**

19 Poplar Street  
New Milford, CT 06776

Phone: 860-354-9365

Units: 99

## **Newtown**

### Assisted Living

#### **Lockwood Lodge at Masonic Care at Newtown**

139 Toddy Hill Road  
Newtown, CT 06470

Phone: 203-426-5847

[www.masonicare.org](http://www.masonicare.org)

Units: 125

#### **Maplewood at Newtown**

166 Mt. Pleasant Road  
Newtown, CT 06470

Phone: 203-426-8118

Units: 100

### Senior Housing

#### **Nunnawauk Meadows**

3 Nunnawauk Road  
Newtown, CT 06470

Phone: 203-426-5000

Age:62+ or Persons with

Disabilities - Units: 134

[Nunnawaukmeadows.com](http://Nunnawaukmeadows.com)

## Skilled Nursing Facility

### **Masonic Care of Newtown**

139 Toddy Hill Road  
Newtown, CT 06470

Phone: 203-426-5847

Units: 150

## **Norfolk**

### **Senior Housing**

**Meadowbrook Apartments**  
9 Shepard Road  
Norfolk, CT 06058-1197

Phone: 860-542-5470  
Age: 62+ or Persons with  
Disabilities - Units: 28

## **North Canaan**

### **Senior Housing**

**Station Place Apartments**  
101-107 Main Street  
North Canaan, CT 06018

Phone: 860-824-7979  
Age: 55+ or Persons with  
Disabilities - Units: 37  
stationplace@att.net

**Wangum Village**  
132 Quinn Street  
North Canaan, CT 06018

Phone: 860-824-0521  
Ages: 62+ or Persons with  
Disabilities - Units: 44

## **Oakville**

### **Senior Housing**

**Woodview Apartments**  
88 Cobb Street  
Oakville, CT 06779

Phone: 860-274-1789  
Ages: 62+ or Persons with  
Disabilities - Units: 80

## **Prospect**

### **Skilled Nursing**

**Paradigm Healthcare of Prospect**  
25 Royal Crest Drive  
Prospect, CT 06712-1486

Phone: 203 758-4431  
Units: 120

## **Redding**

### **Assisted Living**

**Meadow Ridge**  
100 Redding Road  
Redding, CT 06896

Phone: 203-544-1000  
Toll Free 877-544-8100  
Units: 20

### **Senior Housing**

**Meadow Ridge**  
100 Redding Road  
Redding, CT 06896

Phone: 203-544-1000  
Ages: 62+ or Persons with  
Disabilities - Unit: 332

### **Skilled Nursing**

**Meadow Ridge**  
100 Redding Road  
Redding, CT 06896-

Phone: 203-544-1000  
Units: 56

## **Ridgefield**

### **Assisted Living**

**Ridgefield Crossings**  
640 Danbury Road  
Ridgefield, CT 06877

Phone: 203-431-2255  
[www.benchmarkquality.com](http://www.benchmarkquality.com)  
Units: 123

### **Senior Housing**

**Ballard Green**  
25 Gilbert Street  
Ridgefield, CT 06877

Phone: 203-438-9845  
Ages: 62+ or Persons with  
Disabilities - Units: 65

**Prospect Ridge**  
51 Prospect Ridge  
Ridgefield, CT 06877

Phone: 203-431-9943  
Units: 34

## Skilled Nursing Facility

**Laurel Ridge Health Care Center**  
642 Danbury Road  
Ridgefield, CT 06877-2719

Phone: 203-438-8226

Units: 126

### **Roxbury**

#### Senior Housing

**Bernhardt Meadow**  
19 Bernhardt Meadow Lane  
Roxbury, CT 06783

Phone: 860-355-3017

Unit: 18

### **Salisbury**

#### Senior Housing

**Noble Horizons**  
17 Cobble Road  
Salisbury, CT 06068

Phone: 860-435-9851

Units: 16

**Noble Horizons**  
17 Cobble Road  
Salisbury, CT 06068

Phone: 860-435-9851

Units: 24

#### Skilled Nursing

**Noble Horizons**  
17 Cobble Road  
Salisbury, CT 06068

Phone: 860-435-9851

Units: 91

## **Sharon**

### **Skilled Nursing**

**Sharon Health Care Center**  
27 Hospital Hill Road  
Sharon, CT 06069

Phone: 860-364-1002

Units: 88

## **Southbury**

### **Assisted Living**

**The Hearth at Southbury**  
655 Main Street South  
Southbury, CT 06488

Phone: 203-267-7100

[www.thehearth.net](http://www.thehearth.net)

Units: 124

**Pomperaug Woods**  
80 Heritage Road  
Southbury, CT 06488

Phone: 203-262-6555

[www.pomperaugwoods.com](http://www.pomperaugwoods.com)

Units: 144

Toll Free: 1-866-817-8935

**The Watermark at  
East Hill Woods**  
611 East Hill Road  
Southbury, CT 06488

Phone: 203-262-6868

[www.easthillwoods.com](http://www.easthillwoods.com)

Units: 164

### **Senior Housing**

**Grace Meadows I, II,**  
380 North Poverty Road  
Southbury, CT 06488

Phone: 203-264-3228

62 + or Persons with  
Disabilities - Units: 48

**Grace Meadows III & IV**  
273 Roxbury Road  
Southbury, CT 06488

Phone: 203-264-3311

62 + or Persons with  
Disabilities - Units: 40

**Lutheran Home of Southbury**  
990 Main St North  
Southbury, CT 06488

Phone: 203-264-9135

Units: 14

**Pomperaug Woods**  
80 Heritage Road  
Southbury, CT 06488

Phone: 203-262-6555  
62 + or Persons with  
Disabilities - Units: 10

**White Oak Manor**  
688 Main Street North  
Southbury, CT 06488

Phone: 203-264-5491  
Units: 16

### **Assisted Living**

**Pomperaug Woods**  
80 Heritage Road  
Southbury, CT 06488

Phone: 203-262-6555  
[www.pomperaugwoods.com](http://www.pomperaugwoods.com)  
Units: 30

### **Skilled Nursing Facility**

**Lutheran Home of Southbury**  
990 Main Street North  
Southbury, CT 06488

Phone: 203-264-9135  
Units: 118

**Pomperaug Woods**  
80 Heritage Road  
Southbury, CT 06488

Phone: 203-262-6555  
Units: 37

**River Glen Health Care**  
162 South Britain Road  
Southbury, CT 06488

Phone: 203-264-9600  
Units: 120

**The Watermark at East Hill**  
611 East Hill Road  
Southbury, CT 06488

Phone: 203-262-6868  
Units: 164

### **Thomaston**

### **Senior Housing**

**Green Manor**  
63 Green Manor  
Thomaston, CT 06787

Phone: 860-283-5174  
62+ or Persons with  
Disabilities - Units: 62



**Grove Manor**  
11 Grove Street  
Thomaston, CT 06787

Phone: 860-283-5607  
62+ or Persons with  
Disabilities - Units: 27

## **Torrington**

### **Assisted Living**

**Emeritus at Litchfield Hills**  
376 Goshen Road  
Torrington, CT 06790

Phone: 860-489-8022

Units: 68

### **Senior Housing**

**Laurel Acres & Laurel Acres Annex**  
523 Torrington West Street  
Torrington, CT 06790

Phone: 860-482-3581  
50 + or Persons  
with Disabilities - Units: 56

**Michael Koury Terrace**  
Tucker Drive  
Torrington, CT 06790

Phone: 860-482-3581  
50 + or Persons with  
Disabilities - Units: 100

**Thompson Heights**  
301 Litchfield Street  
Torrington, CT 06790

Phone: 860-482-3581  
50 + or Persons with  
Disabilities - Units: 35

**Torrington West Apartments**  
356 Torrington West Street  
Torrington, CT 06790

Phone: 860-489-7328  
62 + or Persons  
with Disabilities - Units: 79

**Torrington Towers**  
52 Summer Street  
Torrington, CT 06790

Phone: 860-482-3581  
50 + or Persons with  
Disabilities - Units: 200

**Willow Gardens**  
52 Willow Street  
Torrington, CT 06790

Phone: 860-482-3581  
50 + or Persons with  
Disabilities - Units: 39

**Workman Apartments**  
244 Forest Street  
Torrington, CT 06790

Phone: 860-482-0016

Units: 37 rooms

### **Skilled Nursing**

**Torrington Health & Rehabilitation Center**  
225 Wyoming Avenue  
Torrington, CT 06790-6043

Phone: 860-482-8563

Units: 120

**Litchfield Woods Health Care Center**  
255 Roberts Street  
Torrington, CT 06790

Phone: 860-489-5801

Units: 160

**Paradigm Healthcare Center of Torrington**  
80 Fern Drive  
Torrington, CT 06790-3807

Phone: 860-482-7668

Units: 90

**Valerie Manor**  
1360 Torrington Street  
Torrington, CT 06790

Phone: 860-489-1008

Units: 151

**Wolcott Hall Nursing Center**  
215 Forest Street  
Torrington, CT 06790

Phone: 860-482-8554

Units: 87

### **Washington**

### **Senior Housing**

**Riverwoods**  
90 Wooster Road  
Washington, CT 06794

Phone: 860-335-3984

Units: 12

## **Waterbury**

### **Assisted Living**

**Village at East Farms**  
180 Scott Road  
Waterbury, CT 06705-3296

Phone: 203-757-7660  
villageateastfarms.com  
Units: 120 units

### **Senior Housing**

**Abbott Towers**  
255 North Main Street  
Waterbury, CT 06704

Phone: 203-755-2416  
62 + or Persons with  
Disabilities - Units: 54

**Bishop Schoolhouse Apartments**  
47 Beacon Street  
Waterbury, CT 06704

203-755-2416  
62 + or Persons with  
Disabilities - Units: 24

**East Gate Apartments I**  
2171 East Main Street  
Waterbury, CT 06705

Phone: 203-575-1680  
  
Units: 190

**East Gate Apartments II**  
36 Maybury Circle  
Waterbury, CT 06704

Phone: 203-754-7683  
  
Units: 44

**Edwin D. Bergin Towers**  
70 Lakewood Road  
Waterbury, CT 06704

Phone: 203-596-2646  
62 + or Persons with  
Disabilities - Units: 76

**Enterprise Apartments**  
13 Cherry Ave.  
Waterbury, CT 06702

Phone: 203-755-2416  
62 + or Persons with  
Disabilities - Units: 133

**Exchange Place Towers**  
44 Center Street  
Waterbury, CT 06702

Phone: 203-755-1000  
50+ Persons with Disabilities  
62 + - Units: 150

**Franklin D. Roosevelt Apartments**  
2 Kearney Drive  
Waterbury, CT 06704

Phone: 203-596-2646  
62 + or Persons with  
Disabilities - Units: 48

<b>Grace House</b> 25 Abbott Terrace Waterbury, CT 06702	Phone: 203-591-9177 62+ Units: 40
<b>Josephine Towers</b> 24 Union Street Waterbury, CT 06706	Phone: 203-597-0340 Age: 62+ or Persons with Disabilities - Units: 125
<b>Kelly Apartments</b> 119-125 Fairmount Street Waterbury, CT 06706	Phone: 203-596-2646 62 + or Persons with Disabilities - Units: 30
<b>Lambda Rho Apts.</b> 330 Bishop Street Waterbury, CT 06704	Phone: 203-574-0363  Units: 30
<b>Nottingham Towers</b> 31 Nottingham Terrace Waterbury, CT 06704-1913	Phone: 203-756-7356 Age: 62+ Units: 165
<b>Plaza on the Green</b> 2 North Main Street Waterbury, CT 06702	Phone: 203-755-0846 Age: 62+ or Persons with Disabilities Units: 157
<b>Prospect Towers</b> 34 Prospect Street Waterbury, CT 06702	Phone: 203-575-1680 Ext 112 - 50+ Units: 151
<b>Robin Ridge Apartments</b> 990 West Main Street Waterbury, CT 06708	203-753-9818  Units:144
<b>Valley Mall Manor</b> 80 Glenbrook Avenue Waterbury, CT 06705	Phone: 203-754-3443 Age: 62+ or Persons with Disabilities - Units: 56
<b>Webster School Apartments</b> 90 Platt Street Waterbury, CT 06704	Phone: 203-755-2416 Ages: 62+ or Persons with Disabilities - Units: 42

**Wilby Schoolhouse**  
42 Pine Street  
Waterbury, CT 06710

Phone: 203-755-2416  
Ages: 62+ or Persons with  
Disabilities - Units: 147

## **Rest Homes**

**Carriage Manor, LLC**  
157 Hillside Avenue  
Waterbury, CT 06710

Phone: 203-574-2317

Units: 17

**Elton Residential Care Home**  
30 West Main Street  
Waterbury, CT 06702

Phone: 203-756-1229

Units: 96

**Pinewood Manor on Pine St.**  
53 Pinewood Street  
Waterbury, CT 06710

Phone: 203-756-5187

Units: 13

**Southmayd Home, Inc.**  
250 Columbia Boulevard  
Waterbury, CT 06710

Phone: 203-754-0360

Units: 35

## **Skilled Nursing**

**Abbott Terrace Health Center**  
44 Abbott Terrace  
Waterbury, CT 06702

Phone: 203-755-4870

Units: 205

**Aurora Senior Living of Bucks Hill**  
2817 North Main Street  
Waterbury, CT 06704

Phone: 203-757-0731

Units: 90 beds

**Cheshire House Health Care & Rehab.**  
3396 East Main Street  
Waterbury, CT 06705

Phone: 203-754-2161

Units: 66

**Mattatuck Health Care Facility**  
9 Cliff Street  
Waterbury, CT 06710

Phone: 203-573-9924

Units: 43

**Grove Manor**  
145 Grove Street  
Waterbury, CT 06710

Phone: 203-753-7205

Units: 60

**Meridian Manor**  
1132 Meriden Road  
Waterbury, CT 06705

Phone: 203-757-1228

Units: 94

**Paradigm Healthcare Center**  
177 Whitewood Road  
Waterbury, CT 06704

Phone: 203-757-9491

Units: 120

**Rosegarden Rehab Center**  
3584 East Main Street  
Waterbury, CT 06705

Phone: 203-754-4181

Units: 82

**Village Green of Waterbury**  
128 Cedar Avenue  
Waterbury, CT 06705

Phone: 203-757-9271

Units: 180

## **Watertown**

### **Senior Housing**

**Buckingham Terrace**  
935 Buckingham Street  
Watertown, CT 06795

Phone: 860-274-0598

Units: 40

**Country Ridge**  
1091 Buckingham Street  
Watertown, CT 06795

Phone: 860-274-0598  
62 + or Persons with  
Disabilities - Units: 40

**Truman Terrace**  
100 Steel Brook Road  
Watertown, CT 06795

Phone: 860-274-0598

Units: 40

**Woodview Apartments**  
88 Cobb Street  
Oakville, CT 06779

Phone: 860-274-1789  
Age: 62+ or Persons with  
Disabilities - Units: 80

## Rest Homes

**Brookwood Manor, Inc.**  
470 Straits Turnpike  
Watertown, CT 06795

Phone: 860-274-8905

Units: 22

**Pleasant View Manor**  
225 Bunker Hill Road  
Watertown, CT 06795

Phone: 860-945-3700

Units: 18

## Skilled Nursing

**Apple Rehab Watertown**  
35 Bunker Hill Road  
Watertown, CT 06795

Phone: 860-274-5428

Units: 110

**Watertown Convalescent**  
560 Woodbury Road  
Watertown, CT 06795-1799

Phone: 860-274-6748

Units: 46

## Winsted

## Senior Housing

**Chestnut Grove Apartments**  
80 Chestnut Street  
Winsted, CT 06098

Phone: 860-379-4573

Units: 79

**Greenwoods Garden Apartments**  
Gay Street  
Winsted, CT 06098

Phone: 860-379-4573

Units: 40

**Laurel Commons**  
75-81 Gay Street  
Winsted, CT 06098

Phone: 860-379-1752

Units: 44

## **Skilled Nursing**

**Laurel Hill Health Care**  
108 East Lake Street  
Winsted, CT 06098-1912

Phone: 860-379-8591

Units: 75

## **Wolcott**

## **Senior Housing**

**Chestnut Hill Apartments**  
40 Edgemont Lane  
Wolcott, CT 06716-2697

Phone: 203-879-1658

Units: 39

**Countryside Apartments**  
12 Wolf Hill Road  
Wolcott, CT 06716-2741

Phone: 203-879-0254  
62 + or Persons with  
Disabilities - Units: 109

**Laurel Ridge**  
45 Edgemont Lane  
Wolcott, CT 06716

Phone: 203-879-4101  
62+  
Units: 40

## **Skilled Nursing**

**Wolcott View Manor Health  
And Rehabilitation Center**  
50 Beach Road  
Wolcott, CT 06716-1902

Phone: 203-879-8066

Units: 129

## **Woodbury**

## **Senior Housing**

**Spruce Bank Farm**  
823 Main Street South  
Woodbury, CT 06798

Phone: 203-266-4628

Units: 60



## Rest Homes

**Premier Care of Woodbury**  
280 Middle Road Turnpike  
Woodbury,CT 06798

Phone: 203-263-2009

Units: 15

# Housing Authorities

## Bethel

### **Bethel Housing Authority**

25 Reynolds Ridge  
Bethel, CT 06801

Phone: 203-797-9909

Fax: 203-797-0068

## Brookfield

### **Brookfield Housing Authority**

3 Brooks Quarry Road  
Brookfield, CT 06804

Phone: 203-775-1403

Fax: 203-740-8714

## Cheshire

### **Cheshire Housing Authority**

50 Rumberg Road  
Cheshire, CT 06410

Phone: 203-272-7511

Fax: 203-271-1213

## Danbury

### **Danbury Housing Authority**

2 Mill Ridge Road  
Danbury, Ct 06811

Phone: 203-744-2500

Fax: 203-797-1864

## Litchfield

### **Litchfield Housing Authority**

111 Wells Run  
Litchfield, CT 06759

Phone: 860-567-5308

## Naugatuck

### **Naugatuck Housing Authority**

16 Ida Street  
Naugatuck, CT 06770

Phone: 203-729-8214

Fax: 203-729-5181

## **North Canaan**

### **North Canaan Housing Authority**

132 Quinn Street  
North Canaan, CT 06018

Phone: 860-824-0521

Fax: 860-824-0521

## **Torrington**

### **Torrington Housing Authority**

110 Prospect Street  
Torrington, CT 06790

Phone: 860-482-3581

Fax: 860-482-5841

## **Waterbury**

### **Waterbury Housing Authority**

2 Lakewood Road  
Waterbury, CT 06704

Phone: 203-596-2640

Fax: 203-596-4877

## **Watertown**

### **Watertown Housing Authority**

1091 Buckingham St.  
Watertown, CT 06795-1600

Phone: 860-274-0598

Fax: 860-945-9731

## **Wolcott**

### **Wolcott Housing Authority**

10 Kenea Ave  
Wolcott Town Hall  
Wolcott, CT 06716

Phone: 203 879-8100

Fax: 203 879-8105

## **Winsted**

### **Winchester Housing Authority**

80 Chestnut Street  
Winsted, CT 06098

Phone: 860-379-4573

Fax: 860-379-0430

## **Financial Assistance Programs**

### **Energy Assistance Programs**

Connecticut has several low income energy assistance programs to help individuals pay for their winter heating bills. The application period for these programs is from mid-September to March 15, although some may take applications earlier. For more information contact **Info-line 211, New Opportunities Inc. (NO) at 203-575-9799 ext. 224** or **Community Action Committee of Danbury (CACD) at 203-744-4700**.

### **Rental Assistance Program (RAP):**

The **Rental Assistance Program (RAP)** is a state of Connecticut administered program that helps low income individuals pay their rent. This program is comprised of two components; one part assists families and the other helps elderly individuals. The Department of Economic and Community Development administers the portion of RAP that helps older persons through assistance agreements with local housing sponsors. This part of the program provides rental assistance to eligible residents living in state financed, rental housing for the elderly. Eligible residents must pay at least 30 percent of their adjusted gross incomes toward rent and utilities. For more information contact the **Department of Economic and Community Development at (860) 270-8161**.

### **Rural Rental Housing Loans:**

Rural Rental Housing Loans are made primarily to assist in building, purchasing or repairing apartment style housing and providing decent living environments for rural residents. Loans are made to individuals and to both for-profit and nonprofit organizations. They help provide housing in rural areas for persons with low and moderate incomes, for persons who have disabilities and for individuals who are at least 62 years of age. Residents must meet income requirements for occupancy. Residents pay either 30 percent of their adjusted gross incomes toward rent and are granted utility allowances, or they pay basic rents plus utilities. Basic rents are determined for each community and are set so that charges are affordable to persons with low incomes. Eligible residents, who pay more than 30 percent of their adjusted gross incomes toward rent, may reduce rental costs through the Rental Assistance program administered by Rural Housing Service. Funds for this program are limited; all eligible persons may not receive assistance. For information call **(860) 688-7725 Ext.4 USDA Rural Development Windsor, CT [www.rurdev.usda.gov](http://www.rurdev.usda.gov)**

**Rental Assistance (Rural Housing Services):**

Rental Assistance helps to reduce expenses residents pay for rent and utilities. It is designed for very low and low income rural families, including elderly households. Eligible participants must be residents of rental housing that is financed by RHS. They also must meet income requirements. An individual's income must be no higher than 80 percent of their area's median income, which is adjusted for household size. Participants pay no more than 30 percent of their adjusted annual incomes for rent. Funds for this program are limited; assistance may not be available for all eligible individuals. For information call (860) 688-7725 Ext.4 USDA Rural Development, Windsor, CT

**Property Tax Relief for Homeowners and Renters Rebate Program:**

Elderly homeowners and renters who are eligible for this program receive tax relief benefits. To qualify, individuals must be at least 65 years of age, or be disabled or be a surviving spouse of an approved applicant and be at least 50 years old. Individuals must also meet income eligibility requirements and must have been a Connecticut resident for one year. Homeowners must apply for this program through their local tax assessor between February 1 and May 15. Individuals who rent must apply for rebates between May 15 and September 15. Renters usually apply for rebates at their local senior centers. They sometimes also apply at the Community Action Program Agencies, their town's department of Social Services or their local tax assessor's office. Where renters can apply for rebates is dependent upon the arrangements that are made by the towns in which they live.

**Reverse Annuity Mortgage (RAM) or Home Equity Conversion/CHFA:**

Reverse Annuity Mortgage (RAM) A RAM is a low-interest rate first mortgage loan that allows low-income elderly homeowners, with long-term care needs, to use the equity in their homes to provide a monthly tax-free cash payment. A lump sum can also be provided at the time of closing. Borrowers receive payments from CHFA each month for either five or ten years, and the loan balance is repaid in one payment after the death of the borrower or when s/he ceases to occupy the property. The amount of the monthly payment received varies based on the equity in the home; CHFA lends up to 70% of the home's value. Eligible Borrowers All property owners must be at least 70 years of age to apply for a Reverse Annuity Mortgage. At least one borrower must have a need for long-term health care or supportive services; an independent social service agency must certify the need for long-term care. Household income may not exceed \$81,000 per year. Eligible Properties Three types of properties are eligible for reverse annuity mortgages: single family homes, condominiums, and planned unit developments. Contact Single Family Underwriting (860) 571-3502

**Section 8 Rental Assistance:**

Section 8 is a Federal which provides rental assistance to low income individuals and families. Section 8 is not specifically designed for elderly individuals, but they can be eligible if they meet the income requirements. Residents who use vouchers must select units with rents that are within the limits set by HUD for fair market rents. Vouchers pay the difference between 30 percent of resident's adjusted monthly incomes and the established fair market rent. Owners of housing complexes must be willing to accept Section 8 vouchers in order for them to be used. Depending upon the costs of the units they choose, residents with vouchers pay different percentages of their incomes toward rent. ***There are usually very long waiting lists for Section 8 assistance.*** For more information, call the local public housing authority.

